

Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 31 Issue 12

DECEMBER 2015

Newsletter

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PRESIDENTS MESSAGE by Maureen Henderson

I hope everyone had a wonderful Thanksgiving, being able to spend it with family and friends. Like most people I know, I can't believe the year is almost over and the holiday season is upon us. I have enjoyed being President this year and would like to thank our current Board for being supportive and working so hard to make our year successful. I feel we have accomplished quite a bit in one year. There will be a short power point presentation of the year's highlights, put together for us by our own Liz Daffner, which will be shown at our upcoming December 16 meeting being held **this month only** at Round Table Pizza at the Elm Street location in Auburn. We selected this location because there is a much larger room to accommodate, what we hope will be, a well attended holiday party. LBHA will be hosting this year's party by providing pizza, salad bar and fountain drink for each of our members. You will be receiving an invitation shortly and may RSVP through Volunteer Spot or, if you prefer, a phone number will be provided for your convenience.

We will also be conducting elections for new officers and board members for 2016. As I recently sent out a separate, quite lengthy, letter to everyone on this subject, I will keep it short here. We **need** more of our members to become involved and take over positions which have been held and rotated by the same people for many years. This is vital to keeping our organization intact and continuing to be able to maintain our arena for your use. If you are considering taking a board member position and have questions, or would like to discuss the obligation, prior to placing your name on the ballot, please feel free to contact me. I will be happy to discuss it in more detail with you. Also, some memberships expire in December. Check your membership to see if it is time for you to renew.

Looking forward to seeing you and your family at the Christmas party. On that note, wishing everyone a Merry Christmas and a Happy and Healthy New Year.



Maureen

Website to LBHA has been changed!
www.lbha.us

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR RANCH AND THE RURAL LIFESTYLE

2015 OFFICERS AND BOARD MEMBERS

COMMITTEE HEADS

PRESIDENT: Maureen Henderson 916-663-9362
VICE PRES: Pat Gibbs 916-765-3006
TREASURER: Donna Kelly 916-956-6248
SECRETARY: Nancy Steuck 916-645-9659

BOARD OF DIRECTORS

Dave Faoro 916-663-3437
 Judie Lew 916-546-6118
 Liz Daffner 916-708-1244
 Kathy Dombrowski 916-652-5204
 Debbie Murphy 916-719-0265

COMMITTEE HEADS

Trail Info. Robert Sydnor 916 335-1441
 Trail Maint. **Open**
 Historian Donna Kelly 916 956-6248
 Publicity- Liz Daffner 916-708-1244
 Horseshow Janis Rau 916-652-0894
 Horseshow Lisa Horning 916-521-3394
 Traylor Ranch NR Dave Faoro 916-663-3437
 County Liaison-Trails Pat Gibbs 916-765-3006
 Newsletter Denise Howell 916-207-2543
 Arena Kathy Dombrowski 916 652-5204
 Arena Denise Howell 916-207-2543
 Membership Kathy Dombrowski 916 652-5204

PLACER COUNTY PARKS ADMINISTRATOR

John Ramirez 530 889-6807

PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

CALIFORNIA STATE PARKS – Gold Fields District

Richard Preston (interim super) 916 988-0205 ext 226
 Brian Moses (trails maint super) 916 240-7198
 State Parks Dispatch 916 358-1300
 (Call above number for incidents in State Parks)

*Jingle Bells, Jingle Bells, Jingle all the way
 Oh what fun, it is to ride
 In a one horse open sleigh!
 Merry Christmas!*



TRAYLOR RANCH NATURE RESERVE

Traylor Ranch trails are in great shape. I cancelled both the August and September workdays. I do plan to do some mowing, especially any areas where the star thistle is still coming in.

If you come out and walk or ride the trails, please bring your hand pruners and nip any of those long berry branches that reach out to get you as you walk by.

I'd like to extend a big thank you to all of the volunteers which came out to work this year. Without your help, there wouldn't be a Traylor Ranch.

Get out and enjoy.

If you have any questions about Traylor Ranch, don't hesitate reaching out to me.

Dave Faoro

**TRNR Committee Chairman,
dave_lbha@faoro.us**



General Meeting Minutes for November 2015

LBHA General Membership meeting was called to order at 7PM 11-18-15

Treasurer's report not available. Christmas Party, motion made by Maureen to have LBHA pay for pizza, non-alcoholic drinks and possibly salad bar for all LBHA members and their guests. Motion seconded and passed.

Liz was unable to attend to discuss our 2015 accomplishments and the survey results.

Parking issue at the arena – Kathy D. said Parks is making signs to inform people to keep the road way between Ong and the Arena Parking (Red) Gate Clear. Sign near arena will have Sheriff's number to call. Sheriff can have a car towed if it is blocking the entry/exit gate to arena parking area. Also, there may be methods of delineating the driveway on the ground to keep people from parking in the driveway to the arena gate. Kathy D. will check into it.

The bulletin boards at Sterling Pointe will be rebuilt by a person doing community service work.

Nominations for 2016 will remain open so more people will have the opportunity to fill the Board member spots at our Christmas party. It was suggested we buy a beer for any one that will step up to become a Board member. No motion resulted from this suggestion....! Pete R. will call our members and ask if they would consider participating on the Board.

Browns Ravine Trail work – FATRAC a local bike club has asked our help with doing brush work on Browns Ravine Trail; this is a horse/hiker trail. The work days are December 12, 19 and January 9, 23. Maureen has said she will participate one of the days. We need more equestrians throughout the area to help with this work.

Traylor Ranch report – Nothing at this time. Dave was the only one to show up at the last work day. Patricia G. said she will participate in the upcoming work days in the spring.

We gratefully accepted our former secretary, Nancy Strueck's, offer to organize all our minutes in folders while she is house bound, recuperating from surgery.

A motion was made and seconded to send Nancy S. a get well card and flowers.

The Members present voted to support the effort to preserve the Jedediah Smith and Western States Pioneer National Recreation Trails in Folsom and Auburn State Recreation Areas.

The Members present voted to support the local bike group FATRAC's grant request to State Parks Foundation to put "bell boxes" up at different bike/multiuse trailheads in Folsom and Auburn SRA's so bikers can clip a bell on their bike as the ride the trails. This gives others on the trail notice a bike is in the area.

The Members present wanted more information about Western States Safe Trail Alliance's organization and position statement, outlining specific methods proposed to make trails safe, before LBHA could support the group at this time.

Bob Sydnor reported on attending the Auburn State Recreation Area General Plan workshop. Roughly 250 people were in attendance including rafters, bikers and equestrians. If we want to have our voice heard members must contact Parks and provide input regarding what you want to see in ASRA.

More from Bob S. He and members from Western States Trail Foundation have put in countless hours working on the Western States Trail using an SK650 trail machine. That machine has been sold and will not be readily available for future work. The work/machine may have to be contracted out to use it.

Trees that have been stressed from the drought will be coming down now with the advent of El Nino's high rains. Best to start work now, during the winter, on cleaning these trees and brush up before next summer.

Pat Gibbs
Acting Secretary

Did You Know?

Placer County has TWO National Recreation Trails! See below for the description of these trails which are the backbone of our + 150 mile trail system which ties into the Pacific Crest and Tahoe Rim Trail. This system is not only one of the keys to our economic recreation base in the area but also part of our national heritage worth preserving for all.

Western States Pioneer Express Trail, Placer County. 50 miles. Foot and horseback trail. California Department of Parks and Recreation. Designated October 1975.

This trail is the site of the annual Tevis Cup 100-mile one day ride, which attracts up to 200 rider units. It extends from Folsom Lake State Recreation Area to the border of Tahoe National Forest and follows the main stem of the American River to Auburn, passing orchards, grazing lands and undeveloped hillsides. Above Auburn, the trail generally parallels the Middle Fork American River and passes through semi-wild, heavily forested countryside. This is a portion of the historical route of Adams Express Company and Wells Fargo & Company Express riders.

Jedediah Smith Trail, Sacramento. 26 miles. Foot, bicycle, and horse trail. County of Sacramento, Parks and Recreation Department. Designated March 1974.

From Discovery Park, at the confluence of the Sacramento and American Rivers, to Nimbus Dam at Lake Natoma, the entire trail lies within the American River Parkway of metropolitan Sacramento and other heavily populated areas. The route features separate trails for bicyclists and equestrians. It will eventually become part of an interconnecting network stretching from the San Francisco Bay area to the vicinity of Lake Teho.



Lost & Found & For Sale



Puppy Available December 4

Black Tri Australian Shepherd Pup for sale, ready to go in about a week. ASCA and AKC Registered. All around dog, just a partner, agility, work, whatever you want. All health test's and DNA on parents, Lakehill's Chester B Good and Testimonys Star of Gladness. Largest boy in the litter, Tank weighed in at 17lbs at 8 ½ weeks of age. He is the #2 pick. Knows his name. Ready to go after Dec 4th. Call Kathy at [916-778-8089](tel:916-778-8089)

WESTERN SADDLE FOR SALE - Custom made by Doug Galli of Newcastle. This saddle was made for a Paint horse and was only used a few months before we had to sell the horse. It has a 16" tree with a slick fork and high cantle. It includes a martingale style breast collar and has a latigo wrapped horn, back cinch with a knife and hoof pick holder attached, and 4" oversize stirrups. The stirrup leathers are turned so it is easy on the knees. It is a beautifully made saddle in excellent condition and is very comfortable to ride. \$2,200. Call the Jerry or Linda Potter at [\(916\) 652-5339](tel:916-652-5339). There is a message machine after 7 rings, so don't give up if we are outside and can't get to the phone!

Found: 2 whips at LBHA Arena
One 4 foot with no ID.
One 6 foot with colored tape
Both black.



FREE: Willow Firewood, you pick up.
Good starter wood. -
call Kathy 9-778-8089

Link to our Classifieds on our LBHA Website
www.lbha.us

Classifieds are Free to Members!

MEMBERSHIP

Please renew your membership. Lots of you will be due the end of December.

**Please Renew
Today!**

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

Being an LBHA Member is a great way to give back to our community. We thank you in advance.
Thank you.



AD FEES For LBHA Members

(Non-Members add \$10 to below fees)

NEWSLETTER ADS Deadline is the 25th of the month
 ½ page: 1year \$60 Includes Business card on Website.
 ½ page: 6mos \$30

Business Card Ad per issue: \$10 / issue
 Business Card Ad/year: \$40/year includes card on Website

DIRECTORY ADS Deadline for Directory ads is March 1
 Full Page Ad: \$25
 ½ Page Ad: \$15
 Business Card Ad: \$10 - Free for **LBHA Business Members**

WEB ADS

Business Card Ad – one year Members \$40
 Classified Ads- Free to Members

NOTE add \$10 to fee for Non-LBHA members

Blanket Repairs R Us
 "We Wash & Repair Horse Blankets"

Vonnie Bays
 Owner / Manager
 697 Havenwood Drive
 Lincoln, Ca 95648
 (916) 645-9000
 vbays@wavecable.com
 WEB Site: Google-Blanket Repairs R Us

Exp 12/15

Scott's Corner Hay & Feed
Jayne Claiborne
 Owner

(916) 663-4124
 scottscornerhay@gmail.com
 www.scottscornerhay.com

2001 Rattlesnake Road
 Newcastle CA
 95658

COLDWELL BANKER
 RESIDENTIAL BROKERAGE

"The Howell Team"
Dean Howell 916-599.9338
 dean.howell@cbtnorcal.com
 CalBRE# 00982650

Denise Howell 916.207.2543
 denise.howell@cbtnorcal.com
 CalBRE# 01110357

www.deananddenisehowell.com

500 Auburn Folsom Rd. #300
 Auburn, CA 95603

Seven Pools Loop Trail

Hidden Falls Regional Park, Placer County, California
by Robert H. Sydnor; Hydrogeologist, AERC Trail Master December 2015

Introduction and Location

The Seven Pools Loop Trail is a splendid 1.1-mile trail within Hidden Falls Regional Park, located in southwestern Placer County, about six miles northwest of Auburn. The seven pools are in a riparian corridor within the Coon Creek drainage; several of the pools are unusual rock-bound pools that are outside of, and elevated above, the main drainage channel of the creek.

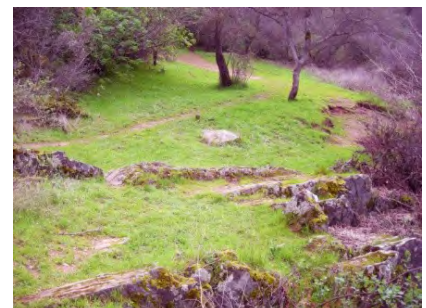
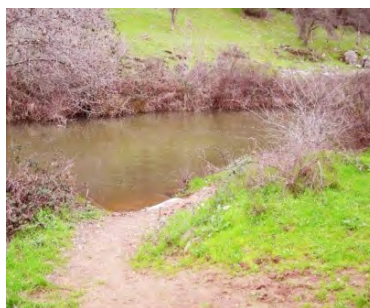
For driving directions and trail maps, visit the website of Placer County Parks at <http://www.placer.ca.gov/departments/facility/parks/parks-content/parks/hidden-falls>



At left: trail map for Seven Pools Loop Trail. *In center:* parking lot with horse-trailer parking on the west side. *At right:* trail signage at the Coon Creek trail junction with Seven Pools Loop.

Coon Creek Access and Lunch Spot

From the parking lot, ride your horse along constructed trails across the Whiskey Diggins Bridge and ascend Turkey Ridge. Follow the Pond Turtle trail northward as it descends to Coon Creek. There is watering access at Coon Creek, one of the few places to water a horse during hot summer weather. Tie-off your horse at a long distance from the creek itself, so that there is *no* vestige of horse manure near the water.



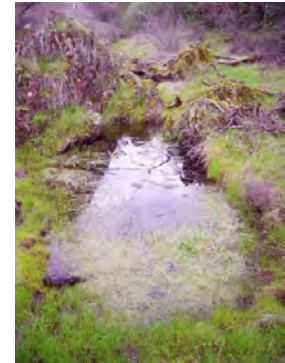
At left: Small meadow adjacent to Coon Creek. *At center:* equestrian access for water at Coon Creek. *At right:* Jurassic metavolcanic rocks to sit on while eating lunch. Leave your horse tied-off, and walk 100 yards westward along the Seven Pools Loop Trail.

It is basically **not** safe nor practical to ride your horse to view the vernal pools because of the sharp vertical rocks and potential for environmental damage. Simply dismount and hike the short distance to the vernal pools.



Seven Pools within the Copper Hill Volcanics of Jurassic age

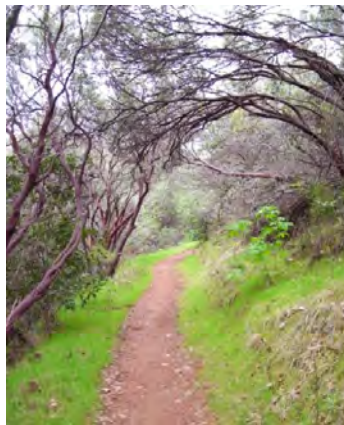
The bedrock of western Hidden Falls Regional Park is composed of the Copper Hills Volcanics of the Jurassic Period. These are mafic pyroclastic rocks, pillow lavas, with minor felsic porphyrite. This geologic formation occurs in narrow band along the Bear Mountains Fault Zone for dozens of miles along the western foothills of the Sierra Nevada range. These are sheared metavolcanic rocks with a vertical foliation, approximately 160 million years old. These volcanic rocks were later metamorphosed by uplift and shearing about 153 to 139 million years ago, so they no longer resemble regular volcanic rocks.



At left: rectangular rock-bound pools filled with spring rainwater. Notice the vertical foliation of the Jurassic metavolcanics. *In Center:* small verdant pools within the vertically foliated rocks. Notice that Coon Creek is at a lower elevation and there is no fluvial connection with these ephemeral vernal pools. The rocky pools have been excavated during extreme flood-stages. *At right:* floating grasses and sedges within rock-bound pool.

Seven Pools Trail, ascending through Manzanita

From the riparian pools, the Seven Pools Loop trail ascends through a forest of manzanita, California buckeye, pines, and toyon. The trail-bed is beautifully out-sloped and there are no water-bars. The Seven Pools Loop Trail connects with the Canyon View Trail (to the west, leading to Canyon View Bridge) and the Quail Run Trail (to the south, leading uphill to Turkey Ridge).



At left: the Seven Pools Loop Trail ascends with out-sloped trail-bed. *In center:* tall manzanita provides an esthetic archway for the trail. *At right:* red toyon berries and manzanita.

The bedrock of western Hidden Falls Regional Park is composed of the Copper Hills Volcanics of the Jurassic Period. These are mafic pyroclastic rocks, pillow lavas, with minor felsic porphyrite. This formation occurs in narrow band along the Bear Mountains Fault Zone for dozens of miles along the western foothills of the Sierra Nevada range. These are sheared metavolcanic rocks with a vertical foliation, approximately 160 million years old. These volcanic rocks were later metamorphosed by uplift and shearing about 153 to 139 million years ago, so they no longer resemble regular volcanic rocks.



7 Things to Teach Your Trail Horse



Make the most of your trail outing this season by revisiting a few basic training exercises now.

For most of us, trail riding is all about relaxation and enjoyment. When you leave behind the rigors and repetition of arena work, you can simply savor the experience of being in the saddle and perhaps getting to know your horse a bit better. But sometimes a trail outing becomes a test of wills--and your skills. It's hard to relax on a ride punctuated by successive spooks or interrupted by refusals to cross water or pass "scary" objects. And it's exhausting trying to control constant jiggling or, conversely, squeeze a little momentum out of a sluggish mount. The disappointment is even greater if every other horse on the ride seems to be taking everything in stride. What is it about those horses that makes them so much more fun to ride on the trails?

Finding the answer means looking beyond specific incidents and frustrations and taking a broader view of your horse's training. To perform well on the trail, a horse must have a good foundation, says trainer and clinician Jonathan Field from British Columbia, Canada. "People don't equate the same level of prep for trail riding as other disciplines because it seems like such a simple endeavor," he says. "But the people who are living the dream, they're the ones who have put in the time to make that horse the best trail horse he can be."

To set out on that path yourself, you may need to revisit a few basic training exercises. Many of these will involve skills your horse learned long ago but hasn't had to use very often. Others will focus on gaps in training that can be fudged a bit in the security of the riding ring but become significant issues when you're away from home. But, mainly, going back to the fundamentals will help you address larger issues of compliance and respect that underlie many trail behavior problems.

Here are the seven things to teach your horse to keep your trail outings as harmonious and enjoyable as possible.

1. Teach your horse to: Load willingly.

"Big red flags go up when I see someone having trouble loading because it tells me about the willingness of the horse and if he has respect for the rider," says Gary Woods, a frequent trail rider from Gilbert, Arizona, who is also my riding instructor of many years. Loading into a trailer is basic to trail riding; you won't get to many far-flung trails without a willing traveler. Although horses tend to be a little claustrophobic by nature, most learn to tolerate hauling, given enough time and patience. But loading problems are usually not just about getting into a trailer. They're almost always about you and your horse, and where you stand in his estimation of your leadership skills.

I learned this the hard way years ago, when I called Woods to ask if he could help me retrieve my horse, Louie, from a friend's backyard after he refused to load for two days. Woods said he could help, but that it would take patience, trust and groundwork. He was right. Today, Louie is a consistent loader. He hops into any trailer when asked, and just as important, once we arrive at the trailhead, he's quiet, confident and a pleasure to ride.

"If the horse is stressed out the whole time he's in the trailer, and he's burned up every ounce of confidence he's ever had, and he's sweating and scared, how is he ever going to go on that great ride you want?" points out Field. If you take the time to teach your horse to haul safely and confidently, many other issues will resolve themselves in the process, he says. Along with gaining the horse's trust, exercises such as sending him over tarps and driving him through narrow openings can help prepare him for loading and hauling, according to both Woods and Field.

2. Teach your horse to: Go where you point him.

A good trail horse will go willingly over obstacles, around rocks, down canyons and, especially, through water. "At some point you're going to come to water that you have to cross, and if your horse refuses, you're going to have a problem," says Field. Some horses are willing to cross water and go where you point them, either by training or by nature. Woods says he can tell a lot about a horse's willingness by his response to pressure. "If I touch his rib cage, I expect the horse to move over. If he doesn't, that doesn't mean I can't teach him to move off of pressure, but a good trail horse will already have that ability," he says.

An unwilling horse is one of the more common problems for trail riders, but it's also one of the more fixable ones, given the right training and leadership. Both Woods and Field do leading exercises to get the horse in sync with his handler's body language. "If I'm not able to control the path on which my horse walks from the barn to the stall, why is he going to pay attention when we get out there and things get a whole lot more interesting?" points out Field, who expects his horses to walk stride for stride with him, just as they would with the herd.

"By having that level of sensitivity to the herd and awareness to every movement, they have no time to focus on anything else. Their focus is locked in on me, the leader," he explains.

3. Teach your horse to: Come back to neutral.

A good trail horse will keep a cool head no matter what is happening around him. A mare in season, a barking dog or a small-scale mutiny among the other horses on a ride---any of these situations can turn ugly if your horse overreacts. "I see this happen a lot. A horse in the group becomes animated and starts bossing other horses around, and someone's horse explodes as a result," says Field. Some horses naturally have a calm and willing disposition, yes, but training, leadership and riding with intention can help to defuse any horse and bring him back to neutral in eventful situations.

"So many recreational riders are just going along. They're not active in their intention, and the horse feels he has to look out for himself as a result," says Field. Keeping your horse's mind engaged while in hand or under saddle, and generally riding with

4. Teach your horse to: Be careful about where he puts his feet.

He has four of them, and he should know where they are and where you want him to put them next, says Woods. This is especially important when your horse is asked to scramble down a steep canyon of loose rock or to scoot around, say, a moving bike or low-hanging branch. I had some time to think about this recently as a small group of us braved a too-narrow mountain pass with a steep drop-off on one side. I remembered my conversation with Woods years ago, at a frustrating time when just about everything needed to be trained in or out of my little brown horse. "Give me one good reason why I should keep him," I said to Woods, who replied, "Because he is sure-footed." Over the years, I've spent more than a few anxious moments in the saddle thanking my lucky stars that my horse could keep all fours on the ground during incredible circumstances and on tough terrain.

But what if your otherwise trail-worthy horse trips from time to time and sometimes seems a bit unstable? Woods and Field suggest getting him to pay attention to his feet by asking him to step over cross rails, around poles and through obstacles of all kinds, and the more uneven the ground, the better. "I'm never quite comfortable with a horse who's raised on the flat because it's like riding two horses. He's bound to be out of balance so that if he gets in trouble on the front end, his back end can't help him. Horses like this get trippy," observes Field. He likes to back his horses up hills and down hills, and to get them to lift up their feet and round their backs when possible. "I want to see them get worked up and down hills in hand to figure out how to get themselves balanced, so that by the time I get on them, they have a pretty good idea where to put their feet," he adds.

5. Teach your horse to: Overcome his flight instinct.

One day you'll be ambling along the trail and, in the blink of an eye, you'll come across a bear or deer or, more likely, a bush with fangs. Your horse's split-second reaction should be to stop, not bolt, and to wait for your cue. "If I can wriggle the rein, and his ear comes around as if to say, 'Yes, I'm here,' that's good. But if I try to wriggle my rein or touch him with my leg and he doesn't move, that's not good," says Field, explaining that a refusal to move is almost as bad as a bolt---and, in fact, is a precursor to a bolt.

Of course you can't expect that your trail horse will never spook, but you'll want to teach him not to overreact when he does. "He is going to spook at some time, so the question is how big is his reaction and how long is it going to be before he's OK with it?" says Field. Simple observation can tell you a lot about how a horse reacts to new stimuli. Is he explosive without warning? Or does he take things in stride? Does he get worked up slowly and remain in a heightened state of alert for a long period? Or does he snort, approach the object of concern and return to a more relaxed state within no time?

Easygoing horses who quickly recover from surprises make the best mounts for trail riding. But it's wise to spend time building any horse's confidence. Trail challenge competitions and play days are great for desensitizing the horse and exposing him to new stimuli in a controlled setting. In addition, Woods suggests establishing a relaxation cue, such as a pat on your horse's withers or a slight lift of one rein as a "Come back to me" or "It's OK" cue as one more measure of control should your horse's world turn upside down while ambling down the trail.

6. Teach your horse to: Maintain his independence from other horses.

If your horse is friendly with his herdmates, that's fine. But if he's glued to the tail of the horse in front of him, that's not. Likewise, if one horse in the group trots, your horse shouldn't have to trot, too.

Seemingly little issues like these can become dangerous quickly if you're separated from the group for any reason or if one horse bolts or starts acting out and your horse follows suit. "So often these horses live in small spaces, and they're not used to horses coming and going. If their riders don't fundamentally have the leadership to keep these horses with them, they lose control," says Field. To find out where your horse falls on the herd-bound spectrum, both trainers suggest watching him interact with his herd or taking him out for a ride alone. Does he call out to other horses or balk when leaving the property alone? Does he feed off the energy of other horses in the pasture? Does he readily back down when challenged by the herd? Or is he overly bossy?

He suggests exercises such as gradually lengthening the distance between you and other riders and keeping the horse's attention on you at all times, which is at the heart of all herd-bound issues. "The reason he's looking to other horses is because he doesn't trust you, and that's the number-one thing you need to develop in a good trail horse," says Woods.

7. Teach your horse to: Head out as eagerly as he heads home.

A good trail horse has to be able to go anywhere without issue. He won't jig, grow anxious, or bolt for the barn at the first sign you're turning for home.

Barn-sour horses typically lack confidence and have many of the same tendencies as the herd-bound horse, and they may even be attached to their herdmates as well as to familiar surroundings.

Horses who are more curious by nature or have been exposed to different environments early on are more likely to adjust to the novelty of trail riding, while habitually barn-sour horses are more predisposed to be anxious in new settings and situations, according to Field. He says that many horses fall somewhere between these two extremes and simply need more exposure to new and different surroundings before they make confident mounts.

A good attitude means he's confident in his abilities as a trail horse and he's enjoying the ride to the extent that any horse can.

No doubt, your horse has already let you know his feelings on the matter. If he's difficult to catch, balks or pins his ears at the merest suggestion that you'll be saddling up for a trail ride, he could be telling you he doesn't like his job and it might be time to reconsider his trail prospects. But if he nickers to you when you hook up the trailer, greets you at the gate, and practically puts on his halter himself when you go to catch him, you can be fairly certain he likes to trail ride.

A trail horse with this kind of attitude is worth his weight in gold.

This article first appeared in EQUUS issue #425.





Leave only HOOF PRINTS



The Placer County Parks Division has partnered with several equestrian based organizations to develop and implement the "LEAVE ONLY HOOF PRINTS" program. Leave Only Hoof Prints is a program where horses leave only great impressions.

- To those who have already picked up after your horses, THANK YOU!
- Do not spread manure to the adjoining grass and bushes.
Take it home with you.
- Please pick up all manure around your trailer.
Please do not clean out your trailer at any staging area
Take it home with you.
- LEAVE ONLY HOOF PRINTS

in the staging, parking and picnic areas.

Includes Hidden Falls, Traylor Ranch, Sterling Point Staging Area, & the LBHA Arena
Trailer Parking areas (in front of Red Gate and in actual Trailer Parking Area.





Loomis Basin Equine Medical Center, Inc.

Office Hours
Monday thru Saturday
8:00am - 6pm

Appointment Hours
Monday thru Saturday
9:00am - 5pm

In-house & Ambulatory Emergency Services available 24 hours/7 days

(916) 652-7645

2973 Penryn Road Penryn, CA 95663
Visit us at: lbemc.com

DOCTORS

Langdon Fielding, DVM, Dipl ACVECC

Catherine Jacobs, DVM

Jill Higgins, DVM

Robert Morgan, DVM

Diana Stolba, DVM

Eduardo DeLaCruz, DVM

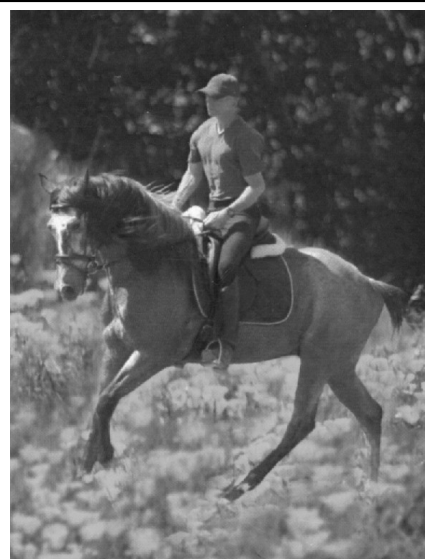
Jennifer Mayer, VMD

Emily Wilson, DVM

Elizabeth Howard, DVM

Jason Errico, DVM Dipl ACVS - Surgery

Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine

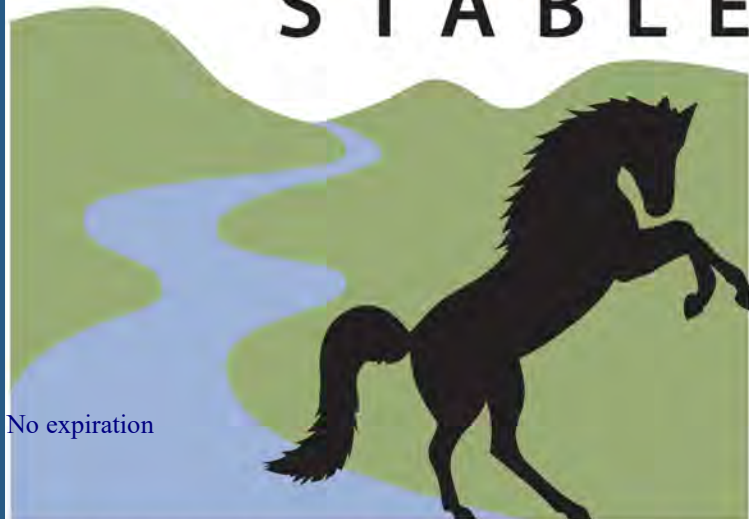


Martin Courtney
Dressage Training

(916) 719-5789

MCDressage.Shutterfly.com

Knicker Knob STABLE



No expiration

Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

Boarding/Lesson special: Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30-7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

Boarding barn stalls | pipe corrals | pasture from \$305

Amenities 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

Riding lessons Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

LOOMIS, CALIFORNIA

Terry 916.778.8651 Kathy 916.204.0346
www.knickerknobstable.com [Facebook.com/KnickerKnobStable](https://www.facebook.com/KnickerKnobStable)

MEMBERSHIP FORM

LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Lifestyle

INDIVIDUAL (\$15) FAMILY (\$20) BUSINESS (\$25)
Please submit business card for
Roster
NEW MEMBERSHIP RENEWAL

PLEASE INDICATE COMMITTEE(S) YOU WOULD LIKE TO SERVE ON
CHECK AREAS OF INTEREST

<input type="checkbox"/> Arena	<input type="checkbox"/> Membership	<input type="checkbox"/> Trail Riding
<input type="checkbox"/> Trail	<input type="checkbox"/> Phone	<input type="checkbox"/> Western Horseshows
<input type="checkbox"/> Publicity	<input type="checkbox"/> County Liaison	<input type="checkbox"/> English Horseshows
<input type="checkbox"/> Newsletter	<input type="checkbox"/> Traylor Ranch	<input type="checkbox"/> Endurance
<input type="checkbox"/> Horseshow	<input type="checkbox"/> Anywhere	<input type="checkbox"/> Dressage
<input type="checkbox"/> Work Days		<input type="checkbox"/> Roping/Cutting
		<input type="checkbox"/> Other

I would like to contribute _____ to the Equestrian Fund or _____ to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis Basin Community Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.

TRAILER PARKING KEYS: Keys are available to members at \$.00 and \$10 to non-LBHA members. Check here if you need a Key _____

KEY NUMBER _____ to be filled in by LBHA)

Name _____ Date _____

Business name: _____ Juniors _____

Address _____ Juniors _____

City _____ Zip _____

Phone _____ E-Mail Address _____

AMOUNT ENCLOSED for DUES, TRAIL/ARENA FUND, Or KEYS _____
Make Checks out to LBHA and mail to:

TRAYLOR RANCH FUND
(Please make out a separate check) _____
LBHA
P.O. Box 2326
Loomis CA 95650

LOOMIS BASIN HORSEMEN'S ASSOCIATION

RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. I HEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSEMEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code §1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for my benefit.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE, AND THAT I RELY ON NONE. THIS AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME.

Signature(s) _____

Name (s) _____ Age, if minor _____

If minor, Parent or Guardian must sign _____

Name of Parent or Guardian: _____

- Financial Planning for Families and Businesses
- Life Insurance
- Investments



Liz Daffner
Financial Advisor

(916) 905-7526
919 Reserve Drive
Roseville, CA 95678
liz@diligencewm.com
www.diligencewm.com

Plan Today for a Better Tomorrow

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Next Meeting

Dec 16th Wednesday Christmas Party. Roundtable Elm St. Auburn— eat at 6:30pm Meet at 7pm

Jan 20th Wednesday LBHA—ideas for the new year for meetings, clinics, and other events. Loomis Roundtable— eat at 6:30pm Meet at 7pm

Feb 17 Wednesday To be announced

Community Service Project

Marisa Grattan, a Cadet at the United States Air Force Academy in Colorado Springs was in an automobile accident and had been required to complete 20 hours of community service. She grew up in the Loomis area and her parents live in Sterling Pointe and use the Staging area for walks to the lake. Since she grew up her and used Sterling Pointe Staging area she felt it would have more meaning and importance to her to do her project for Sterling Pointe.

Specifically, the project was to to create two bulletin board displays to update the current bulletin board displays that are in need of update and replacement. The panel would address climate and hydrology specific to the Folsom Lake water shed. The second panel would highlight native plants in the area, including the plants already marked and identified along the trail. The completed size of each panel is 37" X 51". Both panels are laminated to protect them.



*Hear ye...
It's been a busy year. Be sure to come to
the January Meeting to give
your input into next years
meetings and events!*



Don't forget to Renew your membership.

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's Association

P.O. Box 2326
Loomis CA 95650

E-MAIL:
lbha@garlic.com

We're on the Web!

See us at:

Lbha.us

Get Info on

Trails
The Arena at the Park
Meetings
Clinics
Traylor Ranch
LBHA Horseshow

