

Volume 32 Issue 8

AUGUST 2016

Newsletter

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PRESIDENTS MESSAGE by Maureen Henderson

Summer is definitely here! With these 100+ degree days, perhaps you have been getting up at the crack of dawn to ride your horse, like I do, to beat the heat. Or, maybe you are an evening rider, getting your time in the saddle after the sun goes down. Whichever you happen to be, I ran across an article with 10 Hot Weather Horse Care Tips by the University of Pennsylvania School of Veterinary Medicine. Here is the link to the article in the event you are interested in learning more about horse management during our hot summer months. <u>http://</u>www.thehorse.com/articles/29338/10-hot-weather-horse-care-tips.

On Sunday, August 21, we will be holding an Obstacle Day. Our organizers will be hauling out obstacles, normally locked in our shed, into the arena so you and your fellow LBHA members can have a play day learning how to navigate them. Bring your horse, and a friend with a horse, to join us for this fun event. We will be starting at 8:30 am and going until about 11 am.

If you haven't viewed our schedule of events, please note that we have a **new event this year.** We will be holding a Tack Swap at the Arena on Sunday, September 25. See our website for details. In the meantime, just before this, we will be holding a Board/General Membership meeting on Wednesday, September 21 at Round Table in Loomis. We are also gearing up for our Fall horse show and need volunteers to help out with that on October 8 and 9, so hopefully, many of you will be able to help with that. It is a lot of work for the people putting the show together and we really do appreciate your help. Hope to see you at the next meeting.

amen



Website to LBHA has been changed! www.lbha.us

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR RANCH AND THE RURAL LIFESTYLE

2016 OFFICERS AND BOARD MEMBERS

COMMITTE HEADS

PRESIDENT:	Maureen Henderson	916-663-9362				
VICE PRES:	Pat Gibbs	916-765-3006				
TREASURER:	Janis Rau	916-652-0894				
SECRETARY:	Bree Hendricks	916-663-8691				

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Ba	916-206-3092				
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	COMMITTEE HEA	DS			
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Trail Maint.	Open				
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Publicity-	Liz Daffner	916-708-1244			
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Traylor Ranch	916-663-3437				
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Arena	Denise Howell	916-207-2543			
Membership	Kathy Dombrowski	916 652-5204			
	-				

PLACER COUNTY PARKS ADMINISTRATOR Michael Hellman 530 889-6807

PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger

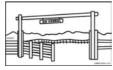
530 889-7326

CALIFORNIA STATE PARKS – Gold Fields DistrictJason De Wall (Supervisor)916 988-0205Brian Moses (trails maint super)916 240-7198State Parks Dispatch916 358-1300(Call above number for incidents in State Parks)

"If you think you closed the gate, you didn't. If you

think you left the water on, you did."

~ Horse Lovers



LBHA NEWSLETTER



TRAYLOR RANCH NATURE RESERVE

On July 23 we had our 5th workday of the year. We had a normal turnout for July. Most of the work revolved around trimming blackberries, filling pot holes and mowing. The nature preserve is looking mighty fine. And for those berry pickers out there, and you know who you are, there are a few areas where you can still pick blackberries but sorry to say that is coming to an end.

A big thank you to all the volunteers, Jennifer Wright, Mary Westfall, Jim Groeser, Clelia Jocoy, Craig Smith and yours truly of course. And welcome to two new recruits, Trish Brown and Eileen Graves who also recently rejoined LBHA, thank you for coming out.

Please note our workdays are the 4th <u>Saturday</u> of the month. The next workday is planned for August 27. Mark your calendar now.

If you have any questions, don't hesitate reaching out to me.

Dave Faoro

TRNR Committee Chairman, <u>dave_lbha@faoro.us</u>

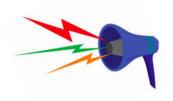




Don't Miss these scheduled events!

August 21 2016 Sunday (Next Meeting)

OPEN ARENA OBSTACLE DAY LBHA Arena Set up 8:00am Ride 8:30 to 11:00am



September 25, 2016

TACK SWAP.

\$25 for a 10'x10' space. If you need more room, buy more space.

COMMERCIAL VENDORS welcomed. Not taking reservations, spaces will be on a first come first serve basis with plenty of room to add. We'll have people directing parking so you can show up, unload, and start setting up immediately. We'll collect the booth fee after the event begins. Bring your own tables, pop-ups, chairs etc., you'll only be provided an empty space. *ALL Tack must be usable and in good repair.

Set up: 8:00 am. Event begin (open to public): 9:30 am - 2:00 pm RSVP: Liz Daffner <u>lizdaffner@gmail.com</u> LBHA Arena



LBHA Horse Shows

October 8th ENGLISH October 9th WESTERN Start Time 8:00 am See <u>Oct. Horse Shows</u> page link for more details





Did you find anything out on the trail? Did you find anything at our Arena? Have you lost anything out on the trail? Have you lost anything at our arena? Let Us Know!



Link to our Classifieds on our LBHA Website www.lbha.us

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MEMBERSHIP

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st.

Being an LBHA Member is a great way to give back to our community.

We thank you in advance.



LBHA NEWSLETTER

Today!



Photo Contest

Photos may be submitted to the contest from May 28, 2016, to September 30, 2016. Participants may submit up to 5 photos. Every photo entry received as part of the contest becomes property of the Tahoe National Forest . 1st, 2nd, & 3rd place winners will be recognized. For information on how to submit an entry and full contest rules please visit:

http://www.fs.usda.gov/tahoe/

Photos must be taken on the Tahoe NF and can include such subjects as:

- . Wilderness
- Wildlife & Plants
- . Recreation
- . Rivers & Lakes
- . Fire Lookouts
- . Landscapes
- . Other Tahoe NF Features!

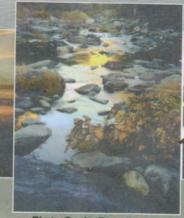


Photo Credit: Danielle Kelly



http://www.fs.usda.gov/detail/tahoe/home/?cid=fseprd500347

Hot Weather and Hydration Wendy Krebs, DVM

Hot summer weather has definitely arrived. With it comes increased risk of dehydration not only to yourself, but to your horse as well. Dehydration and electrolyte imbalances can lead to colic, kidney problems, irregular heart beat, laminitis and other problems, so it's important to keep your horse hydrated to avoid these sequelae. In some ways, it is remarkable how resilient horses are to the negative effects of dehydration. This is because horses have the benefit of a fluid re - serve in their intestinal contents. It is estimated, for example, that a horse carries up to 90 liters of water mixed in with the digesting hay in their large intestine. This is both a blessing and a curse, because while it provides an emergency fluid source to keep the blood volume normalized despite fluid losses, the intestinal contents are thereby dehydrated, which leads to intestinal impactions. Electrolyte depletion combined with fluid depletion can also lead to ileus, which is de- creased intestinal motility that can result in severe small intestinal distention and colic.

Fluid and Electrolyte Losses

Horses perspire copiously during exercise, and can have losses of as much as 15-20 liters (1 liter = 0.26 gal) per hour during hot weather. One study of endurance horses shows that by the 25 mile mark, they lost an average of 19 liters, and by the 50 mile mark they have lost 38 liters. Sweat consists of not only fluid, but also large amounts of sodium, chloride, and potassium. Therefore, to replace what is lost with sweat, horses need to consume fairly large quantities of both water and these electrolytes. Many horses are "good drinkers" and will consume water when it's offered both during and post-exercise. However, don't let this give you a false sense of security; it's important to note that horses do not become thirsty until they are approximately 2- 5% dehydrated. And, at as little as 2% dehydration, active heat dissipation by exercising horses is decreased, so they will tend to overheat more readily, compounding their already compromised hydration status.

Degrees of Dehydration

How do you gauge your horse's level of hydration? As a general rule of thumb, a horse is con-sidered mildly dehydrated when they are 5-6% dehydrated, and have lost 20-30 liters; moderately dehydrated at 7-9% dehydration, and have lost 30-40 liters; and severely dehydrated at 9%, when they have lost >40 liters. Signs of mild dehydration are tacky (slightly dry) mucus membranes, and mild skin tenting when it is pinched. At moderate levels of dehydration, mucus membranes are dry, eyes are somewhat sunken, and horses act depressed. Severe hydration results in cold extremities, and recumbency (lying down, unwilling to move).

Prevention and Treatment of Dehydration

Pre-exercise

Results of several studies indicate that in high-temperature situations, horses that are hyperhydrated before competition outperform horses that are rehydrated either during or after the exercise. Horses will not voluntarily hyperhydrate themselves, but this effect can be achieved by ad-ministering electrolytes or plain salt pre-exercise. Increased blood levels of these electrolytes stimulate thirst, so horses essentially stock up on water before starting exercise. Pre-exercise electrolytes can be administered as a paste, or as a powder mixed in grain. In general, it is very difficult to over do electrolyte supplementation. Horses will lose far more electrolytes via sweating than can be reasonable replaced by consumption.

Mid-exercise

During exercise, many horses will drink salty water preferentially since they are sodium- depleted, so it's a good idea to offer both plain water and water with 2 tablespoons salt per gal- Ion. Consumption of salty water leads to better water retention than consumption of plain water. The next best option is administration of salt paste or electrolyte paste orally with a syringe. Offering salt blocks alone are better than nothing, but do not result in as much sodium consumption as salty water.

Post-exercise

Electrolyte supplementation is much less valuable once horses are depleted, so this scenario should be avoided if possible. Ironically, horses that are severely dehydrated do not absorb electrolytes well orally, as their gastrointestinal tract is partially shut down. Therefore, severely affected horses must be rehydrated with intravenous fluids. Horses with mild or moderate dehydration can still absorb electrolytes, so electrolyte paste given here is also helpful. A commonly used protocol is to give a dose of electrolytes the night before strenuous exercise, a second dose in the morning before starting exercise, and a dose every 3-4 hours during exercise.





Tahoe Donner Equestrian Center

15275 Alder Creek Road, Truckee, Nevada County, California 96161 by Robert H. Sydnor, A.E.R.C. Trail Master & Engineering Geologist August 2016

Introduction

In March 2012, the Tahoe Donner Association purchased a 482-acre parcel in Euer Valley for \$3 million. For several decades prior, equestrians from the general public could camp in historic Euer Valley for a small fee. The Euer Valley equestrian camp was very popular all summer long. But that ended in 2012, and for the next four years, only homeowner/members of the Tahoe Donner Association could ride there. Then in Spring 2016 came a wonderful change; everyone is happy.

The good news is that the **Tahoe Donner Equestrian Center is now open** to the public (by advance reservations, and on a staggered fee schedule for members and non-members). For complete details, please visit their website: www.tahoedonner.com/equestrian

The equestrian reservation telephone number is: 530-587-9470 Amy Edgett is the office associate who will match young riders with the optimum rental horse, based on the prior experience and physical ability of the teenager.





Guided Horse Rides

Adults and junior riders (7+ years old and 4+ feet tall) can enjoy 1-hour or 2-hour guided trail rides on excellent calm horses with Western saddles. There are 4 wranglers that lead the rides. Riders under 18 years old must wear helmets (furnished free or bring your own). Guided rides are Wednesday through Sunday, and held at 9:00 AM, 10:30 AM, 1:30 PM, and 3:00 PM.

Pony Rides

For small children, ages 2 to 6 and weighing less than 60 pounds, pony rides are available. The duration of the ride is 30 minutes, and the small ponies are safely led at a slow walk by the parents or grandparents.

Horse Boarding

For both members and the general public, horse boarding is available (overnight, weekly, monthly) Horses are fed hay twice per day and the paddocks are cleaned. Tack rooms are available. For details, please visit their website: www.tahoedonner.com/equestrian/boarding

Ride Your Own Horse

By advance reservations, groups of up to 10 riders can bring their own horses to the Tahoe Donner Equestrian Center and ride by themselves into Euer Valley. The cost is \$15 per day. Excellent free trail maps are available.

Riders must bring a typewritten and signed letter from their Veterinarian that the horse is healthy and up-to-date on all vaccinations. This is a universal and standard health requirement for all stables. You will need to sign a standard letter of release of liability.

There is <u>no</u> overnight camping for horse trailers with living quarters at the Tahoe Donner Equestrian Center . By advance reservations, you can board your horse, and perhaps stay at a local motel in nearby Truckee. There is a private campground on Alder Creek Road (about 3 miles away) that is operated by the Tahoe Donner Association, but horses are not allowed at that popular campground (which seldom has immediate vacancies, so book early in the Spring).

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Four Times Daily at 9:00, 10:30, 1:30, 3:00









Reservations Phone: 530-587-9470





Krystal-Rae Mecham serves as the Equestrian Manager for Tahoe Donner Equestrian Center.

She has been riding horses all of her life. Krystal-Rae grew up on a ranch near Mount Lassen. Her father is a long-time member of Backcountry Horsemen of California. The Mecham Family packed with horses and mules into the Shasta-Trinity wilderness.

Krystal-Rae supervises four wranglers who lead the guided trail rides, plus other equestrian staff. She is very experienced with leading young children on their first pony ride in the forest. Her friendly and gracious leadership is the key to the success of the newly expanded Tahoe Donner Equestrian Center.

Their website has a 2½-minute safety video where she explains what new riders should know *before* they get into the saddle. Parents and their kids can watch this safety video at home, prior to driving to Tahoe Donner Equestrian Center.

Krystal-Rae Mecham's phone number is 530-515-4156. Be ready to leave a message, because she is often in the saddle, leading a splendid ride into the beautiful Euer Valley (but out of cell-phone range). Even better: send her an e-mail message to

KMecham@tahoedonner.com For horseback riding reservations, please call the office associate, Amy Edgett, at 530-587-9470. Amy can also explain about other wonderful equestrians activities: Saturday night barbecues, Cowgirls and Cocktails, Pancakes and Ponies, and private equestrian lessons.





Round Pen





Above: Inside the Alder Creek Adventure Center is a café with excellent food, restrooms, a locker room, a bar, plus a gift shop that is cleverly stocked with Breyer Horse Dolls and pink Cowgirl equestrian clothes. Grandmothers will need to bring their wallets {smile} for their deserving granddaughters. *At Left:* The former road into Euer Valley is now gated and locked because it is private property. Be aware that there is <u>no</u> turn-around space for horse trailers. No motor vehicles are allowed.

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LBHA NEWSLETTER

40th Annual MOTHER LODE MORGAN HORSE SHOW All Breeds Welcome

In conjunction with

THE 4TH ANNUAL CALIFORNIA GYPSY HORSE SHOW

September 2-4 2016 Rancho Murieta Equestrian Center Contact: Ron Smith at <u>530-268-3881</u>



DRESSAGE DIVISION—OPEN TO ALL BREEDS CARRIAGE DIVISION—OPEN TO ALL BREEDS OPPORTUNITY CLASSES—OPEN TO ALL BREEDS (no Assoc. Fees)

USEF "A" Rated Morgan Horse Show USDF and CDS Recognized Dressage Show AMHA Morgan High Point Award—Four *Rated WDAA High Point Program

ARENA

ARENA:: Please NO TRIALERS or HORSES on the asphalt parking lot. ALSO, no barrels, poles or other equipment may be used in the arena. Small Orange cones are OK. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)

Pride is no longer doing maintenance, now have a new company that knows what to do. A new sign up has gone up on the trail for Trail Right of Way. Horses have the right of way. The swing over the creek is gone. The pile of red dirt in the gravel parking lot before the red gate was dumped with out permission. As soon as Roads can get to it they will remove it. If anyone needs some fill dirt, they can take all they want.





A man's car stalls on a country road. When he gets out to fix it, a horse in the nearby field comes up along side the fence and leans over by him. "Your trouble is probably in the carburetor." says the horse.

Startled, the man jumps back and runs down the road until he meets a farmer. He tells the farmer his story.

"Was it a large white horse with a black mark over the right eye?" asks the farmer. "Yes, Yes," the man replies.

"Oh, I wouldn't listen to her," says the farmer, "she doesn't know anything about cars."

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The Placer County Parks Division has partnered with several equestrian based organizations to develop and implement the "LEAVE ONLY HOOF PRINTS"

program. Leave Only Hoof Prints is a program where horses leave only great impressions.

- G To those who have already picked up after your horses, THANK YOU!
- O not spread manure to the adjoining grass and bushes.

Take it home with you.

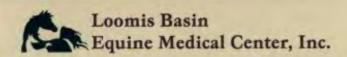
- Please pick up all manure around your trailer. Please do not clean out your trailer at any staging area Take it home with you.
- **LEAVE ONLY HOOF PRINTS**

in the staging, parking and picnic areas. Includes Hidden Falls, Traylor Ranch, Sterling Point Staging Area, & the LBHA Arena Trailer Parking areas (in front of Red Gate and in actual Trailer Parking Area.





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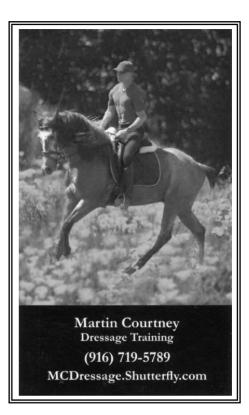
Office Hours Monday thru Saturday 8:00am - 6pm Appointment Hours Monday thru Saturday 9:00am - 5pm

In-house & Ambulatory Emergency Services available 24 hours/7 days

(916) 652-7645 2973 Penryn Road Penryn, CA 95663 Visit us at: (bemc.com

DOCTORS Langdon Fielding, DVM, Dipl ACVECC Catherine Jacobs, DVM Jill Higgins, DVM Robert Morgan, DVM Diana Stolba, DVM Eduardo DeLaCruz, DVM Jennifer Mayer, VMD Emily Wilson, DVM Elizabeth Howard, DVM

Jason Errico, DVM Dipl ACVS - Surgery Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



Knicker Knob s t a b l e



Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

Boarding/Lesson special: Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

Boarding barn stalls | pipe corrals | pasture from \$305

Amenities 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

Riding lessons Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

LOOMIS, CALIFORNIA

No expiration

Terry 916.778.8651 Kathy 916.204.0346 www.knickerknobstable.com Facebook.com/KnickerKnobStable

TAUL	17									L	D П /		IVVJL	CIICN
LOOMIS BASIN HORSEMEN'S ASSOCIATION	RELEASE AND HOLD HARMLESS AGREEMENT	The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that	even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE,	BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS IN- HERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UN- KNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL	HAKM TO HOKSE, KIDEK AND SPECTATOK, AND AGKEE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY: 1. I HEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSE- MEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL AC-	TIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM IN- JURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION. 2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code 81542 which states: "A canonel release dones not strong to claime which the credition does not known	or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."	The second of a second second a second s	my benefit. I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT CARFFULLY AND COMPLETELY. AND FULLY UNDERSTAND ITS	CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN DEDEE WILL I FULTURE ACREET THAT NO ODA'T DEDEESENTATIONS STATE	MENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREE-	SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME. Signature(s)	Name (s) Age, if minor	If minor, Parent or Guardian must sign Name of Parent or Guardian:
HIP FORM EN'S ASSOCIATION	nded in 1984, is a non-profit informa- de Arena at the Loomis Basin Commi-	nd the preservation of the Rural Life- BUSINESS (\$25)	Please submit business card for	CHECK AREAS OF INTEREST	Trail Riding Western Horseshows B Endurance Dressage Roping/Cutting Other	n Fund or to the Traylor Ranch uctible and will be used for construction inCommunityy Park, and for Mainte- pkeep of the Traylor Ranch Nature	e to members at \$500 and \$10 to non-		Date	Juniors	Zip		Make Checks out to LBHA and mail to:	LBHA P .O. Box 2326 Loomis CA 95650
MEMBERSHIP FORM LOOMIS BASIN HORSEMEN'S ASSOCIATION	The Loomis Basin Horsemen's Association , founded in 1984, is a non-profit informa- tional and awareness or conviration dedicated to the Arena at the Loomis Basin Commu	nity Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Life- style		NEW MEMBERSHIPKENEWAL PLEASE INDICATE COMMITTEE(S) YOU Would Like to Serve On	— Arena Membership Trail Phone Publicity County Liaison Mowsletter Anywhere Mork Days Anywhere	I would like to contribute to the Equestrian Fund or to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis BasinCommunityy Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.	TRAILER PARKING KEYS: Keys are available to members at \$500 and \$10 to non- LBHA members. Check here If you need a Key	KEY NUMBER to be filled in by LBHA)	NameBusiness name:	Address	City	Phone E-Mail Address	AMOUNT ENCLOSED for DUES , TRAIL/ARENA FUND, Or KEYS	TRAYLOR RANCH FUND (Please make out a separate check)

LBHA NEWSLETTER





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Liz Daffner Financial Advisor

(916) 905-7526 919 Reserve Drive Roseville, CA 95678 liz@diligencewm.com www.diligencewm.com

Plan Today for a Better Tomorrow

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Next Meeting

August 21, Sunday Obstacle Day at the Arena Set up 8am. Ride 8:30 to 11:00

September 21 Wednesday Board and Membership Meeting Round Table in Loomis Eat 6:30. Meet 7:00, Horse Show and Tack Swap agenda.

Please see our Events Calendar on Website at Www.lbha.us



Back to School





From the Loomis Basin Horsemen's Association

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's Association P.O. Box 2326 Loomis CA 95650

> E-MAIL: Ibha@garlic.com

We're on the Web! See us at: Lbha.us

Get Info on Trails The Arena at the Park Meetings Clinics Traylor Ranch LBHA Horseshow

