

# Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 38 Issue 8 AUGUST 2020

## Newsletter

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## PRESIDENTS MESSAGE by Liz Daffner

*Howdy!*

Hard to believe we're more than half way through 2020. It's been going slow and fast at the same time. I know many people who haven't ridden much in the past are using this pandemic to reconnect with their horses. We can still ride at the lake, enjoy our local trails, and many organizations are still putting on events.

We proceeded with our own Obstacle Day and it was a success. We gained new members and met some new faces. We have another one scheduled for August 21st. Mark your calendar and have some fun.

We're also planning for our Oct 10th and 11th horse shows. We'll be asking for volunteers soon. Not everything is cancelled, now go out and enjoy the rest of Summer!

*Happy Trails to you*



*Liz Daffner*



SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR RANCH AND THE RURAL LIFESTYLE

## 2020 OFFICERS AND BOARD MEMBERS

### COMMITTEE HEADS

**PRESIDENT:** Liz Daffner 916-708-1244  
**VICE PRES:** Greg King 916-804-5659  
**TREASURER:** Janis Rau 916-652-0894  
**SECRETARY:** Maureen Henderson 916-663-9362

### BOARD OF DIRECTORS

Bruce Renfrew 650-773-1863  
 Joe Warlow 530-551-6693  
 Melanie Warlow  
 Kathy Dombrowski 916-652-5204  
 Kate Johnson

### COMMITTEE HEADS

Trail Info.

Trail Maint. **OPEN**

Historian Donna Kelly 916 956-6248  
 Publicity Laurene Davis 916-708-1244  
 Horseshow Janis Rau 916-652-0894  
 Traylor Ranch NR Dave Faoro 916-663-3437  
 County Liaison Maureen Henderson 916-663-9362  
 Newsletter Denise Howell 916-207-2543  
 Arena Kathy Dombrowski 916 652-5204  
 Arena Denise Howell 916-207-2543  
 Membership Kathy Dombrowski 916 652-5204

### PLACER COUNTY PARKS ADMINISTRATOR

Andy Fisher 530 889-6819

### PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

### CALIFORNIA STATE PARKS – Gold Fields District

Jason De Wall (Supervisor) 916 988-0205  
 Paul Perez (trails maint super) 916 240-7198  
 State Parks Dispatch 916 358-1300  
 (Call above number for incidents in State Parks)



### TRAYLOR RANCH NATURE RESERVE

#### July 25th, 2020 Traylor Ranch Work Day

8:00 am - noon (4th Saturday of the month) For work days we need weed-eaters, rodent hole filler-uppers, glass and metal picker-uppers! Useful tools are buckets, weed-eaters, pruning shears and shovels. Bring gloves, hat and WATER to drink. At 8:00 am Dave will be at Humphrey Road Parking area and will give workday directions from there. If you come later and no-one is there then park and head to the central picnic area or call my mobile (916) 803-5654 -Dave Faoro

<https://www.facebook.com/TraylorRanchNatureReserveandBirdSanctuary/>

*Dave Faoro*

**TRNR Committee  
Chairman,**



# Subscribe to our Newsletter!

<https://lbha.us7.list-manage.com/subscribe?u=2c073f7622eea751d4c0e48c6&id=a1fd54b279>

## Events

### Hot Aug Nights Free Obstacle Day - Members Only (No Wed August Meeting)

August 21, 2020 Set up at 6:00. Event starts at 6:30 pm  
LBHA Arena located at 3550 Ong Pl. Loomis, CA 95650

Car themed FREE Arena Obstacle Day for members only or join.  
Have a fun day with your horse under saddle or in hand with no pressure. This is not a clinic, obstacles will be available to use at your leisure.

### September Meeting - Horse Show Planning

**September 16, 2020**

6:00 pm Eat  
6:30 -7:30 pm Meeting  
Round Table Pizza  
6111 Horseshoe Bar Rd. Loomis, CA 95650

**October - English Horse Show  
October 10th**

**October- Western Horse Show  
October 11th**

**November Meeting - Board Nominations**

**December - Christmas Party**



**MINUTES**  
**LBHA General Meeting**  
**July 15, 2020**

The general membership meeting was held at the Arena in Loomis. The following Board members were present: Liz Daffner, Bruce Renfrew, Maureen Henderson, Janis Rau and Greg King. Committee Chair Laurene Davis was also present. Kathy Dombrowski, Kate Johnson, Joe Warlow and Melanie Warlow were absent.

President, Liz Daffner presided. The meeting was called to order at 6:40 p.m.

Maureen reported briefly on trails, specifically focusing on Hidden Falls. Not much going on right now as we are waiting for responses to comments made at the last public meeting.

The main focus of this meeting was the upcoming horse shows.

- Liz will talk to the manager at Douglas Ranch Supply re first place gifts for all classes
- Maureen will talk to Greg Lyman at Douglas Ranch Supply re sponsorship
- Member Patty Neifer suggested contacting Elk Grove Milling and Riding Warehouse asking for gift certificates and preparing a donation letter
- Janis thought we had such a letter and will look for it
- Liz will make a Horse Show Flyer. She suggested we email show barns to bring students, i.e., 4H kids. She further suggested we prepare an email list of last years contestants, reminding them of upcoming shows
- Suggested we have online class registration
- Contact County to obtain Social Distancing Signs
- Motherlode is using Venmo. Check with them after their show to see how that worked
- Suggested we issue one free gate pass for those who pre-register
- Denise has confirmed all judges
- Janis will confirm with Kathy that Terri Haney has been contacted for trail
- Liz will prepare a new trail course
- In Hand will be allowed at the trail course
- Prepare judges' packets
- Kathy to reserve baseball diamond
- Food – Hot Mama's is contracted for both days
- Contact members who signed up to work at the horse shows
- Janis will arrange for Porta Potty to be serviced
- Bruce will bring sprinklers and hoses for upper arena
- Maureen will check with Debbie Murphy on Cavalletti Classes
- Greg will contact Placer County Sheriff re assistance with parking

The meeting concluded at 7:40 p.m.

Submitted by Maureen Henderson, Secretary

## Osteochondritis Dissecans (OCD) in Horses

### American College of Veterinary Surgeons

**Osteochondritis dissecans (OCD)** is a relatively **common developmental disease** that affects the cartilage and bone in the joints of horses. It causes clinical signs of disease in 5-25% of all horses and **can occur in all horse breeds**. Cartilage in joints with OCD doesn't form normally; this causes the cartilage and bone underneath it to become irregular in thickness and weaker than in normal joints. This can cause the development of cartilage and bone flaps that can either remain partially attached to the bone or break off and float around in the joint. These loose flaps and areas of abnormal cartilage and bone cause inflammation in the joint and over time may lead to the development of arthritis. OCD is usually caused by a combination of several factors acting together, including:

Rapid growth and large body size

Nutrition: Diets very high in energy or have an imbalance in trace minerals (low copper diets)

Genetics: Risk of OCD may be partially inherited

Hormonal imbalances: Insulin and thyroid hormones

Trauma and exercise: Trauma (including routine exercise) is often involved in the formation and loosening of the OCD flap



#### Signs and Symptoms:

The most common sign is effusion (swelling) in the joint of a young horse. Signs can be seen as early as 5 months of age, but may not occur until the horse is started into work. Lameness varies with locations and severity of the OCD; most horses are sound at a walk but may display lameness at faster speeds or when put into work. OCDs can occur in virtually all joints, but they occur most frequently in the hock, stifle and fetlock joints.

#### Diagnostics:

Horses with severe lameness and joint swelling probably have a more serious problem and should be examined on an emergency basis. If your horse has a swollen joint it should be examined by your primary care veterinarian in order to diagnose OCD and to rule out other causes. Your vet will probably want to do a physical exam, lameness exam and radiographs.

OCD is often bilateral and radiographs of the opposite joint should be taken, even if there is little or no swelling in that joint. Occasionally an OCD fragment is made entirely of cartilage and so it can't be seen on the radiograph; only a defect in the main bone may be seen. Sometimes older horses are diagnosed with OCD incidentally without clinical signs.

#### Treatment:

Usually the best treatment is surgical removal of the abnormal bone and cartilage. The most common technique used to remove OCD fragments is arthroscopy. Arthroscopy is performed by making two small incisions into the joint through which a camera called an arthroscope and other specially designed instruments are placed.

#### Aftercare and Outcome:

Aftercare recommendations depend on the location and severity of the OCD but **typically involve a period of stall rest** followed by progressive exercise. Full return to training may require several months. Postoperative bandaging will be required for some OCD locations and medication may be prescribed, including anti-inflammatory medications. A follow-up examination and suture removal may also be required. Specific recommendations on aftercare will be made by the veterinary surgeon for each case.

Prognosis for athletic function is good to excellent for most OCDs that are treated surgically. Some OCD locations, such as the shoulder, may have a reduced prognosis. In general, if the OCD lesion is not removed the prognosis for future soundness will be decreased. It is important to discuss the expected outcome, including appearance of the operated joint, with the veterinary surgeon during treatment selection.

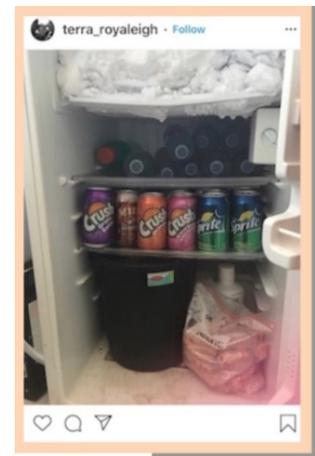
## Cold Storage Confessions (Outside Rein)

We recently stumbled upon a video that had us chuckling. In the 25-second clip, a Texas-based roper gives a tour of his barn refrigerator after the sun has set . “I’ve got a little bit of everything,” [points to a jar of pickles] “Ketchup, wormer, vaccinations, needles, ... sodas, pizza, heh! Water ... a little bit of everything for horses, and for humans.”

Many of us can relate to the random assortment of provisions and paraphernalia\* that take up space in our recreational refrigerators—especially this time of year, when the warmer months command a few additions such as popsicles and a damp kerchief. And like a prepared cowboy, when the day is done and the night is calm, we like to take stock of our inventory reach for a refreshment while skimming our crisper for its volume of apples and carrots. Priorities.

What’s in your “cold storage?”

\*PSA: Please don’t forget to check the storage and handling instructions for your refrigerated animal meds, to ensure they can safely co-exist with human foods!



**MEMBERSHIP**

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

**All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st. Pay on line the easy way!**

Being an LBHA Member is a great way to give back to our community.

**We thank you in advance.**

**AD FEES For LBHA Members**  
(Non-Members add \$10 to below fees)

**NEWSLETTER ADS** Deadline is the 25<sup>th</sup> of the month  
 ½ page: 1year \$60 Includes Business card on Website.  
 ½ page: 6mos \$30 one time \$5 Full page one time \$10  
 Business Card Ad per issue: \$10 / issue  
 Business Card Ad/year: \$40/year includes card on Website

**DIRECTORY ADS** Deadline for Directory ads is March 1  
 Full Page Ad: \$25  
 ½ Page Ad: \$15  
 Business Card Ad: \$10 - Free for **LBHA Business Members**

**WEB ADS**  
 Business Card Ad – one year Members \$40  
**Free to Business Members**  
 Classified Ads- Free to Members

**NOTE add \$10 to fee for Non-LBHA members**



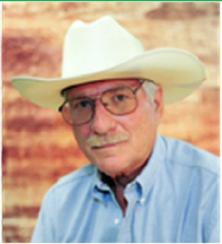
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**Bruce Renfrew**  
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### Next Meeting

**August 21**

**Hot Aug Nights Free Obstacle Day**

Members Only (No Wed August Meeting)

**Set up at 6:00. Event starts at 6:30 pm**

LBHA Arena located at 3550 Ong Pl. Loomis, CA 95650

### Reminder!

LBHA has an electronic Membership form available on our website that let's you pay your renewals through paypal if you choose. Find it under the JOIN tab.

### Arena

Please NO TRAILERS or HORSES on the asphalt parking lot. No barrels, poles or other equipment may be used in the arena. Small Orange cones allowed. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)



**Loomis Basin  
Equine Medical Center, Inc.**

**Office Hours**  
Monday thru Saturday  
8:00am - 6pm

**Appointment Hours**  
Monday thru Saturday  
9:00am - 5pm

In-house & Ambulatory Emergency Services available 24 hours/7 days

**(916) 652-7645**  
2973 Penryn Road Penryn, CA 95663  
Visit us at: [lbemc.com](http://lbemc.com)

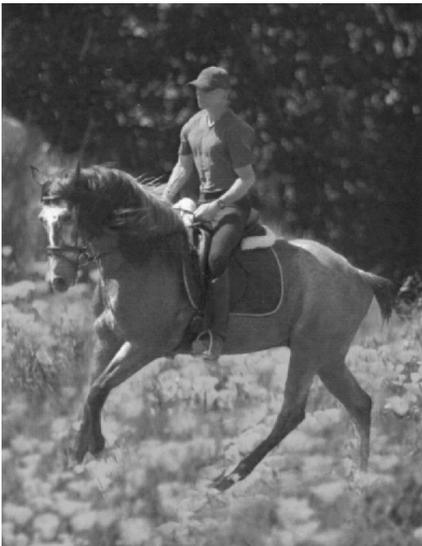
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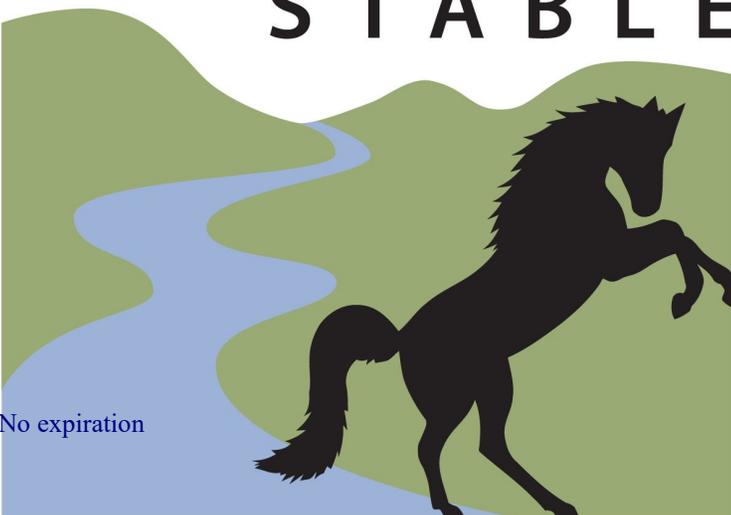
Email: [lvbays@wavecable.com](mailto:lvbays@wavecable.com)  
WEB Site: [www.blanketrepairsrus.com](http://www.blanketrepairsrus.com)

**Martin Courtney**  
Dressage Training  
**(916) 719-5789**  
[MCDressage.Shutterfly.com](http://MCDressage.Shutterfly.com)

# Knicker Knob

## STABLE



No expiration

**LOOMIS, CALIFORNIA**

Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

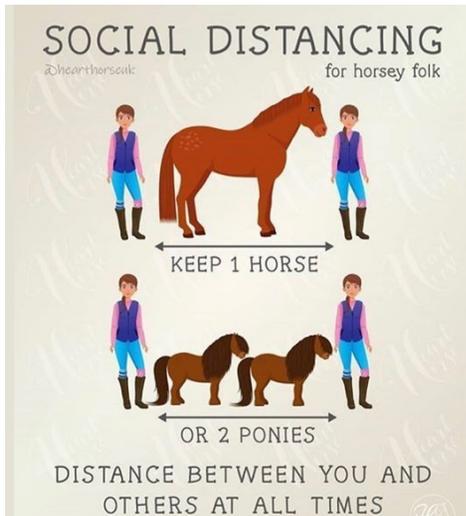
**Boarding/Lesson special:** Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

**Boarding** barn stalls | pipe corrals | pasture from \$305

**Amenities** 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

**Riding lessons** Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

Terry 916.778.8651 Kathy 916.204.0346  
[www.knickerknobstable.com](http://www.knickerknobstable.com) [Facebook.com/KnickerKnobStable](https://www.facebook.com/KnickerKnobStable)



# Back to School?



*From the Loomis Basin Horsemen's Association*

## ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

### Loomis Basin Horsemen's Association

P.O. Box 2326  
Loomis CA 95650

E-MAIL:  
lbha@garlic.com

We're on the Web!

*See us at:*

**Lbha.us**

#### Get Info on

- Trails
- The Arena at the Park
- Meetings
- Clinics
- Traylor Ranch
- LBHA Horseshow

