

# Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 30 Issue 8

AUGUST 2014

## Newsletter

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## PRESIDENTS MESSAGE by Denise Howell

*Howdy Pardners!*

I can hardly believe that school is about to start. What happened to long lazy summers? June, July and August? Riding your horse barefoot down to the creek to get wet and have fun. Yes, Moms! Barefoot! We did it all the time. We didn't worry about a smooched toe or a broken foot. We got them. They healed.

Things have changed. Many of you noticed the sign on the lower trail of the Arena Park, warning hikers or runners that there is manure on the trail and "they don't pick it up." This is not the city of San Francisco or New York. This is the country. This is the Loomis Basin. These are the trails that we maintain and preserve for the good of the rural lifestyle. Manure helps with the natural rotation of growth and nature.

These same people, pay for and eat organic fruits and vegetables. I was saddened when I saw the sign. That's all.

Happy Trails to all of us. Enjoy. Don't let them chase us away!



*Tally Whoa*

*Denise Howell  
Latte, Beethoven & Jones*



Email to LBHA has been changed!  
[LBHA@garlic.com](mailto:LBHA@garlic.com)

**SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR RANCH AND THE RURAL LIFESTYLE**

## 2014 OFFICERS AND BOARD MEMBERS

### COMMITTEE HEADS

<b>PRESIDENT:</b>	Denise Howell	916-207-2543
<b>VICE PRES:</b>	Maureen Henderson	916-663-9362
<b>TREASURER:</b>	Donna Kelly	916-956-6248
<b>SECRETARY:</b>	Nancy Steuck	916-645-9659

### BOARD OF DIRECTORS

Dave Faoro	916-663-3437
Bob Sydnor	916-335-1441
Janis Rau	916-652-0894
Kathy Dombrowski	916-652-5204
Debbie Murphy	916-719-6265

### COMMITTEE HEADS

Trail Info.	Robert Sydnor	916 335-1441
Trail Maint.	Open	
Historian	Donna Kelly	916 956-6248
Publicity-	Open	
Horseshow	Janis Rau	916-652-0894
Traylor Ranch NR	Dave Faoro	916-663-3437
County Liaison-Trails	Debbie Murphy	916-719-6265
Newsletter	Denise Howell	916-207-2543
Arena	Kathy Dombrowski	916 652-5204
Membership	Kathy Dombrowski	916 652-5204

### PLACER COUNTY PARKS ADMINISTRATOR

John Ramirez 530 889-6807

### PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

### CALIFORNIA STATE PARKS – Gold Fields District

Scott Nakagi 916 988-0205 ext 226  
 Brian Moses (trails) 916 240-7198  
 State Parks Dispatch 916 358-1300  
 (Call above number for incidents in State Parks)



### TRAYLOR RANCH NATURE RESERVE

Work day number five down for the year on Saturday July 26.

We had a light turnout and that factored in with equipment failures we weren't able to do the level of work we are accustomed.

A big thank-you to the crew that did show up, Linda and Jerry Potter, Wes Babcock, Maureen Henderson and Clelia Jocoy.

We'll be doing some additional mowing over the next week to catch up what we missed. The Del-Mar area trails need work.

If anyone has any questions on TRNR, please don't hesitate to drop me a note.

*Dave Faoro* TRNR Committee Chairman,  
[dave\\_lbha@faoro.us](mailto:dave_lbha@faoro.us)



*Animals are such agreeable friends —  
 they ask no questions, they pass no  
 criticisms. ~George Eliot*



**MEMBERSHIP**

Please renew your membership. The list of those that need to renew for can be found on our website. Click on the "Large" membership button on the Main LBHA page to see the paid up members and the Dec13/Jun 14 need to renew list. Please renew, we need YOU!

**Please Renew Today!**

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

Being an LBHA Member is a great way to give back to our community. We thank you in advance. Thank you.

**March Performance Horses**  
Riding Instruction and Training



**Samantha March**

1270 Fowler Rd.  
Newcastle, CA 95658

916.825.5427  
smarch05@msn.com

**AD FEES For LBHA Members**  
(Non-Members add \$10 to below fees)

**NEWSLETTER ADS** Deadline is the 25<sup>th</sup> of the month  
 ½ page: 1year \$60 Includes Business card on Website.  
 ½ page: 6mos \$30  
 Business Card Ad per issue: \$10 / issue  
 Business Card Ad/year: \$40/year includes card on Website

**DIRECTORY ADS** Deadline for Directory ads is March 1  
 Full Page Ad: \$25  
 ½ Page Ad: \$15  
 Business Card Ad: \$10 - Free for **LBHA Business Members**

**WEB ADS**  
 Business Card Ad – one year Members \$40  
 Classified Ads- Free to Members

**NOTE add \$10 to fee for Non-LBHA members**



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## Loomis Basin Horseman's Association Minutes

Horse Show Planning Meeting only. No official Meeting Minutes.

## Letter to LBHA:

On July 28th, LBHA participated in the filming of a promotional video for Placer County at Hidden Falls Park. LBHA was represented by Linda Potter, Jeannie Bonner and Debbie Murphy along with three members of Meadow Vista Riders.

They filmed us near and on the Canyon View Bridge at Hidden Falls Park. The promotional video is entitled

"This is my Placer". We were please to be asked to participate by John Ramirez, Placer County Parks

The horses handled the cameras and boom mikes very well. It was a very early morning ride out but we got it done!

Many thanks to Placer County and the riders who participated.

Submitted by:  
Debbie Murphy

## Silly Horse Jokes

A city dweller came to a farm and saw a beautiful horse. He decided he had to have the animal. He bargained with the farmer and the farmer finally sold him the horse.

The city man jumped on the horse and said, "Giddyup!" The horse didn't budge. The farmer explained, "This is a special kind of horse. He'll only move if you say, 'Praise the Lord.' To stop him, you have to say, 'Amen.'" Keeping this in mind, the new owner yelled, "Praise the Lord!" whereupon the horse took off with great speed.

Soon horse and rider were headed for a cliff. Just in time the rider remembered to say "Amen!" The horse came to a screeching halt right at the edge of the cliff. Relieved, the rider raised his eyes to heaven and exclaimed, "Praise the Lord!"

## Training Rides on the California Loop

A section of the Western States Trail, Middle Fork of the American River

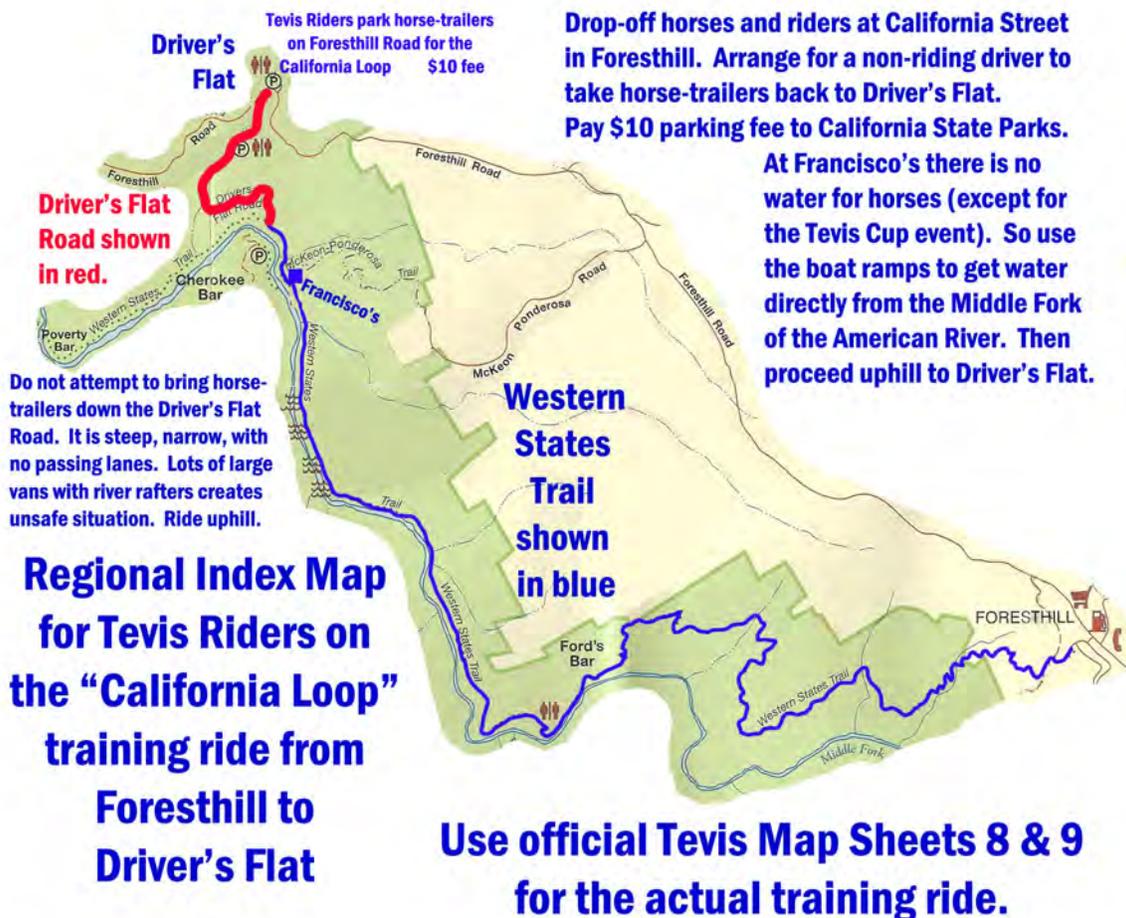
Tevis Mileposts 69 to 85, between Foresthill and Francisco's

By: Robert H. Sydnor: Tevis Ride Committee & AERC Trail Master  
August 2014

### Background:

Equestrians who are conditioning and training for the 100-mile Tevis Cup use the "California Loop" in the Middle Fork of the American River in the weeks prior to the actual ride. This is the "night-trail" during the Tevis Cup under full moonlight, so it helps to pre-ride this segment during the daylight so that the horse is familiarized with the difficult terrain. Likewise, the rider knows what to expect: Where are the steep segments so that you can conserve your horse? Where is there horse water? Where are the passing lanes and turn-outs to let other riders proceed ahead?

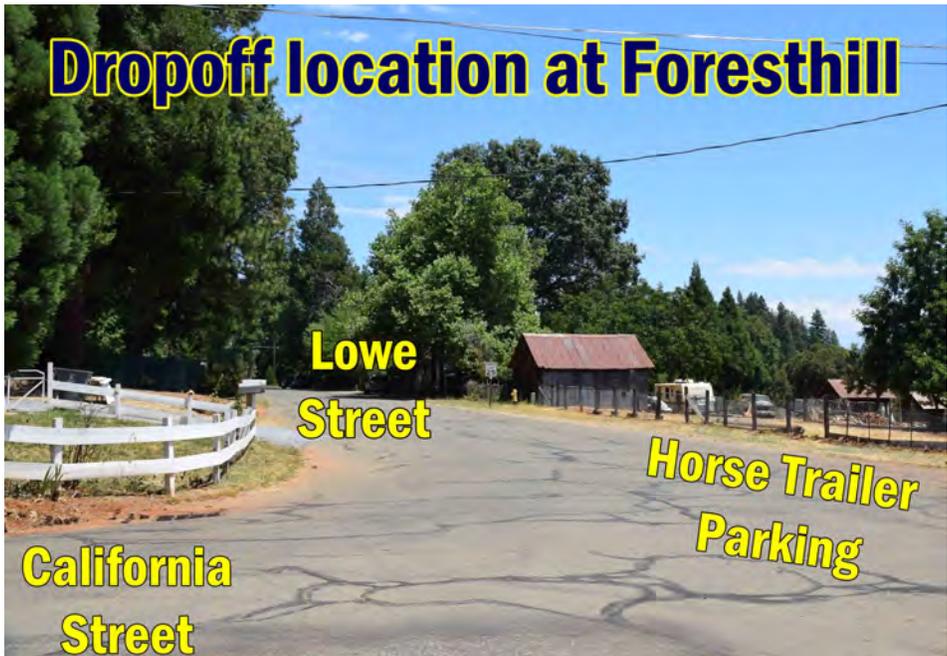
The informal name "California Loop" is taken from the beginning of the ride at California Street in Foresthill. There are 16 miles of the actual Western States Trail, plus 2 additional miles from Francisco's up the steep Driver's Flat Road, for a **total of 18 miles** of difficult terrain.



**Beginning of the California Loop at Foresthill**

Have a non-riding driver drop-off the horses at Foresthill on Lowe Street at the corner of California Street. As shown on the photographs, do not attempt to use the tight cul-de-sac on California Street. There is no turn-around space. Saddle-up on Lowe Street. Be a good citizen and be certain to clean-up any horse manure on Lowe Street after saddling-up.

The driver will then move the horse trailer back to Driver's Flat, park along the Foresthill Road, pay the \$10 fee, and wait patiently for three to four hours for the riders to complete the ride. If there are multiple drivers, it is convenient to have multiple sets of truck ignition keys.



### The 18-mile Training Ride

Bring Tevis Trail Map Sheets 8 and 9 with you in the hornbag on your saddle. Refer often to these two trail maps during the training ride.

Depending on seasonal drought conditions, there is usually water for horses at **Dardanelles Creek** crossing. Notice the slippery rocks in the creek bottom that have been polished by centuries of stream flow.

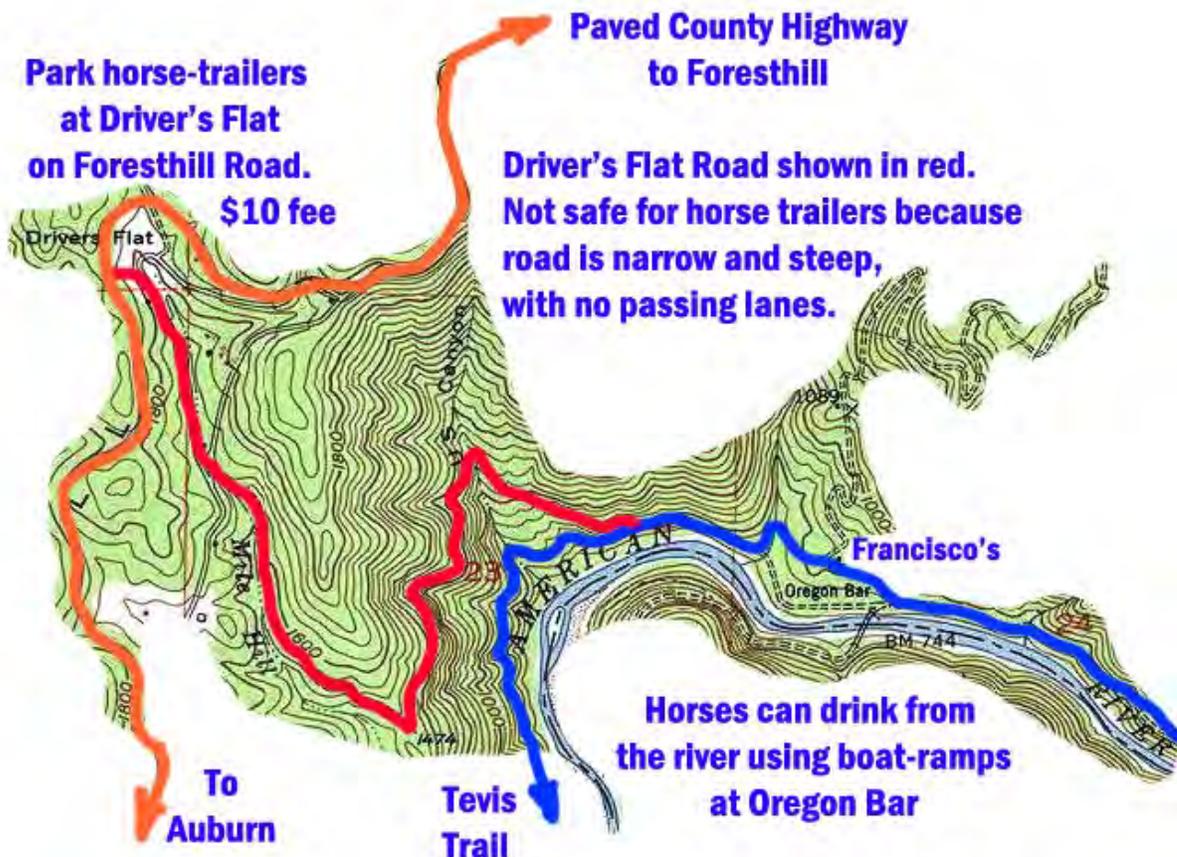
The improved spring at the **Julie Suhr Water Trough** is also a good place to offer your horse a drink. Just prior to departure, clean the leaves out of the water-trough using your plastic scoop for the next group of riders. This will temporarily leave it muddy, but this spring is self-flushing.

At **Cal-2**, also known as Peachstone, there is no water. During the Tevis Cup, there will be 4 or 5 water-troughs here.

At **Ford's Bar**, you will notice a jeep-road that descends to the Middle Fork of the American River. This is a good place to water your horse and eat lunch. Then rejoin the Tevis Trail, and proceed westward towards Francisco's.

At ASRA Gate #100, temporarily leave the Tevis Trail and stay on the main road to Ruck-a-Chucky, a few hundred yards in close proximity. **Water your horse at Ruck-a-Chucky** campground at Oregon Bar using the boat-ramps here for easy access to the Middle Fork of the American River. There are vault toilets and picnic tables here, plus lots of rafters and passenger shuttle vans.

Ride back to Gate #100 and review the vet-check at Francisco's. (No water here, except for the Tevis Cup.) Ride up the steep gravel road to Driver's Flat. After about 200 yards, take careful notice of the location whereby the Tevis Trail departs to Poverty Bar. Stay on the **steep gravel road for two miles to Driver's Flat**. Here you meet your own horse truck and horse-trailer.



## Q and A Ask the Vet

**Q.**

In the winter I usually pull the shoes off my horse and then come spring I put fronts on and then move back to shoes all the way around when summer approaches. I've heard this can be a bad thing. Is it really? And if it is, why?

**A.**

Each horse's hoof care needs are unique and individual, so there is no generic protocol or program that one should follow when it comes to applying shoes. Basically, we shoe horses to protect their feet, to increase or decrease traction, or to alter or enhance a way of travel. If the horse's needs do not require shoes for one of those three reasons, he can go on a maintenance program and remain "barefoot."

In addition to the choice of whether shoes are necessary or not, we also choose whether to apply a half set or a full set of shoes. Because horses bear significantly more weight on their fronts, we often only need to provide additional protection for the front feet. As we increase usage and place more demands on the horse, it may become necessary to provide additional support or protection for the hinds.

As your question indicates, climate often influences our hoof care decisions. Many horses get a bit of a vacation during the harsh winter months, as we minimize their activity and work. As long as frozen, uneven ground doesn't create difficult or harsh footing, this diminished usage can provide an opportunity for maintaining them through regular trimming while foregoing the expense of shoes.

As they go back into more regular activity in the spring, the increased workload may require that we protect their front feet. And, as we move to the more severe conditions associated with summer (e.g., hard ground, fly stomping, etc.), the hind feet often require protection as well.

-- Danvers Child, CJF

**(Note: This is not an LBHA sponsored event)**

### **LBHA members!**

October 3-5, 2014 has been reserved at the V6 Ranch, Parkfield, Ca for a three day Event. It's a 20,000 acre working cattle ranch with 50 miles of trails in the beautiful central valley foothills.

The three days will include fully catered, breakfast, lunch, dinner( with appetizers, cocktail hour before), all the trail riding, cattle drive, Learn cattle work( sorting, cutting, roping and just a fun experience in a beautiful, wooded campground. Campground has pens for your horse, round pen, wash racks. You may high line or bring your own pens. Plenty of water hookups for RV or living quarters, real bathrooms, showers. A bunkhouse with six rooms( 2 person occupancy) is available for those who choose not to camp. Bring your own horse or use a ranch horse( small extra charge).

\$375 per person, all inclusive. Bunkhouse and horse rental extra.

Enjoy a beautiful ranch with new and old friends. Deposit required to hold space as ride is limited to 30.

Let me know by phone or email if you would like to participate by July 1, 2014,

Debbie Murphy  
916-719-6265  
Equuspassage@ [aol.com](mailto:equuspassage@aol.com)



**Loomis Basin  
Equine Medical Center, Inc.**

**Office Hours**  
Monday thru Saturday  
8:00am - 6pm

**Appointment Hours**  
Monday thru Saturday  
9:00am - 5pm

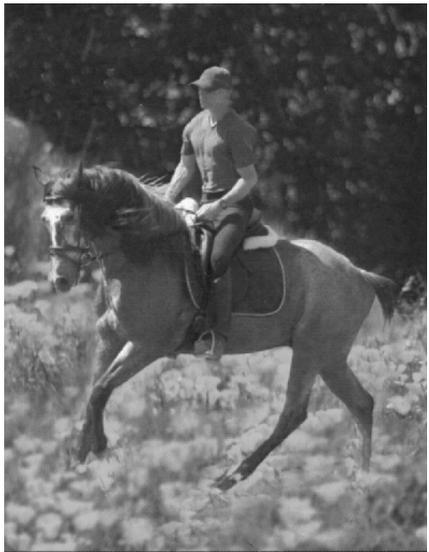
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Catherine Jacobs, DVM  
Jill Higgins, DVM  
Robert Morgan, DVM  
Diana Stolba, DVM  
Eduardo DeLaCruz, DVM  
Jennifer Mayer, VMD  
Emily Wilson, DVM  
Elizabeth Howard, DVM

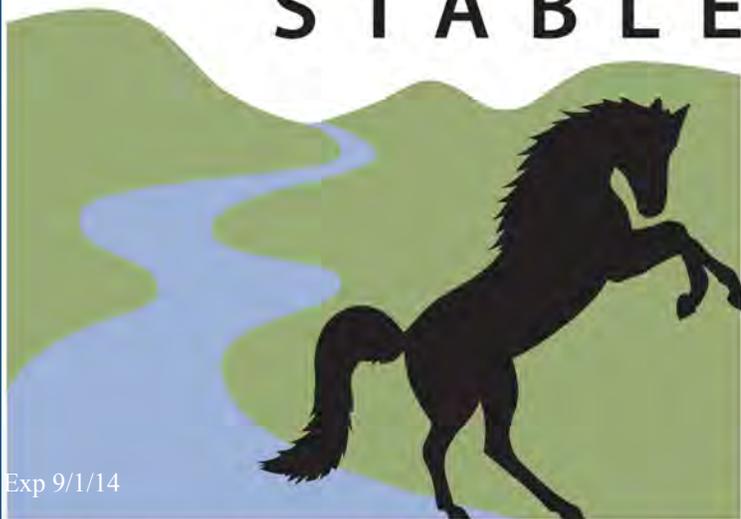
Jason Errico, DVM Dipl ACVS - Surgery  
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



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Exp 9/1/14

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MEMBERSHIP FORM  
LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Lifestyle

\_\_\_\_\_ INDIVIDUAL (\$15) \_\_\_\_\_ FAMILY (\$20) \_\_\_\_\_ BUSINESS (\$25)  
Please submit business card for  
Roster \_\_\_\_\_ NEW MEMBERSHIP \_\_\_\_\_ RENEWAL \_\_\_\_\_

PLEASE INDICATE COMMITTEE(S) YOU WOULD LIKE TO SERVE ON \_\_\_\_\_ CHECK AREAS OF INTEREST \_\_\_\_\_

_____ Arena	_____ Membership	_____ Trail Riding
_____ Trail	_____ Phone	_____ Western Horshesows
_____ Publicity	_____ County Liaison	_____ English Horshesows
_____ Newsletter	_____ Traylor Ranch	_____ Endurance
_____ Horshesow	_____ Anywhere	_____ Dressage
_____ Work Days	_____	_____ Roping/Cutting
		_____ Other _____

I would like to contribute \_\_\_\_\_ to the Equestrian Fund or \_\_\_\_\_ to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis Basin Community Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.

TRAILER PARKING KEYS: Keys are available to members at \$.00 and \$10 to non-LBHA members. Check here if you need a Key \_\_\_\_\_

KEY NUMBER \_\_\_\_\_ to be filled in by LBHA)

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Business name: \_\_\_\_\_ Juniors \_\_\_\_\_

Address \_\_\_\_\_ Juniors \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

AMOUNT ENCLOSED for \_\_\_\_\_ Make Checks out to LBHA  
DUES, TRAIL/ARENA FUND, \_\_\_\_\_ and mail to:  
Or KEYS \_\_\_\_\_

TRAYLOR RANCH FUND \_\_\_\_\_ LBHA  
( Please make out a separate check) \_\_\_\_\_ P. O. Box 2326  
Loomis CA 95650

LOOMIS BASIN HORSEMEN'S ASSOCIATION

RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. I HEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSEMEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code §1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for my benefit.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE, AND THAT I RELY ON NONE. THIS AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME.

Signature(s) \_\_\_\_\_

Name (s) \_\_\_\_\_ Age, if minor \_\_\_\_\_

If minor, Parent or Guardian must sign \_\_\_\_\_

Name of Parent or Guardian: \_\_\_\_\_



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Exp 1/1/15

### Next Meeting.

There will be no Membership meetings in July or August. The Horseshow Committee will be meeting and we are in need of volunteers and planners. Please contact LBHA for meeting time and location.

Exp 4/1/15

## Lazy U Ranch

Massage Therapy

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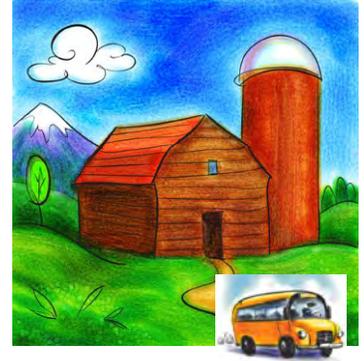
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*From the Loomis Basin Horsemen's Association*

**Renew your membership.**

[www.garlic.com/~lbha/NeedToRenew.pdf](http://www.garlic.com/~lbha/NeedToRenew.pdf)

**ABOUT LBHA**

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

**Loomis Basin Horsemen's Association**

P.O. Box 2326  
Loomis CA 95650

E-MAIL:  
[lbha@garlic.com](mailto:lbha@garlic.com)

We're on the Web!

*See us at:*

[www.garlic.com/~lbha](http://www.garlic.com/~lbha)

**Get Info on**

Trails

The Arena at the Park

Meetings

Clinics

Traylor Ranch

LBHA Horseshow

