

# Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 36 Issue 11 NOVEMBER 2018

## Newsletter

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## PRESIDENTS MESSAGE by Liz Daffner

Happy Thanksgiving everyone, we're spoiled with this lovely weather.

Big thank you to all the volunteers who came out October 13 and 14 to help with our schooling horse shows. We had a decent turn out on English day and outstanding attendance on Sunday's Western day. We didn't have enough volunteers for everything to run smoothly, hopefully next year more members are able to help. The LBHA board members picked up the slack but we needed more bodies. I learned how to operate the computer to record entries and show results. It was very exciting to see more and more riders showing up throughout the day. Our walk/jog classes were the largest and we'll be adding more in 2019. Our show is always the second weekend in October.

We'll be skipping our general meeting this month since it falls the day before Thanksgiving, but mark your calendars for our Annual Christmas party December 19th at the Auburn Round Table located at 370 Elm Ave, Auburn, CA 95603.

Keep on riding before the rain hits and Happy Holidays!

*Liz Daffner*



Robert Sydnor's Trail Reports <https://groups.google.com/forum/#!/forum/horsetrails>

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR

## 2018 OFFICERS AND BOARD MEM-

|                   |                   |              |
|-------------------|-------------------|--------------|
| <b>PRESIDENT:</b> | Liz Daffner       | 916-708-1244 |
| <b>VICE PRES:</b> | Joe Warlow        | 530-551-6693 |
| <b>TREASURER:</b> | Janis Rau         | 916-652-0894 |
| <b>SECRETARY:</b> | Maureen Henderson | 916-663-9362 |

### BOARD OF DIRECTORS

|                  |              |
|------------------|--------------|
| Bruce Renfrew    | 650-773-1863 |
| Flo Faoro        | 916-663-3437 |
| Greg King        | 916-804-5659 |
| Sherry Dabaere   | 916-652-8009 |
| Kathy Dombrowski | 916-652-5204 |

### COMMITTEE HEADS

|                  |                   |              |
|------------------|-------------------|--------------|
| Trail Info.      | Robert Sydnor     | 916 335-1441 |
| Trail Maint.     | <b>OPEN</b>       |              |
| Historian        | Donna Kelly       | 916 956-6248 |
| Publicity-       | Laurene Davis     | 916-708-1244 |
| Horseshow        | Janis Rau         | 916-652-0894 |
| Traylor Ranch NR | Dave Faoro        | 916-663-3437 |
| County Liaison   | Maureen Henderson | 916-663-9362 |
| Newsletter       | Denise Howell     | 916-207-2543 |
| Arena            | Kathy Dombrowski  | 916 652-5204 |
| Arena            | Denise Howell     | 916-207-2543 |
| Membership       | Kathy Dombrowski  | 916 652-5204 |

### PLACER COUNTY PARKS ADMINISTRATOR

Andy Fisher 530 889-6819

### PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

### CALIFORNIA STATE PARKS – Gold Fields District

Jason De Wall (Supervisor) 916 988-0205  
 Brian Moses (trails maint super) 916 240-7198  
 State Parks Dispatch 916 358-1300  
 (Call above number for incidents in State Parks)



### TRAYLOR RANCH NATURE RESERVE

**NO MORE SCHEDULED WORKDAYS  
THIS YEAR!**

If we have any extra work days, watch the Traylor Ranch Face Book page or your email.

If anyone sees any issues while out at the park, please let me know.

If you have any questions, don't hesitate reaching out to me.

Thanks everyone for your support!

*Dave Faoro*

**TRNR Committee Chairman,**



### Things I'm Thankful for:

1. My Horse
2. All that other Stuff



**LBHA  
General Meeting Minutes  
October 17, 2018**

Meeting was brought to order at 6:40 pm.

Board members present: Liz Daffner, Janis Rau, Kathy Dombrowski, Greg King

We reviewed the 2018 Horseshow.

Discussed a check list for next year.

- Encourage everyone to get sponsors.
- Use our email data base to increase advertising events and getting volunteers.
- Email class list and posters to trainers.
- Revise entry forms and make class list a 3 fold flyer.
- Revise class list for English and Western

Thank you cards were signed by everyone at the meeting to be sent to our horse show sponsors.

Meeting was adjourned at 7:40 pm.

Respectfully Janis Rau, Treasurer

**Thank You 2018 Sponsors**

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Liz Daffner DILIGENCE WEALTH MANAGEMENT  
Kathy Dombrowski with RAPTOR RIDGE RANCH  
Denise Howell, Realtor, Coldwell Banker Residential  
PLACER FARM SUPPLY  
Maureen Henderson  
Janis & Pete Rau



# Wright's Lake Equestrian Camp

Eldorado National Forest, Pacific Ranger District

by Robert H. Sydnor

A.E.R.C. Trail Master; California state Certified Engineering Geologist #968

July 1, 2018 *(second edition with extra maps added)*

## Introduction:

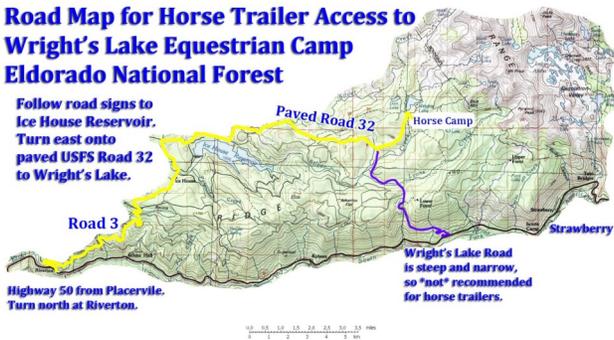
During the hot summer months, many equestrians enjoy camping at higher altitude in the Sierras. The equestrian campground with **15 sites** at Wright's Lake has been a favorite of horsemen for many decades. There is trailhead access to the Desolation Wilderness Area via Rockbound Pass.

## Location Map and Driving Directions:

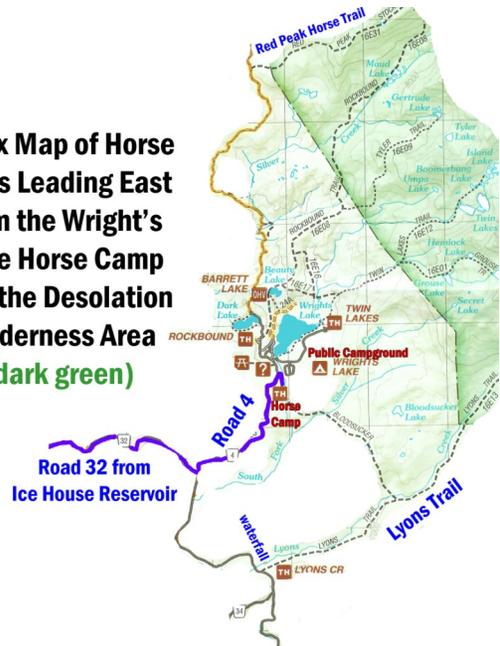
From Highway 50, turn north at Riverton onto **Road #3**, and follow signs to Ice House Reservoir. Turn east onto paved U.S. Forest Service **Road #32**, and follow it to the junction with the Wright's Lake Road (**Road #4**). Proceed north to Wright's Lake. This longer route through Ice House Reservoir is relatively safer for heavily-loaded horse trailers, compared with the steep and narrow road that begins 4 miles west of Strawberry.

### Road Map for Horse Trailer Access to Wright's Lake Equestrian Camp Eldorado National Forest

Follow road signs to Ice House Reservoir. Turn east onto paved USFS Road 32 to Wright's Lake.



### Index Map of Horse Trails Leading East from the Wright's Lake Horse Camp into the Desolation Wilderness Area (dark green)



### U.S. Forest Service Reservations

Wright's Lake Equestrian Campground costs \$20 per day. U.S. Forest Service reservations are made through the federal website: [www.recreation.gov](http://www.recreation.gov)

There are 15 equestrian camping sites, numbered E-69 through E-83. The better campsites are on the east side, shaded by trees, and adjacent to the south fork of Silver Creek. Several of these are group-campsites, such as #E-80 and #E-81. Some of the west-side campsites with pull-through access are optimum for large 3-horse trailers. Each campsite has been photographed and posted onto Google Earth, so that equestrians can visualize the campsite *before* making a reservation.

Advance reservations are essential for popular weekends in the summertime, and highly advisable for week-days. *If you show-up with no reservations, and if you are lucky, there might be vacancies. Then it is possible to register on-the-spot and pay cash using an envelope at the pay station.*

It is required to have a horse *with you* for horse camping; this avoids the problem of fake reservations and clever usurpers from the general public when the main campground is full (which is most of the summertime). There is a maximum of six people and two vehicles per campsite. Some horse campsites are more level than others; some are better for short trailers that can be backed-in; campsites on the east side have a forested canopy with shade. The 15 horse campsites are arranged in an oval driveway (about 200 yards long and roughly 150 yards wide).

The central grassy meadow can be used for grazing, but only for horses that are accompanied by a rider with a lead-rope. Horses *cannot* be picketed in the central meadow for grazing all night long (*refer to sign-post at right*).

Bring portable octagonal corrals or high-tie from the side of your horse trailer. Bring manure forks and buckets so that your campsite is left clean for the next equestrian camper.

There are two vault toilets, each with a dumpster and a water faucet. There are no showers, no bear-boxes, no electric hook-ups, no sewage disposal, no pipe-corrals, no hitching posts, no high-tie poles, and no cell-phone coverage.

Each site has a picnic table and a fire-ring. The water faucets have a smooth bib with no threads, so that a hose cannot be attached. You will have to carry horse water using small buckets. Bring your own firewood; no campfire permit is required within the campground. Sometimes there is large bulk firewood on the east side from fallen trees each winter. So bring an axe and a saw to reduce the bulky firewood into suitable smaller pieces. There are lots of mosquitoes and flies in the summertime, so bring mosquito repellent for your horses and yourself.

On the southeast side of the equestrian campground is the South Fork of Silver Creek, so Group Campsites #E-80 and #E-81 (*shown below*) have the pleasant sound of a running burbling stream with a large quiet pool below.

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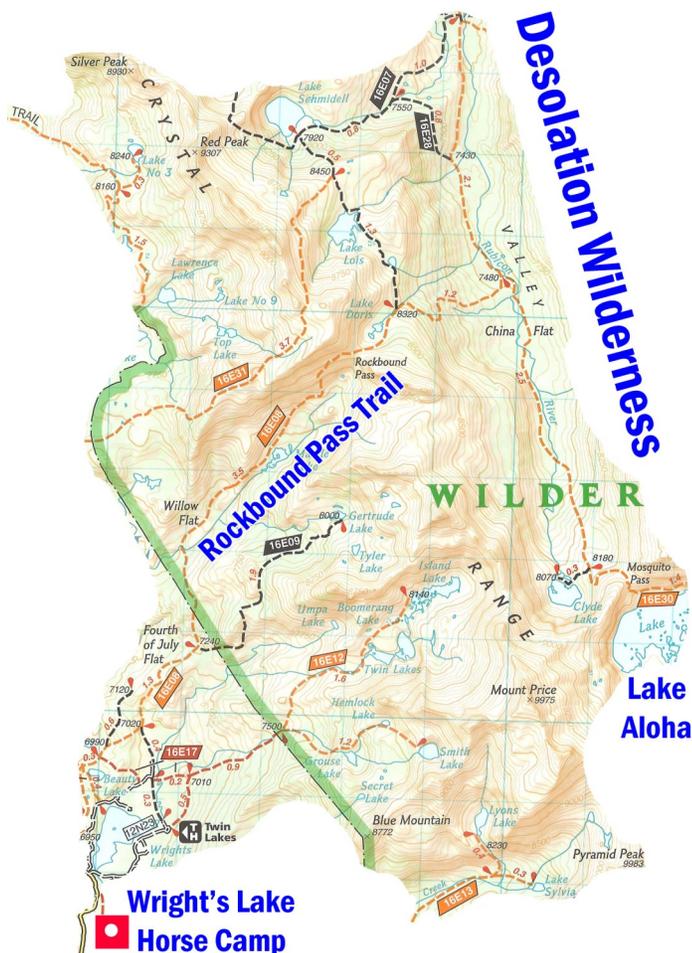


The elevation of the equestrian campground is **6,960 feet**, with high diurnal fluctuation in summer temperatures (cold nights and hot days), so bring **horse blankets**. The coordinates of the equestrian campground are 38.833°North and 120.233°West. Wright's Lake Equestrian Campground is set about a half-mile away from the USFS family campground at Wright's Lake. This separation avoids safety problems with small children and disruptions to horses from a noisy public campground.

The information bulletin board shows the trail system that leads in several directions from Wright's Lake. Trail maps may be purchased from **Eldorado National Forest Interpretative Association**, < <http://enfia.info> >

There are no trail maps dispensed at the trailhead bulletin boards. Cleverly photograph trail-maps with your iPhone. Several trail maps are included in this report; print them out at home and bring the maps with you. As explained at the bulletin board, all of the foot trails near the public campground and around the shoreline of Wright's Lake are restricted for horses.

For general questions about Wright's Lake Recreation Area, telephone the U.S. Forest Service at (530) 644-6048. There is a visitor's center that is seasonally open during the summer months at Wright's Lake (near the Ranger Station), and trail information and horse-camping rules can be obtained there.



Views of the trailhead into Rockbound Pass and the Desolation Wilderness. Day-Use and Overnight camping **permits are required** for the Desolation Wilderness Area to balance the volume of traffic on the trails during the summer months.



**MEMBERSHIP**

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

**All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st. Pay on line the easy way!**

Being an LBHA Member is a great way to give back to our community.

**We thank you in advance.**

**AD FEES For LBHA Members**  
(Non-Members add \$10 to below fees)

**NEWSLETTER ADS** Deadline is the 25<sup>th</sup> of the month  
 ½ page: 1year \$60 Includes Business card on Website.  
 ½ page: 6mos \$30 one time \$5 Full page one time \$10  
 Business Card Ad per issue: \$10 / issue  
 Business Card Ad/year: \$40/year includes card on Website

**DIRECTORY ADS** Deadline for Directory ads is March 1  
 Full Page Ad: \$25  
 ½ Page Ad: \$15  
 Business Card Ad: \$10 - Free for **LBHA Business Members**

**WEB ADS**  
 Business Card Ad – one year Members \$40  
**Free to Business Members**  
 Classified Ads- Free to Members

**NOTE add \$10 to fee for Non-LBHA members**



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 Auburn, CA 95603

Owned And Operated By NRT LLC.



**Loomis Basin  
Equine Medical Center, Inc.**

**Office Hours**  
Monday thru Saturday  
8:00am - 6pm

**Appointment Hours**  
Monday thru Saturday  
9:00am - 5pm

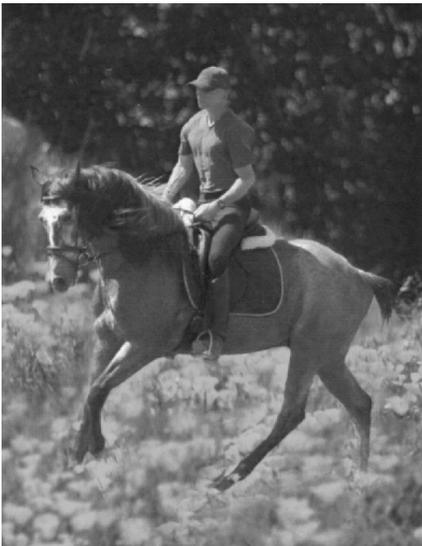
In-house & Ambulatory Emergency Services available 24 hours/7 days

**(916) 652-7645**  
2973 Penryn Road Penryn, CA 95663  
Visit us at: [lbemc.com](http://lbemc.com)

**DOCTORS**

Langdon Fielding, DVM, Dipl ACVECC  
Catherine Jacobs, DVM  
Jill Higgins, DVM  
Robert Morgan, DVM  
Diana Stolba, DVM  
Eduardo DeLaCruz, DVM  
Jennifer Mayer, VMD  
Emily Wilson, DVM  
Elizabeth Howard, DVM

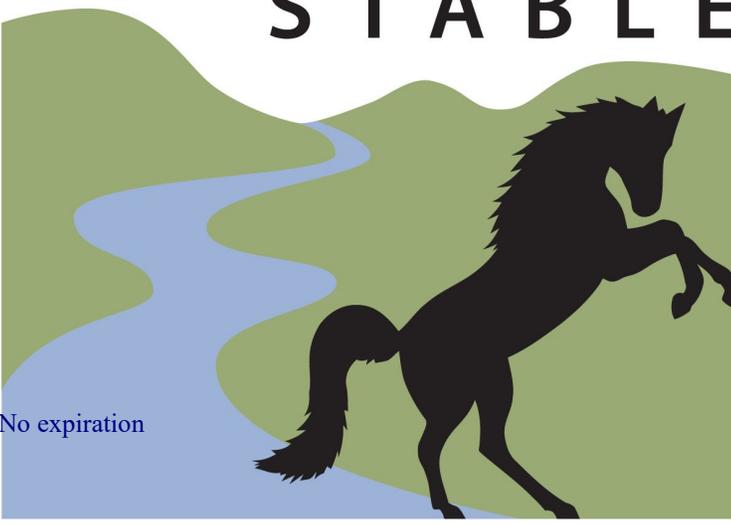
Jason Errico, DVM Dipl ACVS - Surgery  
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



**Martin Courtney**  
Dressage Training  
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[MCDressage.Shutterfly.com](http://MCDressage.Shutterfly.com)

# Knicker Knob

## STABLE



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**Boarding/Lesson special:** Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

**Boarding** barn stalls | pipe corrals | pasture from \$305

**Amenities** 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

**Riding lessons** Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

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**Liz Daffner**  
Financial Advisor

**(916) 905-7526**  
6520 Lonetree Blvd.  
Rocklin, CA 95765  
liz@diligencewm.com  
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## Next Meeting

November 7th Board Meeting Open to Members: Round Table Pizza, Raley's Shopping Center in Loomis 6:00 pm

December 19th Membership Meeting and Christmas Party, Round Table Pizza, 370 Elm Ave, Auburn 6:00 pm to 8:00 pm

**2018 Meetings are the 3rd Wednesday of every month.**  
Please watch the Newsletter and Website for scheduled topics.

Please see our Events Calendar on Website at [Www.lbha.us](http://www.lbha.us)

## Reminder!

LBHA has a new electronic Membership form available on our website that let's you pay your renewals through paypal if you choose. Find it under the JOIN tab.

## Arena

Please NO TRAILERS or HORSES on the asphalt parking lot. No barrels, poles or other equipment may be used in the arena. Small Orange cones allowed. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)

### Horse Show Memories



## Cough, Wheeze . Could That Be Heaves?

A chronic cough, labored breathing, nasal discharge, exercise intolerance--those are classic signs of heaves, also known as broken wind, recurrent airway obstruction and chronic obstructive pulmonary disease (COPD). Allergies play a major role in heaves, which is a lot like human asthma, and affects about 12 percent of horses, says Sarah Gardner, DVM, PhD.

Allergies are also suspected in a related syndrome, inflammatory airway disease. IAD produces milder signs than heaves, but it tends to affect younger horses. Heaves typically doesn't show up until a horse is older than 6, but in some studies, Dr. Gardner says, 22 to 50 percent of young Thoroughbred and Standardbred racehorses showed signs of IAD.

**Triggers:** Barn dust is the most common culprit in allergic respiratory reactions. This is organic dust, full of mold spores, pollen and endotoxins produced by certain bacteria. In horses predisposed to heaves, the dust irritates the airways and triggers an allergic bronchitis. Some unfortunate horses (mostly in the Southeast) have "grass heaves" and develop seasonal signs while on pasture. Airborne pollen and mold are most likely responsible in these cases.

Find the cause by noting when and where your horse's symptoms appear. Generally, skin tests aren't very helpful in isolating more specific causes for these reactions, Dr. Gardner says. Similarly, it's not clear that allergy shots can help. More research is needed.

**Management:** Providing good air circulation in your barn and cutting down on dust--for example, by storing hay in a separate building and using low-dust bedding such as shredded paper--may reduce the symptoms. But those steps often aren't enough, Dr. Gardner says.

If your horse reacts to dust, he'll do best living outside, with a run-in shed, full time. Replace his hay with a forage substitute. Give him a pelleted complete feed or a fermented hay product such as Horsehae (Tri-Forage, [www.triforage.com](http://www.triforage.com)).

If your horse develops signs on pasture, he may do best in a clean, low-dust barn with turnout on a dry lot.

If he reacts to both dust and pasture, the dry lot (with a run-in shed) should be his home during the season when his pasture allergies flare.

**Medications:** Drugs can help your horse breathe more easily while his lifestyle is adjusted. Dr. Gardner prescribes corticosteroids and, if necessary, a bronchodilator. She generally recommends inhaled drugs, which act locally rather than systemically. Her goal is always to get the horse off medication as soon as possible. But sometimes management alone can't control the symptoms. A horse with a pasture reaction may need corticosteroids through the growing season, for example.

*Stephen White, DVM, is a board-certified veterinary dermatologist and a professor in the Department of Medicine and Epidemiology at the University of California Davis School of Veterinary Medicine. Sarah Gardner, DVM, PhD, is an associate professor at the College of Veterinary Medicine of North Carolina State University Raleigh, where she specializes in respiratory conditions.*

*This article is reprinted from the April 2007 issue of Practical Horseman.*

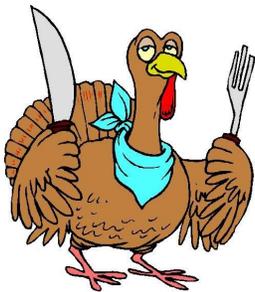




**Happy Thanksgiving!**



*From the Loomis Basin Horsemen's Association*



**ABOUT LBHA**

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

**Loomis Basin Horsemen's Association**

P.O. Box 2326  
Loomis CA 95650

E-MAIL:  
lbha@garlic.com

We're on the Web!

*See us at:*

**Lbha.us**

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**Get Info on**

- Trails
- The Arena at the Park
- Meetings
- Clinics
- Traylor Ranch
- LBHA Horseshow

