

# Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 37 Issue 3

MARCH 2019

## Newsletter

### Highlights:

- **Traylor Ranch**  
Pg 2
- **February Meeting Minutes**  
Pg 3
- **Placer Cty Master Plan Update**  
Pg 3
- **Trails at Deer Creek**  
Pg 4, 5
- **Do Horses Smile?**  
Pg 6
- **Membership & Ad Fees**  
Pg 7
- **Next Meeting**  
Pg 9
- **Arena**  
Pg 9

## PRESIDENTS MESSAGE by Liz Daffner

### Howdy!

This February's meeting was a wonderful *treat* with a fabulous speaker Lenora Pritchard. Many new faces attended our meeting on reward based clicker training. Lenora began with the different styles of behavior training and helped us understand rewards from a horse's perspective. What I consider a reward might not mean anything from my horse's viewpoint. For example, a pat on the neck isn't very exciting compared to a small treat that releases dopamine in the brain and helps form new neurological pathways through positive association. This can change a horse's behavior and motivation when ridden or handled on the ground. I've never been big on treat giving, but she addressed the concept of mugging (when a horse is too eager for treats they get pushy) and how to teach respect while making training sessions fun for your equine partner. I love learning and being challenged to grow as a horse-woman.

This topic and the science behind it, made me pause and reconsider many of my current training methods. I've already applied some of the training concepts to a new horse I'm starting under saddle and I'm pleased with the results.

Thank you Lenora for making a big impact at our monthly meeting. My horses thank you too.

Happy Trails!

Liz Daffner



SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR

## 2019 OFFICERS AND BOARD MEMBERS

### COMMITTEE HEADS

<b>PRESIDENT:</b>	Liz Daffner	916-708-1244
<b>VICE PRES:</b>	Greg King	916-804-5659
<b>TREASURER:</b>	Janis Rau	916-652-0894
<b>SECRETARY:</b>	Maureen Henderson	916-663-9362

### BOARD OF DIRECTORS

Bruce Renfrew	650-773-1863
Joe Warlow	530-551-6693
Denise Howell	916-207-2543
Kathy Dombrowski	916-652-5204
Kate Johnson	

### COMMITTEE HEADS

Trail Info.	Robert Sydnor	916 335-1441
Trail Maint.	<b>OPEN</b>	
Historian	Donna Kelly	916 956-6248
Publicity-	Laurene Davis	916-708-1244
Horseshow	Janis Rau	916-652-0894
Traylor Ranch NR	Dave Faoro	916-663-3437
County Liaison	Maureen Henderson	916-663-9362
Newsletter	Denise Howell	916-207-2543
Arena	Kathy Dombrowski	916 652-5204
Arena	Denise Howell	916-207-2543
Membership	Kathy Dombrowski	916 652-5204

### PLACER COUNTY PARKS ADMINISTRATOR

Andy Fisher 530 889-6819

### PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

### CALIFORNIA STATE PARKS – Gold Fields District

Jason De Wall (Supervisor) 916 988-0205  
 Paul Perez (trails maint super) 916 240-7198  
 State Parks Dispatch 916 358-1300  
 (Call above number for incidents in State Parks)

*May your day be touched by a little Irish Luck, brightened by a song in your heart, and warmed by the hearts of the horses you love.*



### TRAYLOR RANCH NATURE RESERVE

If we have any extra work days, watch the Traylor Ranch Face Book page or your email.

If anyone sees any issues while out at the park, please let me know.

If you have any questions, don't hesitate reaching out to me.

Thanks everyone for your support!

*Dave Faoro*

**TRNR Committee Chairman,**  
[dave\\_lbha@faoro.us](mailto:dave_lbha@faoro.us)



**MINUTES**  
**LBHA General Meeting**  
**February 20, 2019**

The general membership meeting was held at the Loomis Round Table Pizza. The following Board members were present: Liz Daffner, Maureen Henderson, Greg King, Joe Warlow, Janis Rau, Kate Johnson, and Bruce Renfrow. Kathy Dombrowski and Denise Howell were not present.

The meeting commenced at 6:30 p.m. There were many new guests so introductions were made. Maureen reported on trails. Laurene reported on upcoming events. Liz reported on an upcoming ride in Arbuckle, California.

Our speaker was Lenora Pritchard. Lenora has been involved with clicker training for many years. First with dogs and then for the last 8 years with horses, donkeys and mules. She lives in Auburn and manages BeHooved Hoof Care and Sacramento/Sierra Foothill Area Equine Positive Reinforcement. Lenora gave a talk on equine clicker training which is a relatively new method of training that is becoming popular with horse owners. This method of training is based on using positive reinforcement (food rewards in conjunction with a precisely timed audible "click") to teach the horse correct behavior.

The next general membership meeting will be held on March 20, 2019 at Loomis Round Table Pizza.

Submitted by Maureen Henderson, Secretary

This is from GCTC member, Karen Wyeth, who attended the Plan's meeting in Auburn:

=====

PLACER CO DRAFT PARKS AND TRAILS MASTER PLAN PRESENTATION TO THE BOARD OF SUPERVISORS  
Harry and I went to the Placer County Board of Supervisors on Tues. re. Hidden Falls Expansion and the County Park, Trail and Open Space Master Plan. These items were an update by staff along with a request for additional funds to pay the consultant for environmental report preparation services for the Hidden Falls Expansion Project. The Draft Plan for Hidden Falls Expansion should be available for public review in May 2019. A decision is likely in September. The Draft Master Plan is expected to be released in May 2019. There was no anticipated approval date for that project.

The Board took comments from the public, which focused on concerns over the Hidden Falls Expansion. Impacts from traffic, the need for increased public safety personnel, and impacts on agricultural operations were the major concerns. These should be analyzed in the EIR.

In the Master Plan maps, staff highlighted the creation of the Donner Memorial Trail, which would go from Donner Lake to Kingvale, a trail closer to Rt. 80 primarily for mountain bikes so they could avoid the section where they aren't allowed on the Western States / Tevis Cup trail, improving the Bear River campground, and upgrading the Dutch Flat pool, among other projects in the more developed areas of the county.

Karen Wyeth  
<[kawyeth@gmail.com](mailto:kawyeth@gmail.com)>

=====

Jaede Miloslavich  
Gold Country Trails Council Notifications  
[www.GoldCountryTrailsCouncil.org](http://www.GoldCountryTrailsCouncil.org)  
JOIN US ON FACEBOOK!  
[www.facebook.com/groups/312816352475/](http://www.facebook.com/groups/312816352475/)

## Equestrian Trails at Deer Creek Hills, Sacramento Valley Conservancy

near Rancho Murieta, eastern-most Sacramento County

by Robert H. Sydnor, *Equestrian Docent and Geologist Docent, Sacramento Valley Conservancy*  
February 2019

### Introduction

Deer Creek Hills is an open-space preserve of 4,062+ acres owned and operated by the Sacramento Valley Conservancy. This large open-space was established in 1990. Deer Creek Hills is located about 3 miles north of Rancho Murieta in eastern Sacramento County (*refer to map on next page*).

The optimum safe route for heavy horse trailers is: From Highway 50, south along Sunrise Boulevard, then east on the Jackson Highway (=State Route 16), then turn northeast onto Latrobe Road, thence to Stonehouse Road. Latrobe Road then turns in to a poor-quality rough dirt road. Proceed east on Latrobe Road about 1.5 miles to the Corral which serves as the equestrian assembly area.

Bring your own **weed-free horse pellets** and horse water. **Do not bring bales of hay.** OK to bring corn-oats-barley (C.O.B.) feed. Adverse history: We have had significant problems with **imported invasive weeds** derived from baled hay. These invasive weeds needed to be blow-torched dead, and the roots needed to be dug-up. This was a lot of work by the SVC Docents. This is an adverse situation that is easy for equestrians to avoid by using **pelleted feed or C.O.B.**

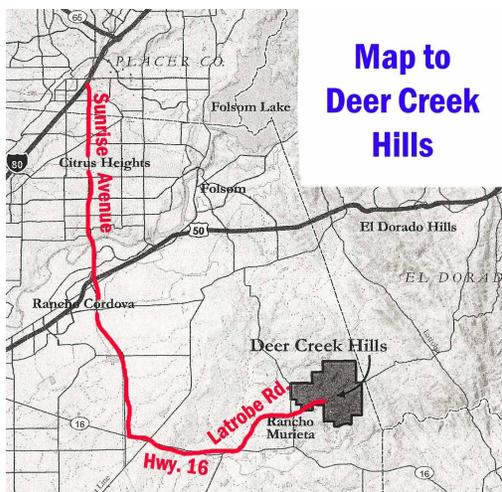
For the past two decades, the Sacramento Valley Conservancy has operated a combination of docent-led scientific hikes (history, geology, birding, botany, wildflowers), equestrian rides, a cowboy breakfast, self-led hikes at slow pace, mountain biking, Scout camping, and bat-night observations combined with astronomy night. Most of the trail activities are on the weekends from January through May, with fewer events due to the severe heat of the summer.

Equestrian rides are typically 30 to 35 horses, from approximately 10:00 AM until mid-afternoon.

**All riders must register and sign a liability release form.**

The equestrian rides are led by an experienced Equestrian Docent who is a veteran rider who knows the horse trails. This is a **working cattle ranch**, so horses will pass through cattle gates, then close them afterwards. There are dozens of miles of looping trails for horses, most of these are old ranch roads.

For a complete review of Deer Creek Hills and a current schedule of monthly activities, please visit the SVC website: [www.SacramentoValleyConservancy.org](http://www.SacramentoValleyConservancy.org)



**Map to  
Deer Creek  
Hills**

### **A word of caution:**

Do **not** follow your G.P.S. dashboard instructions to Deer Creek Hills.

This robot will *wrongly* advise you to use the *shortest* route: Scott Road (which is often flooded and has narrow 90-degree turns); and Stonehouse Road (which has very steep blind hills with fast on-coming traffic).

For heavy horse trailers, use the much safer **Latrobe Road** from Highway 16 (known as the Jackson Highway).

The **safe route** for heavily loaded horse trailers is shown on the map at upper left.



**Cowboy Breakfast at the Corral**  
Deer Creek Hills, Sacramento Valley Conservancy



Dave Jones, Lead Docent for Equestrians  
in historic cowboy gear from 1880's era



**Captain Dave Jones, US Cavalry**



Old Ranch Roads  
within blue-oak forest  
at Deer Creek Hills,  
Sacramento Valley  
Conservancy



During the Springtime, there are many simultaneous Saturday events on the weekends in both the blue-oak forest and open rangelands of Deer Creek Hills.

These photographs provide a glimpse of many simultaneous Springtime activities: wildflower hikes; equestrian hikes; history and geology hikes; and self-directed hikes.

Equestrian rides are led by S.V.C. Lead Equestrian Docent **Dave Jones**, an experienced cowboy who enjoys wearing authentic western clothes from the 1880's, including Buffalo Soldiers from the U.S. Cavalry.

**Above:** SVC Lead Equestrian Docent **Dave Jones** enjoys dressing in period clothes for reenactment of the Ninth Cavalry, Buffalo Soldiers, United States Cavalry.

**Above:** Lots of horse trailers and equestrians for a splendid ride in sunshine at Deer Creek Hills.



**35 Equestrians headed-out for a Spring ride**  
**Deer Creek Hills, Sacramento Valley Conservancy**  
**Saturday morning, May 3, 2014**



## Do horses smile? They sure do.

Recent study results suggest horses have specific facial expressions that reveal positive emotions akin to “happiness,” in a sense. And while those expressions might not be the cheesy cartoon grin or the human ear-to-ear, they do represent the “equine happy face.”

“What we’re seeing really is a kind of ‘smile,’” said LéaLansade, PhD, of the French Horse and Riding Institute and the National Institute for Agricultural Research’s behavior science department, in Tours.

“And while in our scientific jargon, we don’t really use the adjective, ‘happy,’ the emotion we’re picking up from that ‘smile’ does strongly resemble a positive welfare state,” she said.

Many horse owners already recognize a sort of “smile” with their own horses, Lansade added. However, her research group picked up on particularly subtle expressions that owners might not always pick up on.

In their latest study, Lansade and her fellow researchers followed up on their grooming research to find body language—specifically facial expressions—related to positive emotions. While previous aspects of that [grooming study](#) centered on horses’ expressions of discomfort and other negative emotions, as well as what constitutes good and bad grooming, Lansade said she wanted this study to focus on the positive.

“Improving horse welfare can’t be limited to just avoiding negative emotions,” she said. “We need to strive towards a maximum of positive emotions.”

Lansade and colleagues groomed horses in two different ways. In the “standard” way, grooming was carried out in a traditional method and was continued regardless of how the horse reacted. In the [“gentle” way](#), groomers stopped certain movements when the horse showed signs of discomfort and continued other movements when the horse showed signs of pleasure.

The scientists recorded the horses’ body language and facial expressions—including seemingly very subtle expressions—and compared data to define trends. For this analysis, they used observation data from “blind” observers—meaning researchers that could see images of the horses’ faces but not which kind of grooming the horse was receiving. Then, a year later, they brought the same horses back for a grooming session to see what kinds of body language and facial expressions they gave from the start.

They found that horses have a set of expressions that tend to reveal their “happiness” during grooming, Lansade said. Those expressions included having “their necks moderately raised, their eyes half-closed, their upper lips extended and either immobile or twitching, and their ears pointing backwards almost in line with the nose.”

What’s more, they seem to have “happy memories” of that grooming because one year later, they show up at the grooming session with a “smile.”

Being able to recognize a horse’s “smile,” from its earliest stage, can lead to better welfare and a better horse-human relationship, Lansade said.

“Riders usually recognize the positive facial expressions of horses groomed in a ‘gentle’ way, when those expressions are obvious—like protruding lips that sometimes move a little bit, and half-closed eyes,” she said. “But sometimes, these expressions can be much more subtle. If you look closely, you can see just the upper lip just slightly stretching forward. That’s something that few riders actually notice. But that would be one of the first signs that we’re grooming the right way and that we should continue what we’re doing.”

Missing these details causes the same problem, in the opposite sense, with negative expressions, Lansade added.

“Few people know how to recognize that little tightening up of the corner of the lips, which is relatively subtle if you’re not paying attention for it,” she said. “But when you know it’s there, it’s easy to recognize. Identifying this sign of discomfort from the outset is crucial because then you can immediately change the way you’re brushing, before the horse needs to threaten you or suddenly avoid contact to make you understand. Being able to read our horses’ facial expressions (and in this case in particular, their lips) helps us improve communication considerably.”

The study, [“Facial expression and oxytocin as possible markers of positive emotions in horses,”](#) was published in *Scientific Reports*.



**MEMBERSHIP**

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

**All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st. Pay on line the easy way!**

Being an LBHA Member is a great way to give back to our community.

**We thank you in advance.**

**AD FEES For LBHA Members**  
(Non-Members add \$10 to below fees)

**NEWSLETTER ADS** Deadline is the 25<sup>th</sup> of the month  
 ½ page: 1year \$60 Includes Business card on Website.  
 ½ page: 6mos \$30 one time \$5 Full page one time \$10  
 Business Card Ad per issue: \$10 / issue  
 Business Card Ad/year: \$40/year includes card on Website

**DIRECTORY ADS** Deadline for Directory ads is March 1  
 Full Page Ad: \$25  
 ½ Page Ad: \$15  
 Business Card Ad: \$10 - Free for **LBHA Business Members**

**WEB ADS**  
 Business Card Ad – one year Members \$40  
**Free to Business Members**  
 Classified Ads- Free to Members

**NOTE add \$10 to fee for Non-LBHA members**



**Elite Horse Trailer Rental**

**Nancy Smith-Marvin**  
 850 S. Dowd Rd  
 Lincoln, CA 95648

**(916)224-7931**

nancy@elitehorsetrailerrental.com  
 www.elitehorsetrailerrental.com

**Blanket Repairs R Us**

"We Wash & Repair Horse Blankets"

**Vonnie Bays**  
 Owner / Manager

697 Havenwood Drive  
 Lincoln, Ca 95648

(916) 645-9000

lvbays@wavecable.com  
 WEB Site: Google-Blanket Repairs R Us



**RELIANCE PARTNERS**

11601 Blocker Drive, #200  
 Auburn, CA 95603  
 BRE#01914042

Direct: (916) 531-8804  
 Fax: (530) 328-1901  
 MikeLutzker.re@aim.com

www.homesalesplacercounty.com



**Mike Lutzker**  
 REALTOR®

For all Your Real Estate Needs  
 Including Ranch & Vineyard Properties



RESIDENTIAL BROKERAGE

**DENISE HOWELL**  
 Realtor  
 CalBRE# 01110357



OFFICE: 530.886.5746  
 CELL: 916.207.2543  
 EMAIL: denise.howell@cbtnorcal.com

500 Auburn Folsom Rd. #300  
 Auburn, CA 95603

Owned And Operated By NRT LLC.



**Loomis Basin  
Equine Medical Center, Inc.**

**Office Hours**  
Monday thru Saturday  
8:00am - 6pm

**Appointment Hours**  
Monday thru Saturday  
9:00am - 5pm

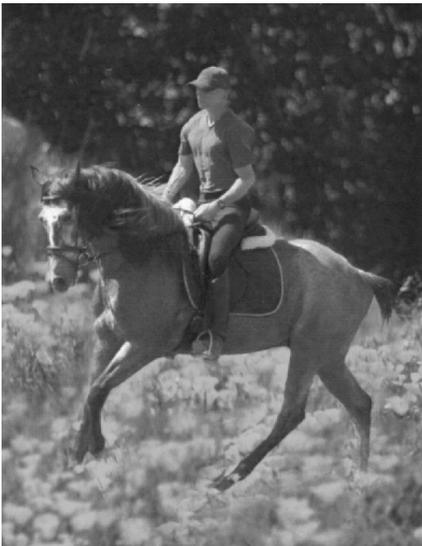
In-house & Ambulatory Emergency Services available 24 hours/7 days

**(916) 652-7645**  
2973 Penryn Road Penryn, CA 95663  
Visit us at: [lbemc.com](http://lbemc.com)

**DOCTORS**

Langdon Fielding, DVM, Dipl ACVECC  
Catherine Jacobs, DVM  
Jill Higgins, DVM  
Robert Morgan, DVM  
Diana Stolba, DVM  
Eduardo DeLaCruz, DVM  
Jennifer Mayer, VMD  
Emily Wilson, DVM  
Elizabeth Howard, DVM

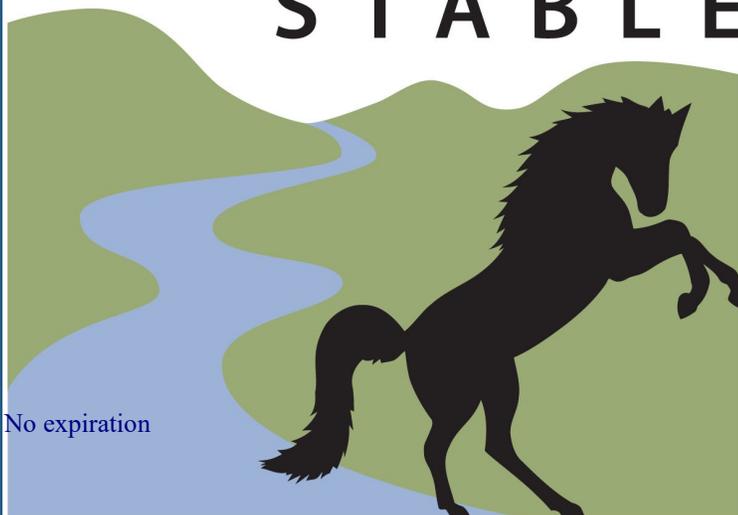
Jason Errico, DVM Dipl ACVS - Surgery  
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



**Martin Courtney**  
Dressage Training  
**(916) 719-5789**  
[MCDressage.Shutterfly.com](http://MCDressage.Shutterfly.com)

# Knicker Knob

## STABLE



No expiration

**LOOMIS, CALIFORNIA**

Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

**Boarding/Lesson special:** Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

**Boarding** barn stalls | pipe corrals | pasture from \$305

**Amenities** 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

**Riding lessons** Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

Terry 916.778.8651 Kathy 916.204.0346  
[www.knickerknobstable.com](http://www.knickerknobstable.com) [Facebook.com/KnickerKnobStable](https://www.facebook.com/KnickerKnobStable)



**Liz Daffner**  
Financial Advisor

**(916) 905-7526**  
6520 Lonetree Blvd.  
Rocklin, CA 95765  
liz@diligencewm.com  
www.diligencewm.co

**Independent Advisor, Solution Driven, Straight Shooter**

Securities and investment advisory services are offered solely through Ameritas Investment Corp. (AIC). Member FINRA/SIPC. AIC and Diligence Wealth Management are not affiliated. Additional products and services may be available through Elizabeth Daffner or Diligence Wealth Management that are not offered through AIC. CA Lic. #0G96786

### Next Meeting

**March 20 Meeting** Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650  
Eat 6:00 pm, Meeting 6:30-7:30 pm  
New Leisure Division in NATRC

**April 17 Meeting** Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650  
Eat 6:00 pm, Meeting 6:30-7:30 pm  
The Importance of Dental Care

### Reminder!

LBHA has an electronic Membership form available on our website that let's you pay your renewals through paypal if you choose. Find it under the JOIN tab.

### Arena

Please NO TRAILERS or HORSES on the asphalt parking lot. No barrels, poles or other equipment may be used in the arena. Small Orange cones allowed. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)



*From the Loomis Basin Horsemen's Association*

**ABOUT LBHA**

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

**Loomis Basin Horsemen's Association**

P.O. Box 2326  
Loomis CA 95650

E-MAIL:  
lbha@garlic.com

We're on the Web!

*See us at:*

**Lbha.us**

---

**Get Info on**

- Trails
- The Arena at the Park
- Meetings
- Clinics
- Traylor Ranch
- LBHA Horseshow

