

# Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 33 Issue 11

NOVEMBER 2017

## Newsletter

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## PRESIDENTS MESSAGE by Maureen Henderson

First and foremost, thank you everyone who stepped up and helped out at our recent horse shows. We couldn't have done it without you! A big thank you to Lisa Bradley for judging our English Show and the following judges who worked on judging our Western Show: Mandi Thompson - judging in the arena, Trail Judge Char Antuzzi and our Trail Trials Judge Theresa Haney of Loomis. We also had great announcing on Saturday by Patti Bell and on Sunday by Denise Howell.

November is our election month. This is when we will be looking for some of our members to join the Board. If you have ever thought about what you can do to make a difference, please give some serious thought to running for a Board position. All positions are open and you can nominate yourself. If trails are your passion, we certainly could use some more help in that area. If you are interested in seeing more clinics during the summer months, we welcome your ideas. It is always good to have new Board members with fresh ideas.

On **December 20**, LBHA will host a Christmas party for our members at Round Table Pizza at the **Elm Street location in Auburn**. Be sure to mark your calendars so you and your family will be able to attend. The pizza is on us. This is always a fun event and a great time to visit and get to know more members. Perhaps you will find a new riding buddy, you never know. At this meeting we will also hold the election for the 2018 Board of Directors.

Happy Thanksgiving to all and tally-ho!



Website to LBHA has been changed! [www.lbha.us](http://www.lbha.us)

**SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK, TRAYLOR RANCH AND THE RURAL LIFESTYLE**

## 2017 OFFICERS AND BOARD MEMBERS

### COMMITTEE HEADS

**PRESIDENT:** Maureen Henderson 916-663-9362  
**VICE PRES:** Melanie Warlow 408-621-0138  
**TREASURER:** Janis Rau 916-652-0894  
**SECRETARY:** Barbara Heyward 916-652-4781

### BOARD OF DIRECTORS

Dave Faoro 916-663-3437  
 Flo Faoro 916-663-3437  
 Greg King 916-804-5659  
 Sherry Dabaere 916-652-8009  
 Kathy Dombrowski 916-652-5204

### COMMITTEE HEADS

Trail Info. Robert Sydnor 916 335-1441  
 Trail Maint. **Open**  
 Historian Donna Kelly 916 956-6248  
 Publicity- Liz Daffner 916-708-1244  
 Horseshow Janis Rau 916-652-0894  
 Traylor Ranch NR Dave Faoro 916-663-3437  
 County Liaison-Trails **Open**  
 Newsletter Denise Howell 916-207-2543  
 Arena Kathy Dombrowski 916 652-5204  
 Arena Denise Howell 916-207-2543  
 Membership Kathy Dombrowski 916 652-5204

### PLACER COUNTY PARKS ADMINISTRATOR

Andy Fisher 530 889-6819

### PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

### CALIFORNIA STATE PARKS – Gold Fields District

Jason De Wall (Supervisor) 916 988-0205  
 Brian Moses (trails maint super) 916 240-7198  
 State Parks Dispatch 916 358-1300  
 (Call above number for incidents in State Parks)



### TRAYLOR RANCH NATURE RESERVE

**We're Done for the Season!**  
**Thank you to all that**  
**helped maintaining**  
**Traylor Ranch**  
**2017!**

We cancelled our August Work-day. Only a little cleanup is necessary. The trails are in pretty good shape but we have areas which could use some weedwacking. I understand if you can't make the actual workday but if you are willing to come out for a couple of hours at other times and do some weedwacking, please contact me. We can arrange things.

<https://www.facebook.com/TraylorRanchNatureReserveandBird-Sanctuary/>

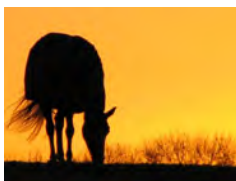
If you have any questions, don't hesitate reaching out to me.

*Dave Faoro*



**TRNR Committee Chairman,**  
**[dave\\_lbha@faoro.us](mailto:dave_lbha@faoro.us)**

*May your joys be as countless  
 as the golden grains on this  
 Thanksgiving.*



**MINUTES**  
**LBHA Board and General Meeting**  
**October 18, 2017**

Meeting was called to order by Maureen at 6:30 pm. The following Board members were present: Maureen Henderson, Janis Rau, Dave Faoro, Kathy Dombrowski, Greg King and Sherry De-baere. Not Present: Flo Faoro, Melanie Warlow and Barbara Heyward.

Janis Rau gave the Treasurer's Report.

Dave reported on the new P.A. system he purchased for the arena. We still need to purchase a new microphone.

Arena upgrades: Matter tabled until a bid has been received from John Foerstal.

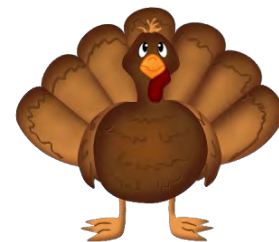
Misc. Gift cards and thank you notes will be purchased for clinicians who donated their time this past summer to enable our summer event schedule.

Horse Show: The remaining time at the meeting was a discussion of the horse show to determine how we can make improvements. A motion was made, seconded and unanimously voted upon that in the future for championship classes, we present both Champion and Reserve Champion Ribbons and that a halter will be presented to the Champion. There was a lot of input from those present and the horse show committee is already beginning work on the shows for next year.

The next meeting will be held on Wednesday, November 15, 2017 at Round Table in Loomis. Eat at 6:00 pm, meeting at 6:30 pm.

The meeting adjourned at 7:25 pm.

Submitted by Maureen Henderson  
Acting Secretary



## Lost & Found & For Sale



Did you find anything out on the trail?  
 Did you find anything at our Arena?  
 Have you lost anything out on the trail?  
 Have you lost anything at our arena?  
 Let Us Know!

What  
once  
was  
**L** Now is  
**FOUND**  
**S**  
**T**

Link to our Classifieds on our LBHA Website  
[www.lbha.us](http://www.lbha.us)

## ARENA

**ARENA::** Please NO TRAILERS or HORSES on the asphalt parking lot. ALSO, no barrels, poles or other equipment may be used in the arena. Small Orange cones are OK. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)

Pride is no longer doing maintenance, now have a new company that knows what to do. A new sign up has gone up on the trail for Trail Right of Way. Horses have the right of way. The swing over the creek is gone. The pile of red dirt in the gravel parking lot before the red gate was dumped with out permission. As soon as Roads can get to it they will remove it. If anyone needs some fill dirt, they can take all they want.



**Advertise Your Business  
 Here**

## Thanksgiving Blessings





## MEMBERSHIP

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

**All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st. Pay on line the easy way!**

Being an LBHA Member is a great way to give back to our community.

**We thank you in advance.**

### AD FEES For LBHA Members

(Non-Members add \$10 to below fees)

**NEWSLETTER ADS** Deadline is the 25<sup>th</sup> of the month  
 ½ page: 1year \$60 Includes Business card on Website.  
 ½ page: 6mos \$30 one time \$5 Full page one time \$10  
 Business Card Ad per issue: \$10 / issue  
 Business Card Ad/year: \$40/year includes card on Website

**DIRECTORY ADS** Deadline for Directory ads is March 1  
 Full Page Ad: \$25  
 ½ Page Ad: \$15  
 Business Card Ad: \$10 - Free for **LBHA Business Members**

### WEB ADS

Business Card Ad – one year Members \$40

**Free to Business Members**

Classified Ads- Free to Members

**NOTE** add \$10 to fee for Non-LBHA members



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 850 S. Dowd Rd  
 Lincoln, CA  
 95648

**(916)224-7931**

nancy@elitehorsetrailerrental.com  
 www.elitehorsetrailerrental.com

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Owner / Manager

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## Horse Shows A Huge Success!

Our 2017 Horse Shows were very well attended this year with perfect weather and as usual, "if you build it, they will come."

We had an impressive line-up of both western and english horses and our new Ranch Riding classes seemed to be a big hit.

Our judges were wonderful and we at LBHA give them a big hand for not only loaning their judging expertise but sharing their knowledge with our exhibitors in several of our classes. Thank you Mandi Thompson, Lisa Bradley, Char Antuzzi and Terry Haney.

Several of us got together after the show and gave our class list a huge update with input from our judges. Be sure to watch for next year's premium on our website at [lbha.us](http://lbha.us). There will be some big changes and even grander prizes for our Championship classes.

Thank you all for your support in attending and sponsoring. We need you all to make this work. Remember "it takes a village...."



## Cushing's Disease

You have just discovered that your horse has Cushing's disease? You want to know as much about it so that you can extend the usefulness and quality of life for your horse?

Equine Cushing's Disease is also known as Cushing's Syndrome and also referred to as Pituitary Pars Intermedia Dysfunction (or PPID). It is normally considered a condition of people and old dogs but has recently been accepted as a hormonal (endocrine) disorder in horses. While the condition is relatively rare, the recently developed tests have allowed it to become more easily identified, which has created a lot of interest.

It may be caused by a tumour or other dysfunction of the pituitary gland, or endocrine system in general, which in turn leads to over-secretion of cortisol by the adrenal gland. The pituitary gland is located near the base of the brain and it controls most of the body systems by secreting hormones (made in other parts of the body). With Equine Cushing's Disease, the part of the pituitary gland known as the pars intermedia, becomes enlarged and secretes large amounts of a variety of hormones. The most notable of these is the stress-hormone cortisol which is produced in the adrenal glands.

Persistent and abnormally high levels of hormone secretion causes a wide range of detrimental health effects for your horse, such as high blood sugar and the suppression of the immune system.

Equine Cushing's Disease is more common in older horses, although it has been known to occur in younger horses.

The tragedy about Cushing's Disease in both horses and dogs, is that because it occurs in later years, owners often mistake the disease for a general decline due to age. As a result in the past, many undiagnosed animals didn't receive appropriate treatment and sadly, were eventually euthanized.

In recent times it has become more commonly diagnosed due to better awareness of the disease, convenient diagnostic testing and an increase in the number of older horses.

The good news is that once it has been diagnosed, treatment is available, if long term, and in many cases allows the horse to return to normal health. Treatments include drugs and alternative methods, like photonic therapy.

Horses and ponies with Cushing's Disease can lead very happy and active lives. There are veterinary case history reports of horses and ponies returning from subclinical arthritis and laminitis, being pain-free and living in retirement quite happily without having to be retired prematurely.

The important thing to know about Cushing's Disease is that it is treatable and if your horse has it, it is possible for it to live many more happy and useful years.

### ***Signs of Equine Cushing's Disease***

There are many signs of Cushing's Diseases in horses. Often the signs increase overtime. They include:

(see next page)



- heavy hair growth that may be curly and doesn't shed normally
- excessive sweating (including heat stress in hot humid conditions)
- increased thirst and urination
- muscle wasting
- lethargy and poor performance
- an increased susceptibility to infection (particularly sinusitis, teeth and hoof infections)
- slow healing wounds
- pot bellied
- increased appetite
- weight loss (which may be hard to detect under the curly coat)
- Mucky eyes and sheath
- Fat pads around the eyes, along crest of the neck, above the tail and in sheath area
- Abnormal season or infertility in mares

A horse with Equine Cushing's Disease or Cushing's Syndrome will show one or more signs and not every affected horse will show every sign.

### ***Diagnosis***

While early diagnosis and treatment are desirable in counteracting the effects of Cushing's Disease and helping your horse to be more comfortable, the condition may be treated at any stage under certain guidelines.

Diagnosis includes observation for the signs of the disease and formal testing.

Even though the outward signs are often very obvious, a number of tests are available to make a positive diagnosis.

Tests commonly include a dexamethasone test and adrenocorticotrophic hormone stimulation. In addition, a test which combines these DST with a thyroid stimulating hormone release test will eliminate the overlap of the values of normal horses with those with pituitary tumors. The Overnight DST involves taking a sample of blood in the late afternoon then a synthetic form of cortisol is given immediately after, and the second blood sample is taken between 8am-12pm the next day. Cortisol levels are compared in the two samples.

In a normal horse the second sample should be 8-10 times lower than that of the first sample, as the synthetic cortisol suppresses normal cortisol release. In affected horses the second cortisol sample is either only partially suppressed or not suppressed at all and some have even higher levels than the night before.

These results in conjunction with suggestive clinical signs should confirm the diagnosis of Cushing's Disease.

Some people say that if the horse has a history of a long hair coat that doesn't shed properly, this may be as reliable a sign of the condition as specific blood tests.

Horses with Cushing's Disease are at risk of having laminitis, particularly if blood sugar levels are high. Diseases related to and sometimes mistaken for Cushing's Disease include Equine Metabolic Syndrome and Laminitis.



### ***Treatment and Management***

There is no conventional cure for Cushing's Disease or Cushing's Syndrome. It is progressive and any drug treatment to control the symptoms is likely to increase as the horse ages. Some horses may only need drugs during the seasonal rise or in the early stages of the disease. Others may need increased levels of drugs as the disease progresses.

There are several types of drugs that have been used in treatment, including hormone mimickers, hormone inhibitors or blockers and hormone stimulators. The drugs will not cure the disease but will help to reduce the risk of life-threatening complications and will make life more comfortable for your horse.

The correct dose of any drug is the lowest effective dose – that is as much or as little as necessary to control the symptoms. Most, if not all, drugs will have side effects.

After examination of the horse and in consultation with you, your vet should diagnose your horse and prescribe an appropriate course of conventional or complementary treatment as not all horses respond to drugs and will show no clinical improvements no matter how high the dose.

There is an alternative or complementary means of treatment that has been known to have positive results. Photonic therapy is the scientific application of light, to particular areas of the skin to produce particular physiological results such as pain relief, increased immune response and improved healing. Photonic therapy has been shown to be successful in treating Cushing's Disease. By understanding the science of how acupuncture works through the autonomic nervous system as well as the spinal nerve transmission from skin stimulation, [photonic therapy](#) offers a whole new paradigm and hope of long term relief for Cushing's Disease sufferers. Read more about photonic therapy and its application [here](#).

The other aspect of taking care of a horse with Cushing's Disease is management. These horses are susceptible to worm burdens, infections, weight loss and laminitis, especially if they are not being treated medically. Therefore on a routine and regular basis, your horse will need clipping of excessive hair, checking for wounds and infections, worming, dental checks and vaccinations kept up to date. While it is acceptable to shoe a horse every 6-8 weeks, it is imperative that every horse should spend at least 6 weeks every year without shoes.

Horses and ponies also need to be on a good quality diet of fresh grassy hay with some lucerne (alfalfa) and, depending on the work load, some oats and cracked corn. Pelleted feeds that have been heat processed or steam extruded should be kept to an absolute minimum as such feeds normally use wheat as the grain to form a binding agent. Wheat and, to a lesser extent, barley are poisonous to horses and should be restricted as they break down in the stomach rapidly and are the main cause of laminitis.

### **Prognosis**

If your horse has Cushing's Disease, or you suspect it, don't despair. If your horse has been with you for one year or many years, chances are you will want to care for them through the rest of their lives.

Keeping a horse with Cushing's Disease can be costly and time consuming. Veterinary drugs are expensive and even treated animals may get bouts of laminitis, skin conditions, insulin resistance and other health problems. Using alternative means of treatment such as [photonic therapy](#) may prove effective and less costly in the long term. There is often a special bond between horse and humans, particularly if the relationship has developed over time. Taking care of your horse into old age is often a very rewarding experience.

## Preventing Barn Fires

The risk of barn fire increases significantly in winter. By Dr. Thomas R. Lenz | October 19, 2017

When the weather grows cold and horses are moved indoors, the risk of **barn fires** increases dramatically. In the summer, lightning and spontaneous combustion of hay are primary causes of fire. In the winter, fire usually results from faulty heaters, electrical wiring problems or rodents chewing through wires.

Generally, a fire involving combustible materials such as wood, hay, straw and shavings doubles in size every minute – meaning you have about eight minutes to get your horses out of a burning barn. Even if the horses escape, **smoke inhalation** could cause permanent lung damage or even death. Prevention is paramount.

Search your barn for fire risks, correct them and keep them corrected.

### 11 Barn Fire Trouble Spots:

- If possible, store hay in a building separate from the horse barn. Hay that was baled damp can build up internal heat and ignite spontaneously.
- If hay must be stored in the barn, break a bale open every week or so to check for heat. If you feel heat between flakes of **hay**, remove the bales. Store the least amount of hay possible in the barn, preferably at the ground level and away from electrical wires.
- Rodents living in hay love to gnaw through the coating around electrical wires, and exposed wires could start a fire. To prevent this, all electrical wires in the horse barns should be encased in metal conduits.
- Light bulbs should have a metal mesh cage around them to prevent breaking.
- Install a smoke detector or heat detector above the haystack.
- Never store flammables such as gasoline and kerosene in the barn. Because many grooming aids, **insecticides** and leather-conditioning agents also are flammable, if the label says “flammable,” store the item away from the barn or in a fire-resistant metal tack box.
- Store gas-powered garden tractors and lawn mowers elsewhere.
- Clean the barn weekly and remove empty feed sacks, cobwebs and discarded hay.
- Get rid of dust on space heaters and heat lamps; it can spontaneously combust.
- Be especially careful with extension cords. Use the heavy-duty, industrial-rated type, and as soon as you’re finished with the task, unplug and put the cord away. Using one long cord is better than plugging several shorter cords together. If shorter cords must be used, tape the connections with electrical tape.
- Put the manure pile some distance from the barn. Heat generated by decomposing manure can start a fire if combustible materials are near.

### Eight Steps to Barn Safety:

- Install smoke detectors and check them periodically to make sure they work and the batteries are charged.
- Place fire extinguishers at strategic points in the barn and inspect them regularly.
- Install ceiling sprinklers where applicable, especially over stored hay and individual **stalls**.
- Institute a “no smoking” policy, or limit smoking to areas away from the barn.
- Ensure that all buildings have at least two easily accessible and unblocked exits.
- Install hoses attached to **water** taps in the barn, especially if the property is in a remote area difficult for the fire department to access. Hoses should be large enough to shoot water up onto the barn roof.
- Make sure everyone who lives and works on the property knows your fire evacuation plan and periodically conduct fire drills.
- Because horse owners often have only their name on mailboxes, firefighters unfamiliar with the area might have trouble quickly locating their property when responding to an alarm, so put your address on your mailbox



### TRAIL TRIALS SUMMARY

Riding a horse on a trail has always been one big obstacle course. The California State Horsemen's Association has taken this fact one step further and now has a fully recognized sanctioned program where riders are judged on their skills and abilities to guide their horses through a natural obstacle course. This type of course riding is known as "Trail Trials". Sanctioned CSHA Trail Trials are produced throughout the year all over California by equestrian clubs, individuals and the CSHA Regional area programs. . A "TT" consists of a ride with approximately 10-12 judged natural obstacles that appear along a trail of several miles in parks or private property. This is not an arena event!

The program is open to all breeds from Icelandic ponies to Warmbloods, as well as all riding disciplines. The rides consist of obstacles and situations people might encounter on a trail ride. A course is designed using the natural obstacles that already exist on a particular trail such as walking over logs, opening a gate, or maneuvering through a creek. In riding you may also encounter obstacles such as birthday parties, family BBQ's, volleyball games and mountain bikes...these are considered "natural" obstacles as well.

This is not a timed event, but casual in nature. Riders may be given a time limit to ride through a particular obstacle so that riders behind them don't get held back. Riders may ride as individuals or groups...so family participation is encouraged as family or friends may ride together.

Helmet use is recommended and encouraged. Any type saddle and any type of bridle are required. Riders are also required to have a halter or halter-bridle, lead rope, knife and hoof pick with them at all times on the ride.

Riders are judged individually and strictly on how well they negotiated their horse through an obstacle with an emphasis on calmness and safety. Points are given based on this criteria. Several regions have their own High Point Program with an annual awards ceremony where year-end awards are given.

You can contact the Chairman of your region **STATE COMMITTEE MEMBERS AND REGION CONTACTS** to obtain the rules and requirements for your particular region. To locate the CSHA Region where you reside,. Those members completing three sanctioned Trail Trials are eligible to participate in the State Championship Event (under the **STATE RULES**) regardless of their placing in their individual Region.

Trail Trials are about trail riding and that means common sense, staying on the appropriate trails (all trails are clearly marked), the ability to move safely down the trail, and, of course, have fun doing it.

<http://www.californiastatehorsemen.org>



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### Announcement

LBHA has a new electronic Membership form available on our website that let's you pay your renewals through paypal. Find it under the JOIN tab.

For those that still want to send it in the traditional way, the pdf will still be available for download.

**Please help our horse shows by sponsoring a class. Go to our website for easy sponsorship. The forms are there and you can pay on line. [www.lbha.us](http://www.lbha.us)**

Nice trail horses are hard to find. NICE TRAIL HORSE AVAILABLE! Nice trail horse available. Indy is a 16 year young retired endurance Arab mare with lots of trail experience. Looking for a good home where she will be part of the family and enjoyed on the trails.

Contact      Melissa Ribley      [mmribley@gmail.com](mailto:mmribley@gmail.com)







**Loomis Basin  
Equine Medical Center, Inc.**

**Office Hours**  
Monday thru Saturday  
8:00am - 6pm

**Appointment Hours**  
Monday thru Saturday  
9:00am - 5pm

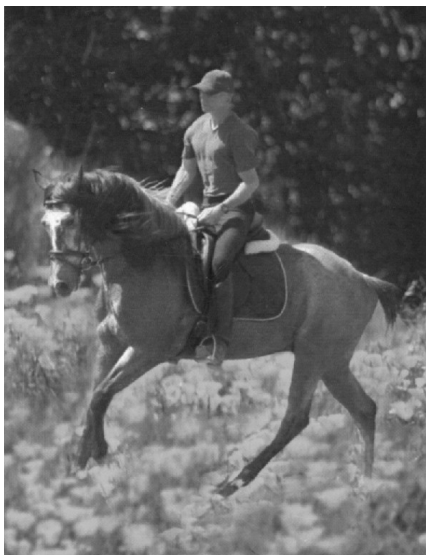
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Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



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# Knicker Knob

## STABLE



No expiration

Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

**Boarding/Lesson special:** Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

**Boarding** barn stalls | pipe corrals | pasture from \$305

**Amenities** 140' X 70' lighted arena | 50' round pen  
grass turnout | large wash rack | indoor grain room  
tack rooms | bathroom | refrigerator | shaded picnic area

**Riding lessons** Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

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# MEMBERSHIP FORM

## LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Lifestyle

INDIVIDUAL (\$15) FAMILY (\$20) BUSINESS (\$25)  
Please submit business card for  
Roster  
NEW MEMBERSHIP RENEWAL

PLEASE INDICATE COMMITTEE(S) YOU WOULD LIKE TO SERVE ON  
CHECK AREAS OF INTEREST

Arena \_\_\_\_\_ Trail Riding \_\_\_\_\_  
Trail \_\_\_\_\_ Western Horseshows \_\_\_\_\_  
Publicity \_\_\_\_\_ County Liaison \_\_\_\_\_  
Newsletter \_\_\_\_\_ Traylor Ranch \_\_\_\_\_  
Horseshow \_\_\_\_\_ Anywhere \_\_\_\_\_  
Work Days \_\_\_\_\_ Dressage \_\_\_\_\_  
\_\_\_\_\_ Roping/Cutting \_\_\_\_\_  
\_\_\_\_\_ Other \_\_\_\_\_

I would like to contribute \_\_\_\_\_ to the Equestrian Fund or \_\_\_\_\_ to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis Basin Community Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.

TRAILER PARKING KEYS: Keys are available to members at \$.00 and \$10 to non-LBHA members. Check here if you need a Key \_\_\_\_\_

KEY NUMBER \_\_\_\_\_ to be filled in by LBHA)

Name \_\_\_\_\_ Date \_\_\_\_\_

Business name: \_\_\_\_\_ Juniors \_\_\_\_\_

Address \_\_\_\_\_ Juniors \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

AMOUNT ENCLOSED for  
DUES, TRAIL/ARENA FUND,  
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Make Checks out to LBHA  
and mail to:

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(Please make out a separate check) \_\_\_\_\_  
LBHA  
P.O. Box 2326  
Loomis CA 95650

## LOOMIS BASIN HORSEMEN'S ASSOCIATION

### RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. I HEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSEMEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

2. I also EXPRESSLY WAIVE any rights I may have under California Civil Code §1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for my benefit.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE, AND THAT I RELY ON NONE. THIS AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME.

Signature(s) \_\_\_\_\_

Name (s) \_\_\_\_\_ Age, if minor \_\_\_\_\_

If minor, Parent or Guardian must sign \_\_\_\_\_

Name of Parent or Guardian: \_\_\_\_\_



- Financial Planning for Families and Businesses
- Life Insurance
- Investments



**Liz Daffner**  
*Financial Advisor*

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## Next Meeting

November 15, 2017

Round Table Pizza Raley's shopping center Loomis, CA. Eat 6:00 pm. Meeting 6:30 pm  
Horse show results and Board Nominations

**2017 Meetings are the 3rd Wednesday of every month.**



## HAPPY THANKSGIVING!



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*From the Loomis Basin Horsemen's Association*

### *ABOUT LBHA*

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

### Loomis Basin Horsemen's Association

P.O. Box 2326  
Loomis CA 95650

E-MAIL:  
[lbha@garlic.com](mailto:lbha@garlic.com)

We're on the Web!

*See us at:*

**Lbha.us**

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### Get Info on

Trails  
The Arena at the Park  
Meetings  
Clinics  
Traylor Ranch  
LBHA Horseshow

