

Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 37 Issue 1

JANUARY 2019

Newsletter

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PRESIDENTS MESSAGE by Liz Daffner

Happy New Year everyone!

Our Christmas party was a blast. We had a slide show up of all the improvements we've made at the arena and the events we had in 2018.

Now that the holidays are behind us, we can look towards planning for the new year.

Make sure you attend our January meeting where we'll plan the 2019 event calendar. Our club is only as good as its members and volunteers.

We've had some beautiful weather in between rains, hope you've had a chance to get out and ride.

Happy trails...

Liz Daffner



Robert Sydnor's Trail Reports <https://groups.google.com/forum/#!forum/horsetrails>

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR

2019 OFFICERS AND BOARD MEMBERS

COMMITTEE HEADS

PRESIDENT:	Liz Daffner	916-708-1244
VICE PRES:	Greg King	916-804-5659
TREASURER:	Janis Rau	916-652-0894
SECRETARY:	Maureen Henderson	916-663-9362

BOARD OF DIRECTORS

Bruce Renfrew	650-773-1863
Joe Warlow	530-551-6693
Denise Howell	916-207-2543
Kathy Dombrowski	916-652-5204
Kate Johnson	

COMMITTEE HEADS

Trail Info.	Robert Sydnor	916 335-1441
Trail Maint.	OPEN	
Historian	Donna Kelly	916 956-6248
Publicity-	Laurene Davis	916-708-1244
Horseshow	Janis Rau	916-652-0894
Traylor Ranch NR	Dave Faoro	916-663-3437
County Liaison	Maureen Henderson	916-663-9362
Newsletter	Denise Howell	916-207-2543
Arena	Kathy Dombrowski	916 652-5204
Arena	Denise Howell	916-207-2543
Membership	Kathy Dombrowski	916 652-5204

PLACER COUNTY PARKS ADMINISTRATOR

Andy Fisher 530 889-6819

PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

CALIFORNIA STATE PARKS – Gold Fields District

Jason De Wall (Supervisor) 916 988-0205
 Brian Moses (trails maint super) 916 240-7198
 State Parks Dispatch 916 358-1300
 (Call above number for incidents in State Parks)

*“They say Princes learn no art truly,
 but the art of Horsemanship The
 reason is, the brave beast is no
 flatterer. He will throw a Prince as
 soon as his Groom.”*



TRAYLOR RANCH NATURE RESERVE

**NO MORE SCHEDULED WORKDAYS
 THIS YEAR!**

If we have any extra work days, watch the Traylor Ranch Face Book page or your email.

If anyone sees any issues while out at the park, please let me know.

If you have any questions, don't hesitate reaching out to me.

Thanks everyone for your support!

Dave Faoro

TRNR Committee Chairman,



**LBHA General Meeting
December 19, 2018**

The general membership meeting was held at Elm Street Round Table Pizza. The following Board members were present: Liz Daffner, Maureen Henderson, Greg King, Joe Warlow, Janis Rau, Flo Faoro, Bruce Renfrow and Kathy Dombrowski.

Election ballots were provided. There were 3 write-in candidates for board positions: Denise Howell, Bruce Renfrow and Kate Johnson.

As this was the Christmas party, the meeting was informal and no club business other than the election of board members for the year 2019 was raised for discussion. The election results are as follows:

President: Liz Daffner

Vice President: Greg King

Treasurer: Janis Rau

Secretary: Maureen Henderson

Directors: Joe Warlow, Kathy Dombrowski, Denise Howell, Bruce Renfrow, Kate Johnson

The next general membership meeting will be held on January 16, 2019 at Loomis Round Table Pizza.

Submitted by Maureen Henderson, Secretary

**Welcome New Officers and Board Members
Some new and some re-elected.
Thank you !**

President: Liz Daffner

Vice President: Greg King

Treasurer: Janis Rau

Secretary: Maureen Henderson

Directors: Joe Warlow, Kathy Dombrowski, Denise Howell, Bruce Renfrow, Kate Johnson



Hoof Care Tips for Winter Laminitis

Many of us aren't looking for laminitis at this time of year, interpreting the signs as something else (stone bruise, hard ground, touchy after shoeing). The need to stay alert to signs of laminitis continues year round. Distinct seasonal changes produce physiologic changes in the horse that can result in an onset of laminitis.

Dr. Mark Donaldson of Unionville Equine Associates notes that some research has shown an increase in ACTH in the Fall. ACTH, adrenocorticotrophic hormone, is released from the pituitary gland, often in response to biological stress. "This increase, whether occurring naturally or as a result of changes in grass sugars, could trigger laminitis," Donaldson explains. "Many horses are at peak body weight in the Fall, further compounding their risk for developing laminitis."

Ohio farrier Bryan Farcus, MA, CjF, adds: "The diet of a foraging horse will change as the seasons change. A plant that is normally digestible during the summer months can become toxic in a stage of bloom or wilting during the fall/early winter months."

The mainstay of preventing laminitis is careful diet control. Keeping your horse fit is also very important. Discuss with your veterinarian issues of metabolic changes that can predispose the horse to laminitis and what preventive measures you can incorporate into your horsekeeping.

NO HOOF CARE VACATION

Good hoof care is one of the essentials in reducing the risk of laminitis. Maintaining healthy feet by keeping a regular trim/shoeing schedule all year long will help your horse maintain optimum hoof function.

"Some horse owners see the winter as an off-season from their horse activity and may feel it is a good time to forgo any routine care/hoof trimming," Farcus points out. He cautions, however, "Letting the hoof go until spring riding season can lead to possible stress due to the extra trauma of an unbalanced hoof."

Feet that have irregular care are under more stress. Long feet create more mechanical stress on the structures of the foot. "Some think that short/worn-down hooves are not unbalanced because they're not long," Farcus says. "This one-sided view ignores the other dimension of a medial/lateral balance (inner/outer sides of the hoof)."

Healthy feet are more resilient to any insult and can heal better than feet coping with compromise. If laminitis develops, the overly stressed laminae can be more easily and more profoundly damaged.

BOOT UP

One of the first things to do if your horse has been diagnosed with laminitis is to get the feet as comfortable as possible. If your horse is shod, the first step is to remove the shoes and apply some supportive pad/boot system. Boots are helpful in that they are easily removed for any hoof treatments that may be necessary. Various types of padding can be switched around or modified to fine tune comfort measures. Some boots are made especially for laminitic horses. Soft-Rides (www.softrideboots.com) are great in that they have very thick silicone pads that come in different densities and can easily be modified. They are also easy to put on and take off, which can be a real plus. Easycare's Rx boot (www.easycareinc.com) is also a great boot for the laminitic horse, lightweight and easy to put on and off. Different pads can be added to this boot as needed. Easycare's Old Mac boots are supportive, relatively easy to put on and have a good traction on the base, when your horse is healed and ready for riding.

Frequent hoof care is critical in supporting proper healing. It is not uncommon to have the laminitic horse trimmed as frequently as every 2 or 3 weeks, tapering to a four-week cycle as the horse becomes more stable. Gentle encouragement to move a little every day (in boots) is helpful. Movement supports good circulation, helps the body relax out of pain-related postures and breaks up the boredom of being immobilized.

DYNAMIC DISEASE

Each horse is different in his or her response to laminitis. It is important to recognize that laminitis is a very dynamic disease: what helps one day or week or month may not be as effective the next time. Similarly, what works for your horse may not be helpful to another horse. The challenges of the disease demand creative caretaking.

The informed and engaged horse owner is the most important element in helping a horse avoid or recover from laminitis – so take your role seriously! You are on the front line. The more familiar you are with how your horses' feet look, how they normally stand, what their normal digital pulses feel like, and what the normal range of their hoof temperature is will help a great deal if you are evaluating a suspected case of laminitis.

Laura Florence is an American Farrier's Association Certified Farrier serving a wide variety of clients, from backyard companions to competitive sport horses. She served as a Resident Farrier with the University of Pennsylvania, New Bolton Center Farrier Service for seven years. In 2007, Laura began a private practice in southeastern Pennsylvania, dedicated to the rehabilitation and maintenance of the horse's hoof through a holistic approach. www.holistichoofcare.com



Dehydration in Winter

Imagine a horse that's at risk for dehydration. If you pictured a horse drenched in sweat after a hard, summer workout then you wouldn't be alone. This is what comes to mind to a lot of people when they think of dehydrated horses. And, you're right. Excessive sweating can cause dehydration. However, both idle and active horses also risk dehydration during the cold, winter months.

Why is dehydration a concern in the winter?

When the temperature of water drops, so does a horse's desire to drink. This means if you're breaking the ice in water buckets and tanks for your horses, then they may not be drinking enough. Though horses have been known to consume snow and cut back on drinking water, it should never be relied on as your horse's water source.

Two common complications that arise from horses not getting enough water during cold weather:

Decreased feed intake. Even if you are giving your horse plenty of quality feed and nutrients a horse will eat less if it isn't drinking enough water. Horses use saliva to soften their food as it's chewed and swallowed. A dehydrated horse won't produce enough saliva to eat the proper amount of feed. A horse that has decreased his feed intake may not have enough energy to keep warm.

Impaction colic. A more serious result of dehydration is impaction colic. When a horse becomes dehydrated they cannot move matter along their intestinal tract properly and this can cause an intestinal blockage or impaction. A horse won't become impacted from one day of insufficient water, but usually over several days or weeks.

These are just two of the complications that can occur from dehydration. Weight loss, lethargy, and decreased manure production are some of the other issues that could arise.

Test Your Horse for Dehydration

Here are some basic tests you can perform if you suspect your horse is dehydrated:

Simple visual check. Look at your horse's eyes and gums. If the gums are dry or excessively red, this could indicate dehydration. Sunken in or dull eyes are another indicator.

Skin elasticity test. Fold a section of skin on your horse's lower chest or neck. When you let it go it should spring back into place in no longer than 2 seconds. If the horse is dehydrated the skin will stay up in a ridge or go back slowly.

Capillary refill test. Press your thumb on the gum of your horse's upper jaw. The gum will turn white under your thumb. When you release the color should return within 2 seconds. If it takes longer, your horse is likely dehydrated.

Tips for Keeping Horses Hydrated in Winter

Provide heated water buckets and tanks. Not only will this allow the horse access to the water at all times, not just when you are able to break the ice, but the warmer water will encourage your horse to drink more.

Provide free choice salt. Providing free choice salt either by mixing in feed or giving salt blocks will stimulate the horse to drink more.

Water consumption is just as important for horses in the winter as it is in the hotter summer months. If your horse appears to be severely dehydrated or is showing signs of complications such as colic you should always consult your vet.

MEMBERSHIP

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st. Pay on line the easy way!

Being an LBHA Member is a great way to give back to our community.

We thank you in advance.

AD FEES For LBHA Members
(Non-Members add \$10 to below fees)

NEWSLETTER ADS Deadline is the 25th of the month
 ½ page: 1year \$60 Includes Business card on Website.
 ½ page: 6mos \$30 one time \$5 Full page one time \$10
 Business Card Ad per issue: \$10 / issue
 Business Card Ad/year: \$40/year includes card on Website

DIRECTORY ADS Deadline for Directory ads is March 1
 Full Page Ad: \$25
 ½ Page Ad: \$15
 Business Card Ad: \$10 - Free for **LBHA Business Members**

WEB ADS
 Business Card Ad – one year Members \$40
Free to Business Members
 Classified Ads- Free to Members

NOTE add \$10 to fee for Non-LBHA members



**Elite
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Rental**

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 850 S. Dowd Rd
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(916)224-7931

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 www.elitehorsetrailerrental.com

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Owned And Operated By NRT LLC.



**Loomis Basin
Equine Medical Center, Inc.**

Office Hours
Monday thru Saturday
8:00am - 6pm

Appointment Hours
Monday thru Saturday
9:00am - 5pm

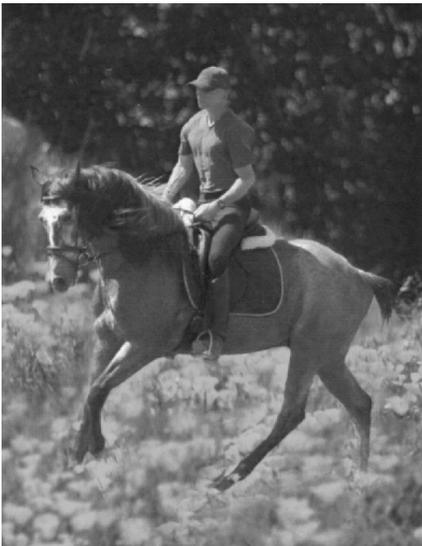
In-house & Ambulatory Emergency Services available 24 hours/7 days

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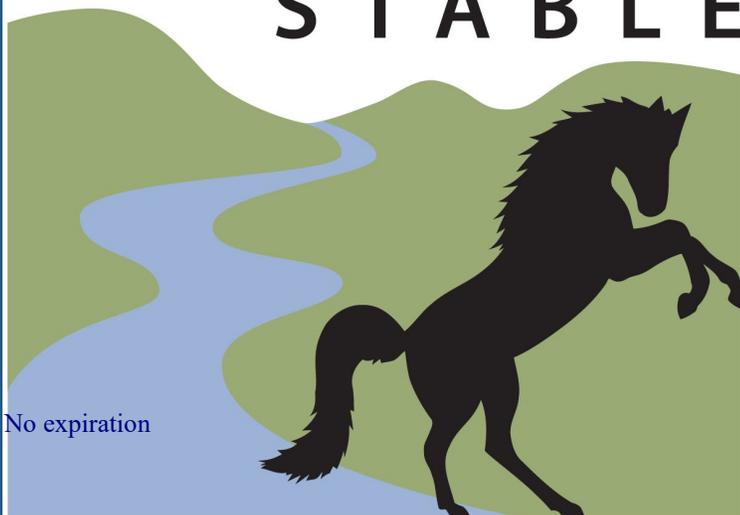
Jason Errico, DVM Dipl ACVS - Surgery
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



Martin Courtney
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(916) 719-5789
MCDressage.Shutterfly.com

Knicker Knob

STABLE



No expiration

LOOMIS, CALIFORNIA

Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

Boarding/Lesson special: Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

Boarding barn stalls | pipe corrals | pasture from \$305

Amenities 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

Riding lessons Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

Terry 916.778.8651 Kathy 916.204.0346
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Independent Advisor, Solution Driven, Straight Shooter

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Next Meeting

January 16th Meeting

Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650

Eat 6:00 pm, Meeting 6:30-7:30 pm

2019 Kick off meeting. Event planning for the new year. Bring your ideas and contacts to build out our 2019 calendar

Please see our Events Calendar on Website at www.lbha.us

Reminder!

LBHA has an electronic Membership form available on our website that let's you pay your renewals through paypal if you choose. Find it under the JOIN tab.

Arena

Please NO TRAILERS or HORSES on the asphalt parking lot. No barrels, poles or other equipment may be used in the arena. Small Orange cones allowed. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)



**Happy
New Year!**

From the Loomis Basin Horsemen's Association

2019

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

**Loomis Basin Horsemen's
Association**

P.O. Box 2326
Loomis CA 95650

E-MAIL:
lbha@garlic.com

We're on the Web!

See us at:

Lbha.us

Get Info on

- Trails
- The Arena at the Park
- Meetings
- Clinics
- Traylor Ranch
- LBHA Horseshow

