# Loomis Basin Horsemen's Association P.O. Box 2326 Loomis CA 95650

Volume 37 Issue 4

APRIL 2019

# Newsletter Highlights:

## PRESIDENTS MESSAGE by Liz Daffner

#### • Traylor Ranch Pg 2

- March Meeting Minutes Pg 3
- Cascade Canal Trail Pg 4
- LBHA Events Pg 5, 6
- Membership & Ad Fees
  Pg 7
- Camera in a Capsule Pg 9, 10
- Next Meeting Pg 11
- Arena Pg 11

### Howdy!

The rained stopped last month and the world seemed to come alive, then it started pouring again and we all grumbled. Local clubs have been in a flurry movement, including our own. Last month we had a timely meeting about a competitive trail riding Assoc. looking to grow and they're listening to new members. Debbie Murphy explained the New Leisure Division in NATRC. Thank you for making our March meeting fun and informational!

Ways to stay in the loop:

Facebook lists all our events thanks to our publicity chair Laurene Davis. If you're not part of that community you're missing out on the new information highway where horse people share ideas, events, and help their fellow neighbors.

Website <a href="https://www.lbha.us/events">https://www.lbha.us/events</a> has ALL events listed in chronological order and is the best resource for LBHA updates including all newsletter crafted monthly by Denise Howell, our online membership form connected with Paypal, and October show class lists and sponsor forms available year round.

New e-Blast system is up and running. If you're not receiving emails, then let me know. Send an email to me personally <a href="liztaffner@gmail.com">liztaffner@gmail.com</a> and I'll get you on the list. Baseball season has started and the arena has been jammed packed with kids. Kathy Dombrowski, Maureen Henderson, Janis Rau have been working behind the scenes to update our membership records and get keys out so riders can park inside the red gate.

Join us next month at Loomis Basin Equine Medical Center for a discussion on "The Importance of Dental Care" April 17, 2019 at 6:00 pm. Pizza provided by LBEMC. Meeting is located at 2973 Penryn Road Penryn, CA 95663.

Happy Trails!

Liz Daffner



SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK, TRAYLOR

## 2019 OFFICERS AND BOARD MEMBERS

#### **COMMITTE HEADS**

PRESIDENT:	Liz Daffner	916-708-1244
VICE PRES:	Greg King	916-804-5659
TREASURER:	Janis Rau	916-652-0894
SECRETARY:	Maureen Henderson	916-663-9362

#### **BOARD OF DIRECTORS**

Bruce Renfrew 650-773-1863
Joe Warlow 530-551-6693
Denise Howell 916-207-2543
Kathy Dombrowski 916-652-5204
Kate Johnson

#### COMMITTEE HEADS

i rail Info.	Robert Sydnor	916 335-1441
Trail Maint.	OPEN	
Historian	Donna Kelly	916 956-6248
Publicity-	Laurene Davis	916-708-1244
Horseshow	Janis Rau	916-652-0894
Traylor Ranch NR Dave Faoro		916-663-3437
County Liaison Maureen Henderson		916-663-9362
Newsletter	Denise Howell	916-207-2543
Arena	Kathy Dombrowski	916 652-5204
Arena	Denise Howell	916-207-2543
Membership	Kathy Dombrowski	916 652-5204

#### PLACER COUNTY PARKS ADMINISTRATOR

Andy Fisher 530 889-6819

#### PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

# CALIFORNIA STATE PARKS – Gold Fields DistrictJason De Wall (Supervisor)916 988-0205Paul Perez (trails maint super)916 240-7198State Parks Dispatch916 358-1300

(Call above number for incidents in State Parks)



#### TRAYLOR RANCH NATURE RESERVE

If we have any extra work days, watch the Traylor Ranch Face Book page or your email.

If anyone sees any issues while out at the park, please let me know.

If you have any questions, don't hesitate reaching out to me.

Thanks everyone for your support!

#### Dave Faoro

**TRNR** Committee Chairman,



dave lbha@faoro.us

# Subscribe to our Newsletter!

# MINUTES LBHA GeneralMeeting March20, 2019

The general membership meeting was held at the Loomis Round Table Pizza. The following Board members were present: Liz Daffner, Maureen Henderson, Greg King, Joe Warlow, Janis Rau, Kate Johnson, and Bruce Renfrow. Kathy Dombrowski and Denise Howell were not present.

The meeting commenced at 6:30 p.m. Introductions were made. Maureen reported on trails, advising of the upcoming Horseshoe Bar/Penryn MAC meeting to be held at the Blue Goose Event Center on Tuesday, March 26, 2019 at 7:00 p.m. This meeting is of interest because the MAC is being asked to make a recommendation to the Placer County Planning Commission on the draft Countywide Park and Trail Master Plan. The presentation will be made by Lisa Carnahan of the Placer County Parks Division.

Our speaker wasDebbie Murphy who introduced us to the new Leisure Division of the NATRC (North American Trail Ride Conference). This division has been designed for people with "busy" lives. It is a one day ride, 8-12 miles in distance, 3 to 4.5 mh, maximum of 5 observations, judged by a certified NATRC Judge. Placings are 1-10. This division is open to all breeds with no restrictions on shoeing or leg protection and no overnight camping is necessary. If you were unable to attend the meeting and would like further information, you may contact Debbie at <a href="equuspas-sage@aol.com">equuspas-sage@aol.com</a>.

The next general membership meeting will be held on Wednesday, April 17, 2019at 6:00 p.m. at LoomisBasin Equine Medical Center located in Penryn. Pizza will be served by the Medical Center.

Meeting adjourned at 7:30 p.m.

Submitted by Maureen Henderson, Secretary





#### CASCADE CANAL TRAIL TO OPEN AFTER LEGAL ACTION

From The Union newspaper March 22, 2019

Attorneys on both sides of the Cascade Canal Trail lawsuit stood before the Nevada County judge, prepared for trial over public use of the Nevada City path. Then, on Wednesday, they said a little more time was needed in hopes they could reach an agreement. A day later the attorneys returned before Superior Court Judge Robert Tice-Raskin with an agreement that ended an 18-month legal action and will reopen the trail to the public. (map credit: Bear Yuba Land Trust)

"We're delighted with the outcome," said Susan Sanders, a board member of Friends of Banner Mountain, which filed the suit against Jonathan and Jacy Davis. "This is what we'd hoped for -- public access to a trail that has been used by the public for over 50 years, for generations."

Users of the trail discovered around May 2017 that a gate was blocking access to the Cascade Canal Trail at Gracie Road, near Banner Lava Cap Road. A letter informed hikers that "disrespectful trail users" led the Davis' to block the trail.

Friends of Banner Mountain filed suit in September 2017.

The agreement calls for the installation by Tuesday of a 13-by-19 inch sign on a modified version of the Gracie Road gate, which will remain unlocked. The sign will state: "Cascade Canal Trail. Open to the public. Please stay on the trail and respect landowners' privacy. The landowner requests that the first 800 feet of the trail be used only during daylight hours." The trail is on a public easement that runs through private property. The first 800 feet runs through the Davis' land.

The agreement calls for the removal of a second gate in the northeast part of the property. "I think it was a good resolution," said attorney Craig Diamond, who represents the Davises. "The interests of both parties were addressed and I think reasonably compromised." According to Diamond, a conversation was needed about the trail's use and the privacy concerns of his clients. That conversation is reflected in the agreement reached Thursday.

Diamond emphasized that the easement allowing access to the trail existed before his clients were born. John Bilheimer, an attorney for Friends of Banner Mountain, said a state law enacted in 1972 stopped the use of public easements across private land for recreational purposes. However, the Cascade Canal Trail has been used since before that law's creation, and that recreational easement remains intact.

"We're really pleased with the result," Bilheimer said. "We think it's important public trails are kept accessible to Nevada County."

Action Coalition for Equestrians (ACE)



#### **LBHA Events**

April Meeting - Loomis Basin Equine Medical Center "The Importance of Dental Care"

April 17, 2019

LBEMC (Loomis Basin Equine Medical Center) Vet Talk "The Importance of Dental Care"

\*\*This meeting will be held at the LBEMC located at

2973 Penryn Road

Penryn, CA 95663

6:00 p.m. Pizza provided by LBEMC

#1 May Free Obstacle Day - Members Only (join for \$15)

May 19, 2019

LBHA Arena located at 3550 Ong Pl. Loomis, CA 95650

1 of 3 FREE Arena Obstacle Day for members only or join for \$15 (1/1 - 12/31 membership). Have a fun day with your horse under saddle or in hand with no pressure. This is not a clinic, obstacles will be available to use at your leisure. Each event will have slightly different obstacles and we're open to any ideas you have! Please help set up at 8:30 am. Event starts at 9:00 am-11:30 am help cleanup

May Meeting Topic - "Spring Conditioning for your Horse" with Kelly Williams

May 15, 2019

Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650

Eat 6:00 pm, Meeting 6:30-7:30 pm

Members and non-members are welcome to attend.

Kelly Williams is an endurance rider and trainer from Auburn, CA. She will discuss spring conditioning for your Horse. This is important for all horses. Is your horse an endurance horse, a trail horse or a horse getting ready for the show ring? Join us on May 15th for Kelly's insight into spring conditioning.

June Meeting - ParkWatchReport Presentation

June 19, 2019

Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650

Eat 6:00 pm, Meeting 6:30-7:30 pm

Members and non-members are welcome to attend.

At our June meeting Janet Peterson will be presenting the newest version of ParkWatchReport which is still the only universal, nationwide database and distribution point for trail data, issues, alerts and maps. You are welcome to download the free phone app at Google Play or Apple Store and try it out before our meeting. Bring your smart phone and plan to attend June 19, 2019.

July Meeting Discussion to Create an Evacuation Checklist

July 17, 2019

Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650

Eat 6:00 pm, Meeting 6:30-7:30 pm

Members and non-members are welcome to attend.

Bring your ideas, suggestions and forms to share with the group as we create a plan for emergencies and evacuations.

Events Continues...

#2 July Free Obstacle Day - Members Only (join for \$15)
July 28, 2019

LBHA Arena located at 3550 Ong Pl. Loomis, CA 95650

2 of 3 FREE Arena Obstacle Day for members only or join for \$15 (1/1 - 12/31 membership). Have a fun day with your horse under saddle or in hand with no pressure. This is not a clinic, obstacles will be available to use at your leisure. Each event will have slightly different obstacles and we're open to any ideas you have!

Please help set up at 8:30 am. Event starts at 9:00 am-11:30 am help cleanup

Aug Meeting - Judges Talk

August 21, 2019

Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650

Eat 6:00 pm, Meeting 6:30-7:30 pm

Members and non-members are welcome to attend.

Mandi Thompson will share her knowledge to help us gain insight from a judge's perspective. Join us to learn what judges are looking for as you show!

Sept Horse Show planning meeting

September 18, 2019

Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650

Eat 6:00 pm, Meeting 6:30-7:30 pm

Members and non-members are welcome to attend.

#3 Sept Free Obstacle Day - Members Only (join for \$15)

September 28, 2019

LBHA Arena located at 3550 Ong Pl. Loomis, CA 95650

3 of 3 FREE Arena Obstacle Day for members only or join for \$15 (1/1 - 12/31 membership). Have a fun day with your horse under saddle or in hand with no pressure. This is not a clinic, obstacles will be available to use at your leisure. Each event will have slightly different obstacles and we're open to any ideas you have!

Please help set up at 8:30 am. Event starts at 9:00 am-11:30 am help cleanup

Oct English Horse Show

October 12, 2019

Oct Western Horse Show

October 13, 2019

*Nov Meeting - Horse Show Recap & Nominations* 

November 20, 2019

Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650

Eat 6:00 pm, Meeting 6:30-7:30 pm

Members and non-members are welcome to attend.

December Annual Christmas Party

December 18, 2019

#### **MEMBERSHIP**

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st. Pay on line the easy way!

Being an LBHA Member is a great way to give back to our community.

We thank you in advance.

#### **AD FEES For LBHA Members**

(Non-Members add \$10 to below fees)

**NEWSLETTER ADS** Deadline is the 25<sup>th</sup> of the month ½ page: 1 year \$60 Includes Business card on Website. ½ page: 6mos \$30 one time \$5 Full page one time \$10 Business Card Ad per issue: \$10 / issue Business Card Ad/year: \$40/year includes card on Website

**DIRECTORY ADS** Deadline for Directory ads is March 1

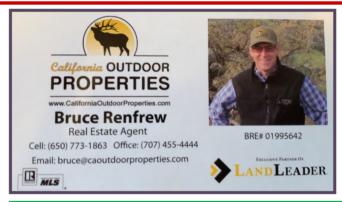
\$25 Full Page Ad: \$15 ½ Page Ad:

Business Card Ad: \$10 - Free for LBHA Business Members

#### WEB ADS

Business Card Ad – one year Members \$40 Free to Business Members Classified Ads- Free to Members

NOTE add \$10 to fee for Non-LBHA members







Dean Howell 916.599.9338 deanarthurhowell@gmail.com CalDRE# 00982650

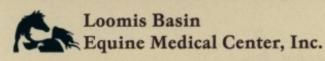
Denise Howell 916.207.2543 denise.howell@cbnorcal.com CalDRE# 01110357

www.deananddenise.com

500 Auburn Folsom Rd. #300



**Put your Business Card** Here



Office Hours
Monday thru Saturday
8:00am - 6pm

Appointment Hours Monday thru Saturday 9:00am - 5pm

In-house & Ambulatory Emergency Services available 24 hours/7 days

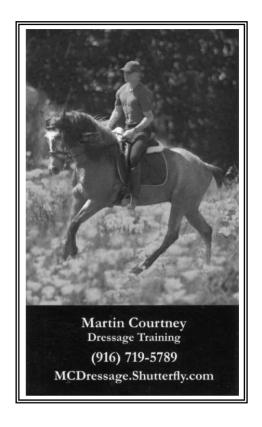
(916) 652-7645

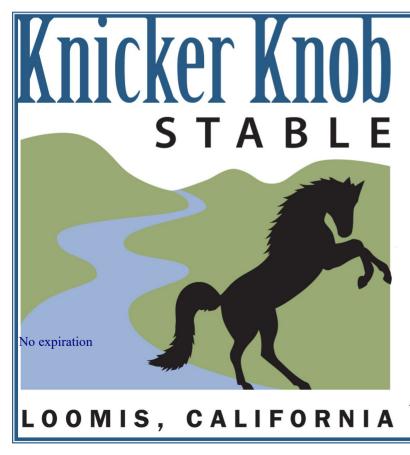
2973 Penryn Road Penryn, CA 95663 Visit us at: lbemc.com

#### DOCTORS

Langdon Fielding, DVM, Dipl ACVECC
Catherine Jacobs, DVM
Jill Higgins, DVM
Robert Morgan, DVM
Diana Stolba, DVM
Eduardo DeLaCruz, DVM
Jennifer Mayer, VMD
Emily Wilson, DVM
Elizabeth Howard, DVM

Jason Errico, DVM Dipl ACVS - Surgery
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine





Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

**Boarding/Lesson special:** Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

**Boarding** barn stalls | pipe corrals | pasture from \$305

Amenities 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

**Riding lessons** Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

Terry 916.778.8651 Kathy 916.204.0346 www.knickerknobstable.com Facebook.com/KnickerKnobStable

#### Camera in a Capsule: A New Way to View Horses' GI Tracts

While physicians have used capsule endoscopy in humans for more than a decade, it's only recently become commercially available on the veterinary market for dogs and shows promise for use in horses.

Posted by Alexandra Beckstett, The Horse Managing Editor

What if your horse could swallow a tiny capsule containing a camera, giving you and your veterinarian a look at the nearly 100 feet of twisting, turning intestinal tract, and any gastrointestinal issues therein? This isn't futuristic musing—one veterinarian has determined that the approach, called wireless capsule endoscopy, is a workable way to check the gastrointestinal mucosa (lining) for ulcers and injury, though maybe for just the first 80-or-so feet.

Renaud Leguillette, DVM, Msc, PhD, Dipl. ACVIM, ACVSMR, professor of equine internal medicine in the University of Calgary's Department of Veterinary Clinical and Diagnostic Science, in Alberta, Canada, wanted to be able to see "intraluminal" lesions within the small and large intestines. These are likely quite common but challenging to diagnose with current imaging techniques. So, taking a page from human and small animal medicine, he recently tested the new imaging technique in horses, presenting his findings at the 2018 American Association of Equine Practitioners Convention, held Dec. 1-5 in San Francisco, California.

In contrast to traditional endoscopy, which involves passing a 3-meter-long scope (a little less than 10 feet) through the horse's nostril into the GI tract—only reaching just past the stomach to the first section of the small intestine—capsule endoscopy is completely wireless, with the capsule able to travel the length of the tract, recording video as long as its battery permits.

While physicians have used capsule endoscopy technology in human gastroenterology for more than a decade, it's only recently become commercially available on the veterinary market for dogs (as ALICAM), said Leguillette, and shows promise for use in horses.

"The principle of this system is to have the camera move into the GI tract lumen (cavity) and record videos of the intestinal mucosa (lining) while the horse is fully ambulatory and engaged in regular activities," he said. "The camera is then collected from the manure."

#### **How it Works**

Leguillette reviewed his method for using capsule endoscopy in horses successfully. In preparation for capsule administration, he said, keep the horse stalled and withhold his feed for 24 hours. Hand-walk him at least twice during this period, and withhold water for the last 12 hours.

"The preparation of the patient is important," Leguillette said. "If feed is not withdrawn for long enough, feed material can obstruct good visualization of the mucosa. However, if feed is withdrawn for too long, motility is decreased too much for a good examination."

After administering the capsule via nasogastric tube, reintroduce water and feed at three and 12 hours, respectively, he said. Leguillette recommended feeding the horse hay only, four times a day, and keeping him in a stall or small pen for best results.

One of the challenges with this technique, he said, is that it can take anywhere from two to 14 days for the capsule to pass through the horse in his manure. This requires the owner or barn staff to collect all manure and store it (e.g., in large plastic bins) for inspection. Leguillette said he used radiography (X rays) to detect the capsule in these bins if it wasn't immediately visible.

After they've collected the capsule, veterinarians can ship it to the manufacturer for video download and interpretation. They then receive a report detailing lesion findings and images.

#### **Study Results**

Leguillette has performed more than 20 capsule endoscopy examinations on adult horses, weanlings, and a Miniature Donkey. In his experience he's determined that:

The camera records at least 35,000 frames;

It spends about four hours recording in the stomach, two to five hours in the small intestine, and about 10 hours in the cecum before its battery life runs out;

The camera provided good images of the stomach's glandular (lower) and pyloric (the opening from the stomach into the small intestine) regions, the small intestine mucosa, and the ileocecal junction (the junction of the small intestine and cecum at the start of the large intestine) mucosa; and

Visualization of the cecal and colon mucosa was poor.

Using this technique, Leguillette has identified gastric ulcerations, erosions, submucosal hemorrhage (bleeding just beneath the lining surface), polyps, sand accumulation, and parasites.

"The capsule camera allowed diagnosing intestinal lesions that would have been otherwise missed," he said, adding it's also indicated for chronic colic cases or suspected intestinal tumors.

While the technique's advantages include clear assessment of the small intestine mucosa, ease of use on the farm, and cost effectiveness (the entire procedure costs around \$400 and doesn't require investing in special equipment), Leguillette said its downsides are its recovery time in manure, the extra on-farm manage-

ment, and its inability to visualize the cecal and large intestine mucosa.

"In summary, the capsule technique is safe to use in equids of all sizes," he said. "It provides excellent detailed visualization of the pyloric area of the stomach, of the small intestinal mucosa, and of the ileocecal junction."





Capsule endoscopy provided detailed visualization of areas in the horse's GI tract not previously accessable with traditional endoscopy, researchers determined. | Photo: Courtesy Dr. Renaud Leguillette



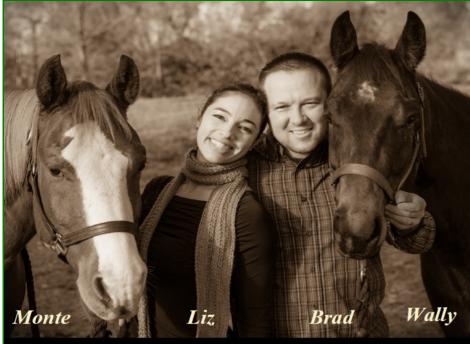


Specializing in Ranch, Farm, and Ag Real Estate Call Bruce Renfrew at (916) 741-0584

Visit: www.californiaoutdoorproperties.com

DRE# 01995642







### Liz Daffner

Financial Advisor

(916) 905-7526 liz@diligencewm.com www.diligencewm.com

2530 Douglas Blvd. Roseville, CA 95661

Independent Advisor, Investments, Life Insurance, Retirement Planning

Securities and investment advisory services are offered solely through Ameritas Investment Corp. (AIC). Member FINRA/SIPC. AIC and Diligence Wealth Management are not affiliated. Additional products and services may be available through Elizabeth Daffner or Diligence Wealth Management that are not offered through AIC.

Series 7, Series 66, CA Lic. #0G96786

#### **Next Meeting**

April 17 Meeting LBEMC (Loomis Basin Equine Medical Center) Vet Talk "The Importance of Dental Care"

\*\*This meeting will be held at the LBEMC located at 2973 Penryn Road
Penryn, CA 95663
6:00 p.m. Pizza provided by LBEMC

#### Reminder!

LBHA has an electronic Membership form available on our website that let's you pay your renewals through paypal if you choose. Find it under the JOIN tab.

#### **Arena**

Please NO TRAILERS or HORSES on the asphalt parking lot. No barrels, poles or other equipment may be used in the arena. Small Orange cones allowed. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)



#### From the Loomis Basin Horsemen's Association

#### ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's
Association
P.O. Box 2326
Loomis CA 95650

E-MAIL: lbha@garlic.com

We're on the Web!

Lbha.us

Get Info on
Trails
The Arena at the Park
Meetings
Clinics
Traylor Ranch
LBHA Horseshow