Loomis Basin Horsemen's Association P.O. Box 2326 Loomis CA 95650

JULY 2019

Newsletter

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PRESIDENTS MESSAGE by Liz Daffner

Howdy!

As I write this, the weather is in the low 80s! How did we get so lucky to have such beautiful weather in June! Perfect for riding and outdoor projects.

Our newest board member Kate Johnson has been in contact with the Loomis Boy Scouts troop to repaint the storage sheds and show office. There're some minor repairs that need to be done to the shed that I've asked my husband to complete before painting begins mid-July.

For those of you that ride in the arena, we have been contacted by several members notifying us of the water surges that turn the sprinklers on for a few seconds before turning off. The county has been trying to fix this but with the lower ball field being watered every hour to grow the new grass, it's been very difficult to fix the issue.

Mark your calendar for next month's speaker Kelly Williams who will be talking about conditioning your horse for summer riding on July 17th. She spoke last year and was a big hit with the members. We're glad she's coming back for another talk.

In the meantime, enjoy this beautiful weather and hit the trails!

Liz Daffner





SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK , TRAYLOR

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2019 OFFICERS AND BOARD MEMBERS

COMMITTE HEADS

PRESIDENT:	Liz Daffner	916-708-1244
VICE PRES:	Greg King	916-804-5659
TREASURER:	Janis Rau	916-652-0894
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Joe Warlow		530-551-6693
Denise Howell		916-207-2543
Kathy Dombrowski		916-652-5204
Kate Johnson		
COMMITTEE HEADS		
Trail Info.	Robert Sydnor	916 335-1441
Trail Maint.	OPEN	
Historian	Donna Kelly	916 956-6248
Publicity-	Laurene Davis	916-708-1244
Horseshow	Janis Rau	916-652-0894
Traylor Ranch NR Dave Faoro		916-663-3437
County Liaison Maureen Henderson		916-663-9362
Newsletter	Denise Howell	916-207-2543
Arena	Kathy Dombrowski	916 652-5204
Arena	Denise Howell	916-207-2543
Membership	Kathy Dombrowski	916 652-5204

PLACER COUNTY PARKS ADMINISTRATOR Andy Fisher 530 889-6819

PLACER COUNTY AG COMMISSIONER Joshua Huntsinger 530 889-7326

CALIFORNIA STATE PARKS – Gold Fields DistrictJason De Wall (Supervisor)916 988-0205Paul Perez (trails maint super)916 240-7198State Parks Dispatch916 358-1300(Call above number for incidents in State Parks)



TRAYLOR RANCH NATURE RESERVE

We cancelled the planned June workday as there were goats still out in the park. We will be doing some trail mowing during the first couple of weeks of July. If anyone sees any trail or park issues, please drop me a note or message me on facebook.

Stay tuned to the Traylor Ranch Facebook page for any park updates.

https://www.facebook.com/ TraylorRanchNatureReserveandBirdSanctuary/

Dave Faoro TRNR Committee Chairman,



dave_lbha@faoro.us

Subscribe to our Newsletter/

https://lbha.us7.list-manage.com/subscribe?u=2c073f7622eea751d4c0e48c6&id=a1fd54b279

Hector Road Trail Now Open

MINUTES LBHA GeneralMeeting June 19, 2019

The general membership meeting was held at the Loomis Round Table Pizza. The following Board members were present: Liz Daffner, Maureen Henderson, Joe Warlow, and Kate Johnson. Kathy Dombrowski, Greg King, Janis Rau. Bruce Renfrow and Denise Howell were not present.Laurene Davis, our publicity chair, was also in attendance.

The meeting commenced at 6:45 p.m. Laurene gave an update of future scheduled events. Maureen reported briefly on trails, focusing on the Hidden Falls Expansion, the upcomingrelease of the SEIR and the Fall Board of Supervisors meeting. There will be a need for the horse community to speak up in support of the Hidden Falls Expansion. Bob Sydnor gave a brief report on the importance of taking photographs of hazardous trail conditions and forwarding them on to Park Watch with the GPS coordinates.

Our speaker wasJanet Peterson of Park Watch. Janet's presentation was very informative about what we, as equestrians, should be doing when riding on multi-use trails. The focus of her presentation was that we need to be more visible on the trails and we need to provide information for the Park Watch database to memorialize the activities which take place. There are a couple of fun things Park Watch has planned in order to accomplish this goal. One is a Virtual Equestrian Event called the "Backside Ride." This is a challenge to ride 30 miles during the month of July. You can check out this event at <u>www.ParkWatchReport.com/</u> <u>backside</u>. The next challenge is to register 15 new people on ParkWatchReport and receive the following GoPro: Yelin Camera, Helmet Mount, Solar Charger, 32GB SanDisk. For more information on Park Watch and these challenges, please contact Janet at janet.peterson@parkwatchreport.org.

The next general membership meeting will be held on Wednesday, July 17, 2019at 6:30 p.m. at Loomis-Round Table.

Meeting adjourned at 7:30 p.m.

Submitted by Maureen Henderson, Secretary



RED GATE AT ARENA

Baseball Season is here and the red gate has been moved to accommodate more parking for cars. Please obtain a gate key using the membership form if you don't have one already. PLEASE PARK INSIDE the trailer area so cars can park in the gravel area leading up to the red gate. You may get blocked in because non horse people don't understand how much room trailers need to maneuver in and out of places. We have all the space inside the red gate, they need that gravel overflow parking space.

Placer County Parks and Trails Master Plan

The Placer County Parks and Trails Master Plan continues to move through the governmental process albeit slowly. Thanks to everyone who signed letters in support of the Master Plan. The letters were delivered and received by the Placer County Parks Commission and Placer County Planning Commission.

At the Placer County Parks Commission meeting on May 16, the Commission approved the Parks and Trails Master Plan including Hidden Falls and recommend the plan's approval to the Board of Supervisors. An EIR for Hidden Falls expansion, some 2,800 acres and additional 30 miles of trails with additional parking lot locations is in the process of being completed. With a completion date scheduled for some time in July. After the EIR is out for public review a 45 day clock starts for its review and input. Home owners around Hidden Falls continue to oppose the expansion. As it stands now the Placer County Supervisors will take up both the Master Plan and Hidden Falls expansion and EIR at a future meeting , most likely in the Fall.

Until then we need to keep up the pressure , write letters to the Supervisors, news releases, comment on the EIR. and most importantly have a large showing of trail supporters at the Supervisors meeting when they take it up in the fall. A small core group of horse, bike, trail runners, hikers has been formed to get the word out and coordinate an effort to support the Master Plan. A couple of meetings have been held and as more information becomes available GCTC's support will be solicited.

Having trails to ride and hike from Tahoe to the Valley floor including Hidden Falls will be very spectacular indeed and someday interconnected with Nevada County Trails.

The Plan deserves our support.

Jeffrey Foltz of Gold Country Trails Council.



LBHA Events

July Meeting Discussion to Create an Evacuation Checklist July 17, 2019 Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650 Eat 6:00 pm, Meeting 6:30-7:30 pm Members and non-members are welcome to attend. Bring your ideas, suggestions and forms to share with the group as we create a plan for emergencies and evacuations.

#2 July Free Obstacle Day - Members Only (join for \$15) July 28, 2019 LBHA Arena located at 3550 Ong PI. Loomis, CA 95650

2 of 3 FREE Arena Obstacle Day for members only or join for \$15 (1/1 - 12/31 membership). Have a fun day with your horse under saddle or in hand with no pressure. This is not a clinic, obstacles will be available to use at your leisure. Each event will have slightly different obstacles and we're open to any ideas you have! Please help set up at 8:30 am. Event starts at 9:00 am-11:30 am help cleanup

Aug Meeting - Judges Talk August 21, 2019 Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650 Eat 6:00 pm, Meeting 6:30-7:30 pm Members and non-members are welcome to attend.

Mandi Thompson will share her knowledge to help us gain insight from a judge's perspective. Join us to learn what judges are looking for as you show!

Sept Horse Show planning meeting September 18, 2019 Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650 Eat 6:00 pm, Meeting 6:30-7:30 pm Members and non-members are welcome to attend.

#3 Sept Free Obstacle Day - Members Only (join for \$15) September 28, 2019 LBHA Arena located at 3550 Ong Pl. Loomis, CA 95650



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Events Continued ...

Oct English Horse Show October 12, 2019

Oct Western Horse Show October 13, 2019

Nov Meeting - Horse Show Recap & Nominations November 20, 2019 Round Table Pizza 6111 Horseshoe Bar Rd, Loomis, CA 95650 Eat 6:00 pm, Meeting 6:30-7:30 pm Members and non-members are welcome to attend.

December Annual Christmas Party December 18, 2019









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LBHA NEWSLETTER



MEMBERSHIP

Please renew your membership.

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

All Memberships NOW renew every January 1 so those of you that have memberships that expire in June have an extension to December 31st. Pay on line the easy way!

Being an LBHA Member is a great way to give back to our community.

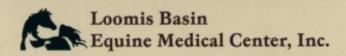
We thank you in advance.



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LBHA NEWSLETTER



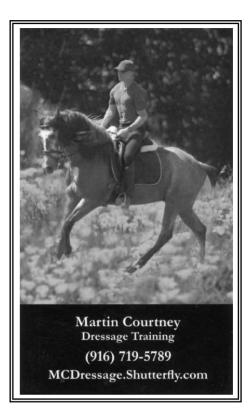
Office Hours Monday thru Saturday 8:00am - 6pm Appointment Hours Monday thru Saturday 9:00am - 5pm

In-house & Ambulatory Emergency Services available 24 hours/7 days

(916) 652-7645 2973 Penryn Road Penryn, CA 95663 Visit us at: lbemc.com

DOCTORS Langdon Fielding, DVM, Dipl ACVECC Catherine Jacobs, DVM Jill Higgins, DVM Robert Morgan, DVM Diana Stolba, DVM Eduardo DeLaCruz, DVM Jennifer Mayer, VMD Emily Wilson, DVM Elizabeth Howard, DVM

Jason Errico, DVM Dipl ACVS - Surgery Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine



Knicker Knod s t a b l e

Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

Boarding/Lesson special: Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

Boarding barn stalls | pipe corrals | pasture from \$305

Amenities 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

Riding lessons Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

LOOMIS, CALIFORNIA

No expiration

Terry 916.778.8651 Kathy 916.204.0346 www.knickerknobstable.com Facebook.com/KnickerKnobStable



Equine Colic, 33 Do's and Don'ts By: Marcia King The Horse.com

1.DO check your horse's vital signs."Check your horse's heart rate and rectal temperature," suggests Dr. James Carmalt. "Also check his hooves for heat and his rump muscles for tightness: These may reflect laminitis and tying-up, respectively, which can mimic colic/abdominal pain."

2.DO look for the presence of feces in the stall or pen, adds Carmalt. Absent or reduced amounts of manure could indicate a problem.

3.DO call your veterinarian immediately, regardless of the severity or vagueness of the signs. Waiting too long could allow minor problems to become severe and severe problems to become untreatable. Relate your horse's vital signs and describe his clinical signs. "The vet can ask questions over the

phone to better assess whether a veterinarian needs to examine the animal at that time or if the owner can just monitor the horse and summon the veterinarian if signs worsen," says Dr. Amy Plummer Weatherly.

4.DON'T use a wait-and-see approach before talking with your veterinarian. "There is definitely danger in delaying calling the veterinarian, especially with some forms of colic," Weatherly warns. "If a horse is painful because of excess fluid in his stomach, the horse could rupture his stomach; once this occurs, there is no treatment that will save him. This can happen in a relatively short amount of time, within hours from the onset of clinical signs."

5. DO closely monitor your horse for as long as it takes. "Many people have the misconception that they can go and do errands and come back in a couple of hours to see how the horse is doing," says Fugaro. "Your horse's clinical signs and condition can worsen very, very quickly. You've got to check your horse every 15 to 20 minutes."

6. DO walk your horse, if it's safe and recommended by your veterinarian, to stimulate gut motility and to prevent injury from rolling. "Greater than 50% of mild colics will clear up with just that (walking)," says Dr. Daniel P. Keenan. He recommends 45-60 minutes of brisk walking. However, walking too much can exhaust a horse, so only walk him enough to keep him from going down and rolling.

7.DON'T exercise aggressively, as vigorous exercise slows gut motility and can lead to exhaustion when the horse needs to retain fluid and energy, Fugaro states.

8.DON'T permit access to feed (hay, grass, or grain), as food could exacerbate the problem. Even when colicking, some horses will still want to eat, perhaps even gorge themselves, as a response to pain.

9.DO withhold access to water until the veterinarian can examine the horse and pass a stomach tube. If the stomach is distended, allowing the horse to drink could result in a ruptured stomach.

10.DON'T medicate without your veterinarian's approval, as pain medications can mask clinical signs, making it more difficult to get a timely, accurate diagnosis.

11.DON'T overmedicate. "An appropriate dose of Banamine (flunixinmeglumine) as recommended by the veterinarian should last 24 hours," Fugaroexplains, although some veterinarians point out that Banamine often requires administration every 12 hours at the appropriate dose. "If the horse is not responding to a painkiller, it is not because you didn't use enough medication, it's because the condition is beyond what that medication can do."

12.DON'T administer anything via a nasogastric tube or syringe mineral oil into the horse's mouth.

13.DON'T administer enemas. "The rectum of a horse is extremely fragile, and you can get a rectal tear," says Fugaro. "Rectal tears lead to a secondary peritonitis (inflammation of the abdominal lining), which is often fatal."

14.DO keep your horse contained in a safe area, such as a small pasture or large box stall, where he can't get cast or knock into things, suggests Weatherly. "Separate a mare from her young foal to prevent injury to the foal. If possible, move the foal to an area where the mare can still see her baby." Just realize that this scenario might create more anxiety for the mare, so it will be a management decision that requires sound judgment.

15.DO start thinking about preparing for trailering at the onset of clinical signs, Keenan says. "Who can you call to borrow a trailer or to help you with transport? Are the trailer tires inflated? Is your trailer operable and ready to go?" Ideally, you should have a contingency plan for trailering prior to encountering a colic that might require referral. It's also a good idea to maintain your truck/trailer so they are ready in an emergency such as this.

16.DO trailer the horse, if possible, in a trailer without dividers. This reduces the chance of your horse getting cast under a partition, Weatherly says. However, many colicking horses trailer fine, and the confinement the divider provides seems to help. This is something that needs to be thought through prior to an emergency.

17.DON'T ride in the trailer. "It's unsafe," says Weatherly. "There is nothing you can do, anyway, to help once your horse is loaded."

18.DON'T deviate from your veterinarian's treatment plan, cautions Carmalt. Administer medications correctly and follow the recommended protocol for the complete duration prescribed. If you have concerns, ask your veterinarian before making any changes.

19.DO monitor the incision site daily if your horse required surgery. Call your veterinarian if there are adverse changes in your horse's appetite, behavior, demeanor, or in the appearance of the incision.

20.DON'T place your hands or fingers on the surgical incision. "This increases the risk of incisional infection," Carmalt states. However, the horse probably shouldn't be released from the hospital as long as this potential remains.

21.DO discuss postoperative complications and home-care instructions with your vet before going home with your postop horse, urges Weatherly. Get a clear understanding of what you're supposed to do.

22. DO maintain a consistent feeding protocol and introduce feed changes gradually. "The most common association with colic is a change in feed or hay batch within the prior two weeks," says Keenan. When switching to a new food source, try to do so gradually over at least 10 days.

23.DO feed frequently. Says Weatherly, "Multiple smaller meals are generally better for the digestive tract than one or two large meals." The most important part of feeding is consistency with the total amount of feed (energy) given to the horse each day and sticking with a routine.

24.DO forego grain over forage. "Horses' intestinal tracts are not made to digest grain," Keenan says. In fact, high-grain diets are linked to increased incidence of colic as well as founder, obesity, and other disorders. "The only horses that need grain

25.DO encourage drinking to reduce risk of impaction colic. Provide access to warm water in the winter and cool water in the summer. Tempt horses that routinely don't drink much by mixing ample amounts of water into grain, gradually increasing the water:grain ratio. "You can slowly increase the water to the point where the horse will drink a whole bucket of water to get to a half pound of grain," says Keenan. "Do that twice a day, and you've got them drinking two buckets of water a day." Do not allow the grain to ferment.

26.DO provide regular exercise. "Keeping an exercise routine consistent is beneficial," says Weatherly. This includes regular turnout, as well. Avoid "weekend warrior" activities or intense bouts of exercise followed by long periods without exercise.

27.DO maintain an approved parasite control routine. "Your veterinarian can determine an appropriate program based on the pasture and age of your horse," Weatherly says. Research suggests strategic parasite control is optimal; owners should contact their vets to design a program based on fecal egg counts and pasture management. Nonstrategic rotational deworming causes parasite resistance to anthelmintic (parasite-killing) drugs and is no longer recommended.

28.DO take steps to reduce ingestion of sand. Keep hay off sandy surfaces by placing rations in a manger, cut-down garbage can or rain barrel (ensuring there are no sharp edges), or on a cement pad or rubber mat swept clean of sand. If your horse likes to pull his hay out of the container and eat it off the ground, lay mats around the container.

29.DO check stool samples of horses prone to sand colic. "Put about two cups of manure in a gallon Ziploc bag, fill the bag with water, close the bag tightly, then shake it up until all of the manure is dissolved," Keenan advises. "Hold the bag by one corner so the opposite corner is hanging lowest. Tap the bag and the sand will settle out in the lower corner. If your horse has more than half a teaspoon, he's positive for sand ingestion. If you get a negative, repeat the test three or four times over a three-day period to make sure."

30.DO administer psyllium products, according to your vet's instructions, if your horse has a sand burden, suggests Keenan. Keep your horse off sandy areas until the problem clears.

31.DO consider management changes if your horse has colicked before. "Ask your veterinarian if there are specific things you can do to decrease the chance of colic," says Weatherly. "For example, a feed or housing change."

32.DO consider gastric ulcer prevention methods for highly stressed horses or performance horses, per veterinary instructions, says Keenan. "Make sure these horses get endoscopic exams, as ulcers are a common cause of mild colic."

33.DO consider getting major medical (not just surgical) insurance to cover the costs of advanced medical and surgical care for your horse. It is not as expensive as you might think and can save you the stress.









Debris and Rock

removal

Sand and Arena
Top soil Spreading

 Ripping, Grading, and Grooming

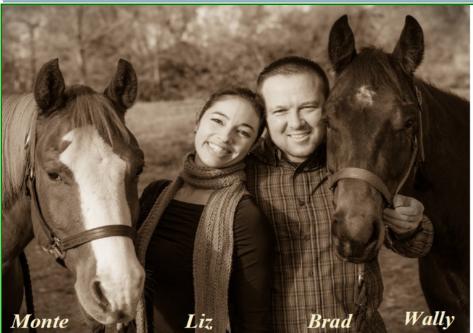


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Next Meeting

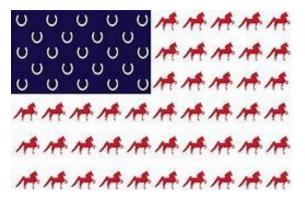
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Reminder!

LBHA has an electronic Membership form available on our website that let's you pay your renewals through paypal if you choose. Find it under the JOIN tab.

Arena

Please NO TRAILERS or HORSES on the asphalt parking lot. No barrels, poles or other equipment may be used in the arena. Small Orange cones allowed. Trainers must have an Arena Use form submitted annually as well as the proper insurance naming LBHA and Placer County as "Also Insureds." If Insurance is cancelled 2 times or more, the permit is no longer valid. Trainers MUST contact LBHA with the time and number of students that will be in class, 24 hrs before the lesson. (All Forms are on LBHA Website at LBHA.us)





LBHA NEWSLETTER



From the Loomis Basin Horsemen's Association

Happy All of July!

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's Association P.O. Box 2326 Loomis CA 95650

> E-MAIL: lbha@garlic.com

We're on the Web! See us at: Lbha.us

Get Info on Trails The Arena at the Park Meetings Clinics Traylor Ranch LBHA Horseshow