Loomis Basin Horsemen's Association

P.O. Box 2326 Loomis CA 95650

Volume 32 Issue 2

FEBRUARY 2016

Newsletter

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PRESIDENTS MESSAGE by Maureen Henderson

Heard we had a good turnout for our January meeting.

Several of our members had suggestions for events they would like to see happen this year. Our publicity chairperson, Liz, has scheduled a special meeting on February 9to begin putting these ideas into action. If you would like to be a part of this team and become a little more involved, be sure to attend. It will be held at the Round Table Pizza in Loomis at 6:00 pm.

Message is short this month as I am still enjoying my vacation in Maui watching breaching Humpback whales and sea turtles sunbathing on the beach.

Hope to see many of you at our special events meeting on the 9th, and if not then, at our regular monthly meeting on Wednesday, February 16.

LBHA's Publicity chair Liz Daffner is asking for a handful of members to help with 2016 event planning at a separate meeting. This will be a small group of members willing to share the responsibility of planning and preparing for this year's small to medium sized events. Several ideas from the 1/20/16 general meeting don't require much planning while others such as a tack swap (tentative) need to be discussed in detail.

LBHA Event Planning Meeting

Tuesday, February 9th @ 6:00 p.m.

Roundtable Pizza

6111 Horseshoe Bar Rd.

Loomis, CA 95650

Tack Swap

Cow Clinic/ Ranch Sorting with Kathy and Elliott Roberts

Dressage with Marty Courtney

Western Dressage with Vivian Mevorah

Competitive Trail Clinic with Debbie Murphy

Bike Clinic

Mustang talk/demo: The R3C Wild Horse Program allows inmates to train wild horses for adoption

Obstacle Day/Desensitization Training Day

Website to LBHA has been changed! www.lbha.us

SUPPORTING LBHA HELPS SAVE AND MAINTAIN OUR TRAILS, THE ARENA AT THE PARK, TRAYLOR RANCH AND THE RURAL LIFESTYLE

2016 OFFICERS AND BOARD MEMBERS

COMMITTE HEADS

PRESIDENT:Maureen Henderson916-663-9362VICE PRES:Pat Gibbs916-765-3006TREASURER:Janis Rau916-652-0894SECRETARY:Bree Hendricks916-663-8691

BOARD OF DIRECTORS

 Dave Faoro
 916-663-3437

 Barbara Heyward
 916-652-4781

 Greg King
 916-804-5659

 Barbara Larwrie
 916-206-3092

 Melanie Warlow
 408-621-0138

COMMITTEE HEADS

Trail Info. Robert Sydnor 916 335-1441 Trail Maint. Open Donna Kelly Historian 916 956-6248 Publicity-Liz Daffner 916-708-1244 Horseshow Janis Rau 916-652-0894 Traylor Ranch NR Dave Faoro 916-663-3437 County Liaison-Trails Pat Gibbs 916-765-3006 Newsletter **Denise Howell** 916-207-2543 Arena Kathy Dombrowski 916 652-5204 **Denise Howell** 916-207-2543 Arena Membership Kathy Dombrowski 916 652-5204

PLACER COUNTY PARKS ADMINISTRATOR

John Ramirez 530 889-6807

PLACER COUNTY AG COMMISSIONER

Joshua Huntsinger 530 889-7326

CALIFORNIA STATE PARKS – Gold Fields District
Richard Preston (interim super) 916 988-0205 ext 226
Brian Moses (trails maint super) 916 240-7198
State Parks Dispatch 916 358-1300
(Call above number for incidents in State Parks)

You cannot train a horse with shouts and expect it to obey a whisper.

- Dagobert D. Runes





TRAYLOR RANCH NATURE RESERVE

Traylor Ranch trails are in great shape.

If you come out and walk or ride the trails, please bring your hand pruners and nip any of those long berry branches that reach out to get you as you walk by.

If you see any large standing water or trail erosion, please send me a note. I'd like to extend a big thank you to all of the volunteers which came out to work this year. Without your help, there wouldn't be a Traylor Ranch.

**Mark your calendar now for our first work day which is March 26, 2016. There will be more details in the March newsletter.

Get out and enjoy.

If you have any questions about Traylor Ranch, don't hesitate reaching out to me.

Dave Faoro
TRNR Committee
Chairman,
dave lbha@faoro.us



General Meeting Minutes for January 2016

Un-approved Minutes of the Membership Meeting

Donna Kelly reviewed the treasury report in detail and provided copies to members.

Bob Syndor stood up and talked about this trail report. The idea of creating an online membership renewal form was discussed along with possibly selling t-shirts on our website to make additional money.

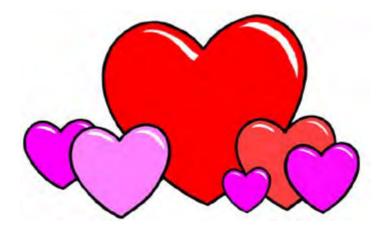
Kathy Dombrowski brought up LBHA going to Horse Expo this year, but there was a variety of different opinions relating to cost, community visibility, numbers of volunteers needed, and actual members gained. It was clear that many exiting members would renew yearly at the event which is why some memberships expire/renew in June.

One of the members brought up the idea of a round pen installed at Traylor ranch, which most members agreed would be a good addition if allowed per our agreement with the county.

Liz Daffner presented ideas for 2016 events and brought the graph of survey results published in last month's newsletter. The graph highlighted what our members are most interested and many attendees contributed their ideas to form a list that was recently sent out and included in this newsletter.

Vivian Mevorah notified the group that Equestrian Connection is no longer in print so we will not be able to use it for advertising our events.

Permission was granted for Liz to form a committee for events and hold a separate meeting to discuss details and execution.



Brain Teasers

I'm on a horse.

You're riding a horse. To the right of you is a cliff and in front of you is an elephant moving at the same pace and you can't overtake it. To the left of you is a hippo running at the same speed and a lion is chasing you. How do you get to safety?

Get off the Merry Go Round!

A Cowboy rides into town on a Friday. Stays there 3 days and leaves on a Friday. How did he do it?

The horses name is Friday!

Two cowboys live next door to each other and both have a corral for their cows in the back. One day they meet at the back of their homes, standing next to a wall dividing their corrals. The first cowboy gets to thinking and asks his neighbor for a cow so he can double his herd. The other cowboys replies, "That's fine by me partner, cuz then we'll have the same number of cows?" How many cows does each cowboy own?

A = A = A = A. So A = A = A. A A = A = A.

. (00

We'll use A to represent the first cowboy and B for the second cow-

Lost & Found & For Sale

WESTERN SADDLE FOR SALE - Custom made by Doug Galli of Newcastle. This saddle was made for a Paint horse and was only used a few months before we had to sell the horse. It has a 16" tree with a slick fork and high cantle. It includes a martingale style breast collar and has a latigo wrapped horn, back cinch with a knife and hoof pick holder attached, and 4" oversize stirrups. The stirrup leathers are turned so it is easy on the knees. It is a beautifully made saddle in excellent condition and is very comfortable to ride. \$2,200. Call the Jerry or Linda Potter at (916) 652-5339. There is a message machine after 7 rings, so don't give up if we are outside and can't get to the phone!

Found: 2 whips at LBHA Arena One 4 foot with no ID. One 6 foot with colored tape Both black.

Link to our Classifieds on our LBHA Website www.lbha.us









FREE: Willow Firewood, you pick up. Good starter wood. call Kathy 9-778-8089

Classifieds are Free to Members!

MEMBERSHIP

Please renew your membership. Many were due end of December. Click on "Need to Renew" on website. Lbha.us

Please Renew Today!

If you are not getting e-mails from LBHA, we may not have the correct e-mail or you are blocking LBHA. The Newsletter goes on line the first week of each month, so if you do not get a notice, just check the webpage and then get the correct e-mail to LBHA.

Being an LBHA Member is a great way to give back to our community. We thank you in advance. Thank you.



AD FEES For LBHA Members

(Non-Members add \$10 to below fees)

NEWSLETTER ADS Deadline is the 25th of the month ½ page: 1 year \$60 Includes Business card on Website.
½ page: 6mos \$30

Business Card Ad per issue: \$10 / issue Business Card Ad/year: \$40/year includes card on Website

DIRECTORY ADS Deadline for Directory ads is March 1

Full Page Ad: \$25 ½ Page Ad: \$15

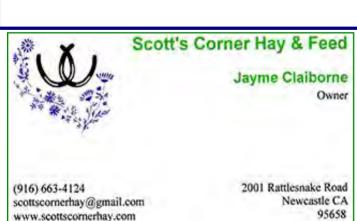
Business Card Ad: \$10 - Free for LBHA Business Members

WEB ADS

Business Card Ad – one year Members \$40 Classified Ads- Free to Members

NOTE add \$10 to fee for Non-LBHA members







Horse Allergies: Symptoms, Common Causes & Treatments of an Equine Allergy

Just like allergies in humans, it can be challenging to diagnose an allergic horse. The symptoms your horse shows might be consistent with those that would suggest equine allergies. Horse owners must be aware that these symptoms might also be associated with other common equine health and disease conditions.

What Are The Symptoms?

A horse can exhibit many different symptoms when suffering from an equine allergy. Some of the most common symptoms of horse allergies are tearing eyes, coughing, or raised lumps on the horse's shoulders. Other horses may simply act as if they aren't feeling well. Attentive horse owners can usually tell when a horse is not feeling well and acting unusual. If your horse has had a change in behavior, you should have the horse evaluated by your local vet. Your vet can tell you more accurately if your horse is suffering from allergies or some other equine illness.

Why It Is Difficult To Diagnose Equine Allergies

Equine allergies can take months, or even years, to fully develop. A horse that has never been allergic to something before might develop an allergy, without warning. Undetected allergies are very difficult to prevent and diagnosis initially, since there are so many sources of environmental allergens. The horse's age, gender, or breed is not a significant factor that contributes to allergies. Any horse can come down with hives or other skin allergies at any time in their life.

What Causes Allergies in Horses?

Many different items commonly found in any horse's environment can cause allergies. Under normal living conditions, horses are engulfed in dust, mold spores, and other allergens all day long. In the pastures where horses graze, there are many different proteins that could potentially cause an allergic reaction. Usually a horse can fight off these allergens with a healthy immune system, but not in every circumstance.

A healthy horse's immune system makes proteins called antibodies. Antibodies are used by the body as weapons against antigens (the allergens). When the system works correctly, the antigens are eliminated. Allergic reactions, also known as hypersensitivity, occur when the immune system overreacts to an outside antigen that is introduced to a horse's body.

Some allergies are quite minor, while others can be life-threatening allergies that can cause problems with the cardiovascular and respiratory systems. Anything in the air, like mold or spores can cause allergic reactions. In addition, certain foods, feeds, grains, hay, nutrition supplements and insect bites can also trigger allergic reactions.

Skin Allergies in Horses

Skin allergies are among the most commonly experienced allergies in equines. They usually appear 12 to 14 hours after the horse is exposed to the antigen. Skin allergies usually appear as hives and in horses often show first around the neck and shoulders. Horses may experience fever or itchy skin when they have hives. Skin allergies can be caused by food allergens or even insect bites. Allergic reactions caused by gnat bites are particular common in equines. Sometimes mosquito bites in certain invested areas of the United States can also be a problem. Many horses will rub the areas where the bites are present until they have very little hair or even a bald spot remaining.

Horses often recover from hives and other skin allergies without any intervention needed. However, if the hives occur often, with no apparent reason involved, a vet can do an intradermal skin test to identify the allergen. If an antigen is found through the test, hyposensitization (similar to allergy shots) may help fend off hives. In addition, corticosteroids are commonly used to treat skin allergies.

Respiratory Allergies in Horses

Heaves is the term most vets use for respiratory allergies in horses. The symptoms can include coughing, exercise intolerance and nasal discharge. It is extremely similar to asthma in humans. In some horses, owners will notice wheezing associated with respiratory allergies. There may even be a visible "heave line" in the area between the flank and the thorax. It is important to get a heaving horse treated as soon as possible because severe cases can cause weight loss.

There are several environmental issues that can cause heaves in horses. Pollen, dust, and mold, easily found in most horse stables, are the more common triggers. The best treatment to cure or relieve your horse of heaves is to identify and remove the trigger as quickly as possible.

In many cases, you can simply take the horse out of the stable and let it out to pasture for some fresh air.

Hay, common in almost all horse environments, can host many organisms that cause heaves. Soaking your hay in water can help remove any unwanted spores. If your horse still can't stay healthy with hay in its immediate environment, owners may need to take hay out of the horse's diet completely and replace with pelleted feed rations.

A secondary course of action that your vet can prescribe in some cases of heaves is corticosteroids. We recommend that all horse owners speak with their vet directly about any and all horse and equine medications before using them.

French Drains and Muck Buster Cedar Chips for Mud and Drainage in Horse Paddocks

by Robert H. Sydnor

California Certified Hydrogeologist and AERC Trail Master February 2016

Introduction

With the sustained winter rains from El Niño, our paddocks, equine wash-racks, round-pens, arenas, and hitching areas have become severely muddy under the hooves of our horses.

The purpose of this brief report is to suggest **French Drains** to increase lateral subdrainage, and explain the use of **coarse wooden chips of red cedar** (= Muck Buster $^{\text{m}}$) for drier footing for our horses during intense rainstorms.

A number of hyperlinks are provided so that equestrians and their landscape contractors can research various options that are economically suitable and cost-effective for individual horse ranches. Approximate costs are provided for general budget planning, but these prices are highly variable on a seasonal basis. Check around for the lowest costs from several vendors and contractors. Perform your research on the Internet. (No vendors or contractors are endorsed and no costs are precise in this generalized and concise report.)

The geologic subgrade (various soil thickness, various kinds of bedrock) and the topography of each horse ranch are the variable parameters for each drainage problem.

Muck Buster

Sheltered stalls typically utilize wooden shavings for bedding. Outside paddocks that are exposed to heavy rain will need **coarser chips** for **resilient surfaces** under horse hooves.

An optimum choice is Muck Buster™ by Mallard Creek, Inc., 4095 Duluth Avenue, Rocklin, CA 95765, (phone 916-645-1681); office hours 7:00 AM to 3:30 PM, Monday through Friday (closed on weekends). It is shipped all over America from Rocklin.

Muck Buster is composed of virgin western red-cedar that is cut into coarse chips. It is available from local feed and ranch-supply stores in 2 cubic-foot bags, approximately \$5 to \$6 per bag. Mallard Creek does *not* retail the bags to equestrians; it is available only from local ranch-supply stores. The optimum local vendor appears to be Echo Valley Ranch Supply (phone 530-823-1482) in Auburn at \$4.99 regular price per bag, and \$4.25 on sale.

Local equestrians with pick-up trucks or open-bed trailers can go directly to Mallard Creek in Rocklin and obtain one cubic yard of Muck Buster for \$18. This weighs about 400 pounds. You will need a tarp to cover the truck-load, and so avoid a ticket from the Highway Patrol for a blowing load of chips on the freeway.

One cubic yard equals 27 cubic feet, or about $13 \, \text{1/2}$ smaller bags. One cubic yard of Muck Buster chips, spread at a recommended thickness of 4 inches, will cover about 80 square feet.





Preparation of the Paddock Surface

Prior to spreading Muck Buster cedar chips, use a shovel and manure cart to remove horse manure and wet mud, as much as possible. A small backhoe with a front-end loader is optimum for this, but access for heavy equipment inside a paddock is often impossible because of existing pipe-corral fences.

Inside the paddock, create a broad swale for surface drainage on top the mineral soil. If applicable, design a connector to your French Drain system (see below), so there will be both surface and subsurface drainage. This way, an integrated system is created, for both the Muck Buster layer and the more expensive French Drain.

It is advisable to import a 4-inch thick layer of rounded pea-gravel, tamp this down, then spread the Muck Buster cedar chips to a depth of about 4 inches.

French Drain System

Historical Background

In 1859, a practical book on farm drainage was authored by **Henry F. French** (1813–1885), a Massachusetts agriculturist, professor, inventor, lawyer, judge, postmaster, and Assistant Secretary of the U.S. Treasury. He was academically trained at Harvard Law School.

Henry French described a subsurface ditch system for agricultural drainage in New England where there are heavy winter rains and deep snowfall. Hence the name: French Drain.

The initial concept has been improved over the past century, but the name has endured. We now have backhoes, Ditch Witch trenchers, perforated PVC pipe, pea-gravel, and permeable fabrics to exclude clay and silt from clogging the system. French Drains are used all over the world on a daily basis by Hydrogeologists, Engineering Geologists, Geotechnical Engineers, Hydrologists, and Landscape Contractors to achieve efficient drainage for a variety of applications in earthwork and foundation engineering. Equestrians can now employ this simple drainage system for paddocks, equine wash-racks, round-pens, arenas, and hitching-post areas within the stables.

Subdrainage Trench Filled with Permeable Gravel with a Perforated PVC Drainage Pipe



French Drain with two perforated pipes. Rounded gravel is preferred, rather than the angular crushed gravel (as shown)

A typical French Drain is on the order of $2\frac{1}{2}$ to 3 feet deep and about one foot wide. Wider is better. The French Drain has a perforated plastic pipe for lateral drainage. The trench is backfilled with rounded gravel that is highly porous. Depending on the severity of the drainage problem, the relative dimensions can be adapted. The porous pipe needs to drain laterally at least 1%, and optimally 2% gradient, for positive flow.

2% gradient means it drops 2 feet in 100 lateral feet.



EZ Drain Filter Pipe



gravel is still needed

To read the rest of this informative article go to: http://www.lbha.us/#!trails/c1cr

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LBHA NEWSLETTER

LBHA Banking Summary For 2015

_	Account Balances			
LBHA		¢551 05	EXPENSES	
LBHA Checking		\$551.05 \$5482.53	Arena repairs/maintenance \$149	9.23
	LBHA Savings	\$5482.53 \$216.31	Bank Fee	\$10.75
	Petty Cash		Keys	\$44.15
	LBHA CD	\$15,555.57	Donations	\$1188.19
LBHA TOTAL		Φ 21 007 46	II C1 F.	\$1,452.00
		\$21,805.46	Clinics	\$272.01
			T-Shirts	\$1293.55
Tra	ylor Ranch	#10 212 1 0	Office Supplies	\$22.99
	TRNR Money Market Fund	\$18213.18	Insurance	\$1333.00
	Traylor Ranch CD	\$5,115.01	Internet Fee	\$402.99
_			3.6' 11	\$806.86
Tra	ylor Ranch TOTAL	\$23,328.19		\$617.63
			Arena Supplies	
CDs			Porta-Potty	\$1897.50
	LBHA CD	\$15,538.75	Printing/Postage \$373	
	LBHA CD - interest	\$16.82	Post Office Fees	\$92.00
			CA State Fee for Non-Profits	\$20.00
LBHA	CD Total \$15,55		I DILL TOTAL EXPENSES	Φ007610
	Traylor Ranch CD	\$5,112.02	LBHA TOTAL EXPENSES	\$9976.12
Traylor Ranch CD - interest		\$2.99	(Porta-Potty is for 2015 and 2016; without	at 2016, LBHA Total
			Expenses would be \$ 8,986.12)	
Tra	ylor Ranch CD Total	\$5,115.01		(********
			LBHA NET PROCEEDS	(\$3459.02)
Propert	y Replacement Fund		(Net Proceeds without the 2016 Porta-Potty expense \$	
_	Beginning Balance	\$1,827.86	(2,469.02)	
	Income	\$2.64		
	Expense \$-		NonLBHA_Use	
Enc	ling Balance	\$1,830.50	Incoming	\$395
	8	. ,	Outgoing	\$395
Bankin	g Summary - Income and Expenses			
	5		TRAYLOR RANCH	
INCON	ИE			
	Arena Use Fees	\$200.00	INCOME	
	English HS Class Fees	\$1,072.00	Donations	\$994.68
	Western HS Class Fees	\$859.20	Savings Acct Interest	\$16.02
	HS Sponsors	\$1225.00		
	T-Shirts	\$300.00	EXPENSES	\$468.26
	Advertising	\$200.00		
	Dues	\$2070.00	TOTAL Traylor Ranch	\$492.44
Printed newsletter Keys Property Replacement Fund Donations		\$80.97	•	
		\$165.00		
		\$2.64		
		\$2.04 \$245.00		
	Miscellaneous	\$243.00 \$97.29		
	wiiscenaneous	ψフ1. 4 フ		
LBHA TOTAL INCOME \$65		\$6517.10		
LDITA TOTAL INCOME		φυσ1/.10		



The Placer County Parks Division has partnered with several equestrian based organizations to develop and implement the "LEAVE ONLY HOOF PRINTS"

program. Leave Only Hoof Prints is a program where horses leave only great impressions.

- To those who have already picked up after your horses, THANK YOU!
- Do not spread manure to the adjoining grass and bushes.
 Take it home with you.
- Please pick up all manure around your trailer. Please do not clean out your trailer at any staging area Take it home with you.
- LEAVE ONLY HOOF PRINTS

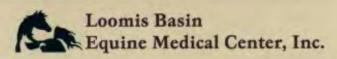
in the staging, parking and picnic areas.

Includes Hidden Falls, Traylor Ranch, Sterling Point Staging Area, & the LBHA Arena Trailer Parking areas (in front of Red Gate and in actual Trailer Parking Area.





LBHA NEWSLETTER



Office Hours Monday thru Saturday 8:00am - 6pm Appointment Hours Monday thru Saturday 9:00am - 5pm

In-house & Ambulatory Emergency Services available 24 hours/7 days

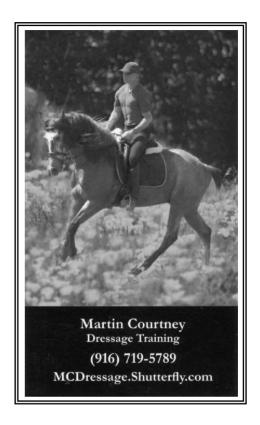
(916) 652-7645

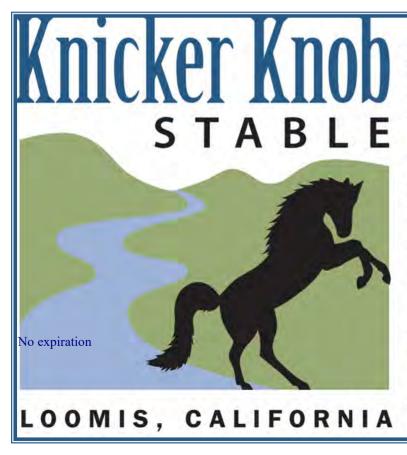
2973 Penryn Road Penryn, CA 95663 Visit us at: Ibemc.com

DOCTORS

Langdon Fielding, DVM, Dipl ACVECC
Catherine Jacobs, DVM
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Eduardo DeLaCruz, DVM
Jennifer Mayer, VMD
Emily Wilson, DVM
Elizabeth Howard, DVM

Jason Errico, DVM Dipl ACVS - Surgery
Dominic Dawson Soto, DVM Dipl ACVIM - Internal Medicine





Conveniently located near Horseshoe Bar Road and Auburn Folsom Road and within riding distance to the Folsom Lake trails. Knicker Knob has long been known in the Gold Country equestrian community for producing safe and knowledgeable horsemen.

Boarding/Lesson special: Boarders at Knicker Knob Stable can participate in free lessons every Friday 5:30–7pm during Daylight Savings Time. Non-boarders can trailer in for lessons for \$20 each. Lessons are taught by Terry Haney.

Boarding barn stalls | pipe corrals | pasture from \$305

Amenities 140' X 70' lighted arena | 50' round pen grass turnout | large wash rack | indoor grain room tack rooms | bathroom | refrigerator | shaded picnic area

Riding lessons Offered by our teaching staff with a combined experience of 60 years of teaching. Group \$25 | semi private \$30 | private \$40

Terry 916.778.8651 Kathy 916.204.0346 www.knickerknobstable.com Facebook.com/KnickerKnobStable

LBHA NEWSLETTER

MEMBERSHIP FORM LOOMIS BASIN HORSEMEN'S ASSOCIATION

The Loomis Basin Horsemen's Association, founded in 1984, is a non-profit informational and awareness organization dedicated to the Arena at the Loomis Basin Community Park, Loomis Basin Trails, Traylor Ranch, and the preservation of the Rural Life-

INDIVIDUAL (\$15)	FAMILY (\$20) BUSINESS (\$25) Please submit business card for
Roster NEW MEMBERSHIP	RENEWAL
PLEASE INDICATE COMMITTEE(S) YOU Would Like to Serve On Arena Membersh	TEE(S) YOU CHECK AREAS OF INTEREST Membership Trail Riding
Trail Publicity Newsletter	oo lib
Horseshow Work Days	
I would like to contribute Fund. Contributions to either Fi and maintenance of the Arena at nance of Basin Trails OR for Ma Reserve.	I would like to contribute to the Equestrian Fund or to the Traylor Ranch Fund. Contributions to either Fund are Tax Deductible and will be used for construction and maintenance of the Arena at the Loomis BasinCommunityy Park, and for Maintenance of Basin Trails OR for Maintenance and upkeep of the Traylor Ranch Nature Reserve.
TRAILER PARKING KEYS: Keys are available LBHA members. Check here If you need a Key	TRAILER PARKING KEYS: Keys are available to members at \$500 and \$10 to non-LBHA members. Check here If you need a Key
KEY NUMBER to be filled in by LBHA)	by LBHA)
Name	Date
Business name:	Juniors
Address	Juniors
City_	Zip
Phone E	E-Mail Address
AMOUNT ENCLOSED for DUES, TRAIL/ARENA FUND, Or KEYS	Make Checks out to LBHA and mail to:

LOOMIS BASIN HORSEMEN'S ASSOCIATION

RELEASE AND HOLD HARMLESS AGREEMENT

The Undersigned assumes the unavoidable risks inherent in all horse-related activities, including but not limited to bodily injury and physical harm to horse, rider and spectator. The Undersigned acknowledges that horse-related activities are dangerous and that horses themselves have unpredictable temperaments which can sometimes cause injury. The Undersigned acknowledges that even the most experienced horse event sponsor, participant or horse owner cannot predict how each individual horse will react in a variety of situations and cannot guarantee my safety. THEREFORE, BY SIGNING BELOW, I KNOWINGLY ASSUME THE UNAVOIDABLE RISKS INHERENT IN ALL HORSE-RELATED ACTIVITIES, WHETHER KNOWN OR UNKNOWN, INCLUDING BUT NOT LIMITED TO BODILY INJURY AND PHYSICAL HARM TO HORSE, RIDER AND SPECTATOR, AND AGREE TO THE FOLLOWING ON BEHALF OF MYSELF AND MY SPOUSE, IF ANY:

1. IHEREBY RELEASE AND DISCHARGE LOOMIS BASIN HORSE-MEN'S ASSOCIATION ("LBHA"), THE LBHA BOARD OF DIRECTORS, ALL LBHA OFFICERS AND INDIVIDUAL CLUB MEMBERS AND THEIR AGENTS, EMPLOYEES, OR REPRESENTATIVES, AS WELL AS PLACER COUNTY, (HEREINAFTER COLLECTIVELY KNOWN AS "RELEASEES") FROM ALL ACTIONS, CLAIMS OR DEMANDS I MAY NOW OR HEREAFTER HAVE FROM INJURY, DEATH OR DAMAGE RESULTING FROM MY PARTICIPATION IN ANY HORSE-RELATED ACTIVITIES SPONSORED BY LBHA, AT LOOMIS BASIN HORSEMEN'S ARENA OR AT ANY OTHER LOCATION.

\$1542, which states: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the dime of executing the release, which if known by him must have

materially affected his settlement with the debtor."

5. I agree that I will DEFEND, INDEMNIFY AND HOLD HARMLESS Releasees against all claims, demands, and causes of action, including court costs and actual attorney's fees, arising from any proceeding or lawsuit brought against them due to any act done by me, or brought by me or for many hands.

AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS AGREEMENT CAREFULLY AND COMPLETELY, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND RELEASEES, AND I SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS APART FROM THE FOREGOING WRITTEN AGREEMENT SHALL REMAIN IN EFFECT UNTIL REVOKED IN WRITING BY ME. Signature(s)

minor	sign	
if mi	must	
Age,if	Guardian	Guardian:
	or	ថ
	'nt	or
	Parent	Parent
	_	Ра
(s)	If minor	of
Name (s	Ë	Name
Ra	ΙĘ	Na

LBHA

P.O. Box 2326 Loomis CA 95650

TRAYLOR RANCH FUND (Please make out a separate check)

LBHA NEWSLETTER





Liz Daffner Financial Advisor

(916) 905-7526 919 Reserve Drive Roseville, CA 95678 liz@diligencewm.com www.diligencewm.com

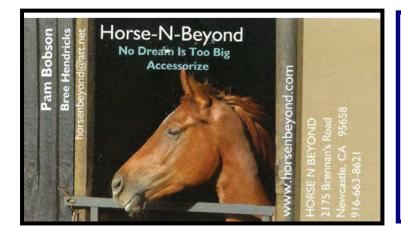
Plan Today for a Better Tomorrow

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Next Meeting

Feb 17 Wednesday Loomis Roundtable—eat at 6:30pm Meet at 7pm To be announced

March 16 Wednesday Loomis Roundtable—eat at 6:30pm Meet at 7pm



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From the Loomis Basin Horsemen's Association

ABOUT LBHA

The Loomis Basin Horsemen's Association founded in 1984 is a non-profit 501 (C) 3 information and awareness organization dedicated to the South Placer County Trails, Traylor Ranch, the Arena at the Loomis Basin Community Park and the Preservation of the Rural Lifestyle.

Loomis Basin Horsemen's
Association
P.O. Box 2326
Loomis CA 95650

E-MAIL: lbha@garlic.com

We're on the Web!

Lbha.us

Get Info on
Trails
The Arena at the Park
Meetings
Clinics
Traylor Ranch
LBHA Horseshow